

President's Message ..... 2

Chapters in Action ..... 4-5

2008 National Convention ..... 6-7

APO Honored at the White House . . 8-9

National Service Week . . 10-11

A Call to Action for America's Disaster Relief . . . . 12

Evacuations Mean Loss of Blood for Donation Centers . . 13

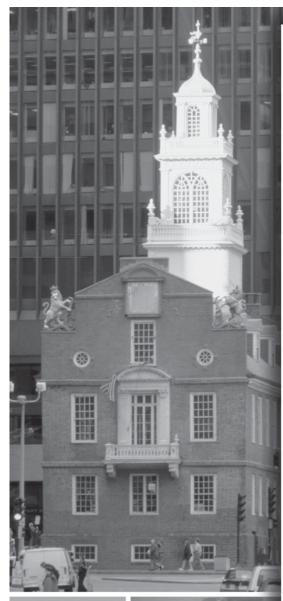
Sponsor a New Life Member.....15

#### NEXT ISSUE:

- Convention Recap
- Board of Directors
  Meeting

www.apo.org







#### DECEMBER 27-30, 2008

#### **REGISTRATION PRICES**

Students/Advisors	\$85
Life Member Alumni	\$95
Non-Life Member Alumni	\$115

#### **BANQUET PRICES**

Fellowship (Dec. 28)	.\$35
Awards (Dec. 30)	.\$40

#### **HOTEL RATES**

Sheraton Boston ..........\$104/night + tax 39 Dalton Street, Boston, MA *www.sheratonboston.com* 

Rate good Dec. 24, 2008 - Jan. 2, 2009.

#### TURN TO PAGES 8 & 9 FOR MORE CONVENTION INFORMATION!

#### TORCH & TREFOIL

Winter 2008 Vol. 84 No. 5

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### Alpha Phi Omega

National Service Fraternity

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## PRESIDENT'S MESSAGE

BY MAGGIE KATZ, NATIONAL PRESIDENT

Let's celebrate! We are coming off a second straight record-setting year for Alpha Phi Omega and, for the first time, APO was invited to the South Lawn of the White House for the President's Remarks on Volunteering.

So, let's throw a huge party in Boston to celebrate — say, around December 27 through 30?

The 2008 National Convention in Boston is an



opportunity for the Fraternity to really celebrate all that is APO. We can recognize the accomplishments of chapters, alumni associations and individual brothers with awards; renew old relationships and make new friends at fellowship events; and welcome in the New Year in one of the country's best cities.

Although Convention is about having fun and reuniting, we also have the opportunity to improve and grow as a fraternity and get a lot of work done! Convention attendees can get down to the Cardinal Principles of APO by participating in a variety of service projects. Brothers can also be of service to APO by attending workshops and roundtables that will help develop new skills while learning ways to strengthen themselves, our chapters, our alumni associations and the Fraternity. Our voting delegates will consider proposals to improve our operations and make decisions that will determine the direction of APO for the next two years and beyond.

Most important, though, we can celebrate. That's what National Convention is truly about — celebrating who we are as a fraternity and what we do. It is a time to stand back and look at all that has been accomplished, be proud of the results and efforts, and share those accomplishments with the rest of the world by letting others know about the amazing contributions APO and our brothers make.

This year I talked to you about bragging and spreading the good word of APO with those around you. Now it's time to take our good work and share it on a national level. The invitation to the President's Remarks on Volunteering shows that we're making great strides in our efforts to be on the front lines of volunteerism and community service in our country. However, we cannot rest on our laurels. Now is the time to build on the momentum and do more to publicize the Fraternity and all we do to make the world a better place. The 2008 National Convention is a perfect opportunity to do just that. And you can help. In fact, we can't do it without you!

We need you to do what you have always done for APO — participate. Do your best to find a way to Boston so you can be part of this wonderful celebration. Make it a holiday gift to yourself or a vacation for the entire family (Boston offers many fun activities, most of which are great learning opportunities for children). Come be part of one of the best Conventions in Fraternity history.

See you in Boston!

Maggie

### A DAY OF SERVICE:

## Campus, Community Benefit from Roughly 500 Hours of Volunteer Help

Originally published on October 9, 2008, by Sun News North staff writer Ray Weikal in Parkville, Missouri, home to APO's Iota Chapter

Santa Claus should be happy when he visits Parkville, Missouri this year, thanks to an early Christmas present from some area college students. About 225 Park University students plus another two dozen faculty and staff members spent a couple of volunteer hours October 1 beautifying their campus and Parkville, including Santa's temporary home at English Landing Park.

"It's an enormous godsend. These kids have stepped up to the plate," said Cathy Kline, proprietor of a nearby art gallery. "They all seem to have a tremendous work ethic."

Students and staff worked on 12 projects during the first Park University Service Day, something that organizers plan to make an annual event, said Media Coordinator Toni Cardarella. Assistance was provided by the Student Life Office, first-year seminar classes, Environmental Services, the Park Student Government Association, Iota Chapter of Alpha Phi Omega and the Campus Activities Board.

A member of the Parkville Main Street Association, Kline helped supervise about 10 students at the converted trailer used by Santa during the holiday season. The students primed, painted and stained wood, washed windows and polished copper. The small home had been recently damaged by flooding, Kline said, and needed to be either repaired or abandoned.

Park University actually has a long history of community service,

student government President Javier Centonzio said.

"Park College had a system of students working while going to school," said Centonzio, a U.S. Marine Corps veteran and political science major. "Service has been overshadowed by a 'what's in it for me?' attitude. We're helping to instill that principle of public service." Other work performed during the day included projects at Julian Field, the Thompson Courtyard, the main campus entrance and outside the President's House. Volunteers repainted handrails, planted daffodil bulbs, created new walking paths, cleared brush, did landscaping and washed windows.

Caroline Heckman is the chapter advisor to Iota Chapter and coordinator for student leadership and engagement programs at Park University. The service day, Heckman said, fits right in with the university's larger educational mission.

"Many members of the Park community work throughout the year to make our campus and local and national communities a better place through beautification projects, assistance to others in need and philanthropic fundraisers," Heckman said. "This is one day to celebrate those efforts and focus them specifically on our campus and the surrounding Parkville area."

Public service and civic fraternity are important facets of what students learn at Park University, said Debra McArthur, director of academic support services. "We hope our students will gain a more tangible sense of ownership in their campus home, as well as developing a stronger sense of community through their work with their classmates and faculty."

# () in Action





At the end of the spring 2008 semester, **Alpha Delta Delta** Chapter at George Mason University in Fairfax, Virginia, organized an event with Pathway Homes, an organization that assists the mentally disabled. Brothers were asked to do a "Rock Star Beauty Treatment Day" for seven residents in one of the Pathway houses. Brothers gave residents manicures, makeup lessons and a day of pampering. Residents were extremely excited to meet the brothers and felt like rock stars. The chapter hosted a similar event during National Service Week in November.

#### Alpha Delta Delta Web site: www.gmu.edu/org/apo

Alpha Phi Omega Field Representative Teresa Radomski visited the University of Maryland-Baltimore County petitioning group at its weekly meeting and fellowship event on October 14. The group grew quickly this semester, so this meeting was a great opportunity for members to get to know each other better and receive help from Brother Radomski with programming improvements. This petitioning group is very enthusiastic and excited about becoming chapter members of APO! Good luck, UMBC!



**Mu Alpha** at Georgetown University in Washington, D.C., hosted Section 85's fall 2008 Leadership Day on September 21. During this event, members from the executive boards of each of the six chapters and two petitioning groups within the section learned about the roles they have been appointed to, received guidance on how to fill out reporting paperwork, and were provided with semester deadlines. Members also attended workshops facilitated by section staff that related to their responsibilities and how to make the most of the District of Columbia's metropolitan area.

# **Chapters in Action**

**Eta Phi** Chapter at American University in Washington, D.C., celebrated its 10th anniversary during the weekend of November 7-9. Events included numerous service projects, fellowship events and a combined banquet dinner/dance as its marquee event. Since its rechartering 10 years ago, Eta Phi has grown quickly in size and energy. Today, the chapter has more than 100 active brothers and continually increases its service to American University's campus and the Greater Washington, D.C., Metropolitan Area.

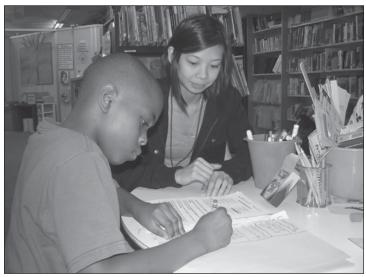
#### *Eta Phi Web site:* www.auapo.org

**Alpha Eta** Chapter at the University of Missouri-Kansas City continues to provide much-needed help at St. Vincent's Family Service Center, a local organization that provides children living in poverty the ability to thrive in a safe, loving and supportive environment. Alpha Eta helps St. Vincent's with weekly tutoring and reading sessions after school, volunteers as classroom helpers for special parties, helped build a new playground, and works at fundraising events and immunization clinics, among many other projects. Working with St. Vincent's is one of Alpha Eta's most prized activities. Chapter members have treasured working with hundreds of kids over the years.

Brothers in **Region III** are getting ready for the 2008 National Convention in Boston by participating in National Convention Preparation Conferences. Conferences were held October 25 at Elon University and November 1 at Randolph Macon College. A conference will be held November 22 at the University of Maryland at College Park. The purpose of the conferences is to educate Region III Convention attendees about topics such as hotel and travel arrangements, activities available during Convention and the role of a voting delegate. The hosting chapters also held a LAUNCH session of APO LEADS during their educational sessions.

*Region III Web site:* www.apor3.org







# **2008 NATIONAL CONVENTION**

Take a break from the busy holiday season to enjoy some time with your Fraternity family December 27-30 during the 2008 Alpha Phi Omega National Convention in Boston.

This year's Convention is packed with workshops, service projects, fellowship activities, banquets and myriad alumni activities. The Boston Convention is a place for brothers of all levels of Fraternity participation to come xionar Nonar together to celebrate APO and act on its Cardinal Principles — Leadership, Friendship and Service.

You don't have to be a leader in your region or alumni association to join us in Boston, a city with numerous activities beyond our Convention doors. Feel free to come and enjoy a reunion with the Fraternity, as well as explore the city of Boston during one of its most festive times of the year. From iceskating on Frog Pond in Boston Common to walking the aisles of the Old North Church, Boston has a bit of everything for everyone.

ीक्र Interested is seeing what Boston in December has to offer you and your family? The National Convention hotel, the Sheraton Boston, is centrally located in Boston's Back Bay and is just steps from the city's most historic attractions (see sidebar for surrounding spots to visit). Discover the history of Boston by following the

Freedom Trail through the heart of Boston, which takes you past the Paul Revere House, the Old North Church and the Old South Meeting House — the meeting place in downtown Boston where 5,000 colonists gathered prior to the Boston Tea Party. Today, this building is still a gathering place for open discussion and freedom of speech.

Brotherhooo If history isn't your cup of tea, yet you still want to roam the streets of historic Boston, stop by Faneuil Hall and Quincy Market — one of Boston's original meeting and market places during the Colonial times. You can shop 80 around, grab a bite to eat and enjoy the rush of downtown. After you fill up at Quincy Market, slide down to Brattle Book Shop on 9th West Street to find a good read for your flight home or a holiday gift for a friend while shopping on Newberry Street.

Can't find a relative to watch the kids during your trip to the National Convention? Don't worry! Not only will Children's Conference Care be at Convention to watch over the little ones while you enjoy the wonderful banquets we

Bosto



**Register online at** www.convention.apo.org

To request a 2008 **National Convention Informational Packet**, please contact the National Office at (816) 373-8667





have planned, but there are tons of family attractions in Boston. The Boston Children's Museum, Fenway Park and the New England Aquarium are interesting and fun places to take the kids during your stay in Boston, and they're all within a short ride from the Convention hotel on the T, Boston's public transportation system.

Don't miss out on the wonderful Boston experience during the Alpha Phi Omega 2008 National Convention. This is a time for family, friends and an unforgettable APO experience.

You can register for the Boston Convention at *www.convention.apo.org* or by calling the National Office. Payment can be made by check, Visa, MasterCard, American Express or Discover.

## LOCAL ATTRACTIONS

(distance in miles from Sheraton Boston)

Shopping
Prudential Tower Skywalk0.1
Berklee College of Music0.1
Newbury Street
Copley Place Shopping Mall0.1
Frog Pond
Boston Duck Tours0.3
Museum of Fine Arts0.3
Boston Pops0.3
Simmons College
Massachusetts Institute of Technology
Christian Science Center 1.0
Charles River
Downtown Crossing
Fenway Park 1.0
Cambridge, MA
Boston University
Emerson College
TD Banknorth Garden (Fleet Center)
Theatre District
Harvard District
Suffolk University
Filene's Basement
North End of Boston
Faneuil Hall/Quincy Market
Freedom Trail
Harbor Cruises
Boston College5.0
The Mall at Chestnut Hill6.0
Tufts University7.0
Wellesley College
Lexington/Concord, MA
Salem, MA

REGISTRATION PRICES	Students/Advisors Life Member Alumni Non-Life Member Alumni	\$95
BANQUET PRICES	Fellowship (December 28) Awards (December 30)	\$35 \$40
HOTEL RATES	Sheraton Boston 39 Dalton Street, Boston, MA • www.sheratonboston.com *Room with two double beds. Rate good Dec. 24, 2008 - Jan. 2, 2009.	\$104/night + tax*

## **APO Honored at the White House:** *N*

On September 8, 2008, Alpha Phi Omega was honored to have Carla Moran, Service and Communication Director, stand on the South Lawn of the White House as President George W. Bush gave his Remarks on Volunteering. President Bush spoke to a crowd of hundreds who have dedicated their lives to serving those in need.

"It is a joy to be here with members of the armies of compassion," said President Bush. "I'm really glad you're here and I appreciate your inspiration to our fellow citizens. I believe you are a constant reminder of the true source of our nation's strength, which is the good hearts and souls of the American people."

It is not necessarily the invitation that gives pleasure to the Fraternity, but rather the honor of being among invitees such as the Red Cross, Salvation Army and other leaders in volunteerism. The dedicated service of our chapters and members has brought

us to the forefront of volunteerism, an accomplishment well earned and much deserved.

"Americans of many stripes and states were present that day," said Brother Moran. "From cabinet members, schoolchildren and returned Peace Corps volunteers; to business leaders, AmeriCorps volunteers, Red Cross officials, military personnel and dozens of others committed to service. Just as I was representing hundreds of thousands of APO alumni and students who 'wear the pin' of Leadership, Friendship and Service on a daily basis,

"...Today I call upon our fellow citizens to devote 4,000 hours over your lifetime in service to your country. You'll **become a better person** for it, and our society will be more healthy as a result of it."

#### — President George W. Bush

each individual on the lawn was representing a cadre of volunteers who make a difference in their communities and in our nation."

It was fitting that APO was part of the group recognized at the White



## ational Recognition and Lasting Inspiration

House and even better to learn how recognizable we are every day. During a conversation at the White House with Brother Moran, Dr. Amelia N. Ross-Hammond, coordinator of community service learning and civic engagement at Norfolk State University raved about Phi Mu Chapter on the NSU campus both the value of the chapter's service to others as well as the positive impact APO has on its members.

Recognition also came from Steven Culbertson, the president and chief executive officer of one of our national partners, Youth Service America. Culbertson applauded APO for impacting the lives of more than 100,000 children through our National Service Week 2007 and Spring Youth Service Day 2008 events.

As a Fraternity, it has been our mission to serve those in the community





who are in need of our support, as well as to provide leadership and friendship. In President Bush's 2002 State of the Union Address, he called the nation to provide more service in their communities and in the nation. This was a call to the brothers of APO and others who share our commitment to service. As leaders in the volunteer community and as a fraternity on the forefront of community service, it is up to us to answer this call to contribute more service over the course of a lifetime.

"...Today I call upon our fellow citizens to devote 4,000 hours over your lifetime in service to your country," said President Bush during his September 8, 2008 speech. "You'll become a better person for it, and our society will be more healthy as a result of it. You know, there's an old adage that says, 'You can bring hope to the lives of others, but the life you enrich the most will probably be your own."

As the president spoke about his hopes of volunteering in our country, we as a fraternity can swell with pride at APO's service accomplishments over the past five years, and those yet to come. We are answering the president's request on a daily basis by providing service throughout the year to those in need. The arms of Leadership, Friendship and Service have extended far beyond APO, reaching out to more than 346,000 youth during more than 353,000 hours of service to both persons and organizations in need of our help over the past five years.

During his remarks, President Bush shared that during his term in office, his staff urged the U.S. Census Bureau to start surveying the number of Americans who provide service to the community. In 2002 this request was met, and the Census Bureau found that more than 61 million Americans actively provide such service. It is an honor to know that so many of those participating citizens are members of APO, which helps build young people of character who set off on lifetimes of service. That's something worth celebrating at the White House and everywhere else Americans call home.

## Delta Gamma Chapter Profile of a National Service Week

As this article goes to press, thousands of Alpha Phi Omega chapter members across the nation are wrapping up their National Service Week (NSW) projects. Every year, chapter members spend the first full week in November providing service in the chosen area of focus for that year. This event is one of the Fraternity's largest service events nationwide and is a great opportunity for chapter members to come together for a week of service.

While we are unable to share the results of NSW 2008 in this issue of *Torch & Trefoil*, we are able to show you the path one chapter followed during NSW 2008.



• **11/2:** Opening Ceremony

- 11/3: Mall Walking at Athens Mall
- **11/4:** Bowling/Craft Night/UNO/ Cooking Class
- **11/5:** League Bowling/ Wheelchair Relays/Dance Aerobics
- 11/6: Dance/Tye Dye Party
- 11/7: Float Building
- 11/8: Baby Shower for ATCO Member
- 11/9: Closing Ceremony

### the support and enthusiasm of the entire chapter?

JT: Chelsea and I feel we really need to give our chapter most of the credit for pulling off the event; we just plan it. We have a rather large chapter in comparison to others in our region and we could not do it without each member's help. They wanted to help and all we had to do was give them the opportunity to do so. It's important to give people opportunities. You never know what people have the potential to do until you give them all the opportunities they could possibly want.

#### PRE-EVENT INTERVIEW WITH NSW CHAIR JENNA TRICASO

NSW 2008 results.

Torch & Trefoil: Describe Delta Gamma's NSW 2008 Projects.

Jenna Tricaso: Our chapter was very excited that National Service Week was focusing on working with adults with disabilities. Our chapter works closely with ATCO, a local center for adults with disabilities, so when this opportunity came up, we were thrilled! We have many events planned throughout the week, but we created an Olympics theme as the center of our week. There will be a different service opportunity for each day, such as mall walking, league bowling and dance aerobics. It's a lot of work but we can't wait for NSW to kick off!

## **T&T:** What drives your chapter to put in the service hours during NSW?

Enjoy the NSW Planning Profile for Delta Gamma Chapter at Ohio

University in Athens, Ohio, and keep an eye on www.apo.org for up-to-date

JT: Just knowing we are making a difference really drives us to give back to our community.

### T&T: What is the chapter's single-most important goal for NSW?

JT: We just want to do as much as we can to help ATCO. We met with a group from the center early last year to figure out what they needed. They detailed many things they could use, and we are trying to provide those goods because state funding is rather low. NSW is a great opportunity for our chapter to say "thank you" for everything ATCO has given us during our time at Ohio University.

**T&T:** What does it take to plan so many projects, in one week, with

## PLANNING TO-DO LIST

#### Three to four months prior ...

- Communicate with the organization to find out its wants/needs
- ✓ Plan tentative service ideas
- ✓ Begin fundraising events

#### Two months prior ...

- Communicate with the organization
- ✓ Communicate what kinds of service
- the chapter wants to do
- Fundraising

#### One month prior ...

- Communicate with the organization
- Fundraising
- ✓ Chapter Sign-ups

Two weeks prior ...

✓ Buy all needed materials

#### One week prior ...

- ✓ Finalize plans for the week
- ✓ Make crafts
- Communicate with the organization

### National Service Week 2008 - November 2-8, 2008

During NSW 2008, Delta Gamma reached nearly 70 adults with disabilities during more than 360 hours of service over the course of one week. Well done Delta Giamma Chapter!

#### Post-event ...

- ✓ Make sure everyone got their final service hours in through donations, writing thank you letters, dropping off cookies from cooking class, and dropping off what we collected through donations and what we purchased for ATCO.
- ✓ Report the project on the Service Project Database by November 15, 2008.

**T&T:** What advice do you have for chapters that are struggling to plan their NSW events and are discouraged with the lack of participation in their chapter?

**JT:** Remind chapter members how much it means to serve others. With such a busy world, we forget how much it means to do something so small. To us its nothing; however, to someone else it's their world. We take the little things in life for granted,

not realizing that just stopping to ask someone how they're doing means the world to them. Trying to reach people on a personal level and reminding people to be self-giving is something that is so important and motivating at the same time.

Delta Gamma

**National Service Week:** 

• Number of Chapter Members: 120

• President's Name: Whitney Durban

• Web site: www.ohiou.edu/~aphio/

Erica Blocher and Julie Kursh

Jenna Tricaso and Chelsea Koss

• University: Ohio University

VP of Service Names:

• NSW Chair Names:

T&T: What does "Alpha Phi Omega" mean to your chapter?

JT: To our chapter, "Alpha Phi Omega" is more than a name. Many of us have received so much from this organization than we truly know. We have met some of the best people and have experienced some of the most amazing things. APO gives us a place where we can come together and grow not only as a chapter, but as individuals.

#### **POST-EVENT INTERVIEW:**

**T&T:** What are some of the barriers your chapter faced in planning and executing its NSW 2008 events?

**JT:** Fundraising is always somewhat difficult for our chapter. As we previously stated, there were many things that ATCO needed. They weren't necessarily asking for anything because they would appreciate anything we could

give, but we still wanted to make it the best we could. We had lot of great ideas, such as putting on a benefit concert, but it was really difficult to reach contacts for venues, so our plans eventually fell through.

**T&T:** How did the chapter climb past these barriers?

JT: We weren't able to reach our goal of putting on a benefit concert, so we had to come up with alternative fundraising ideas. Instead, our chapter went door to door in the dorms and took out peoples' trash for cash. It was not what we originally intended, but we ended up having a lot of fun in the process.

#### **T&T:** What was the greatest accomplishment for your chapter from this year's NSW?

**JT:** I think just being able to put the entire service week together and knowing it would be a success. Past NSW events didn't always go as planned because of miscommunications between our chapter and the organization we were working with. We were lucky to have an amazing organization to work with this year and the opportunity to have something planned each day. It hypes up the entire week and gets everyone excited to volunteer.

## A Call to Action for America's Disaster Relief

The 2008 hurricane season ripped through the southernmost region of the United States, leaving behind a trail of devastation in communities throughout Florida, Alabama, Louisiana and Texas. While some of these storms were not as powerful as originally anticipated, they still caused millions of dollars in damage.

Though it has been more than two months since these storms wreaked their havoc, these communities are still struggling to recover and clean up the mess left behind by Hurricane Fay, Hurricane Gustav, Hurricane Hannah and Hurricane Ike. As a fraternity constantly striving to be on the forefront of community service and volunteerism, we need to help the hurricane disaster area affected by these storms.

across the nation find ways to help these struggling communities, it is also necessary to address what our alumni can do to contribute to the rebuilding of the affected communities. It is not always possible for our alumni brothers to take a trip and contribute direct volunteer hours. However, there are plenty of other ways in which to help these struggling communities.

The organizations listed below are nonprofit and disaster relief groups that

are actively participating in hurricane cleanup efforts across the nation. While making a trip to the disaster relief area may not be possible, these groups are accepting monetary donations, item donations and other forms of support for volunteers working in the field.

Help with this call to action and find a way to contribute to the cleanup of our Southern states. APO instilled the Cardinal Principles of Leadership, Friendship and Service into each and every brother, and led the way toward volunteerism and servitude to more than 360,000 members.

Whether you are active in the Fraternity or have been absent for a while, simply remember what drew you to APO — the service you provide and the friendships you create while leading the way to a better and more compassionate country.

While Alpha Phi Omega chapters

### **DISASTER RELIEF GROUPS**

#### AMERICAN RED CROSS www.redcross.org

The **American Red Cross** offers humanitarian care, with the aim of preventing and relieving suffering. "(Providing) basic life-saving necessities to residents is the top priority of the Red Cross in the early days of this storm. The Red Cross is committed to keeping people as comfortable as possible until they are able to return home. The Red Cross is preparing nearly 500 shelters across the country to provide a safe haven for evacuees, mobilizing more than 4,000 Red Cross disaster relief workers and is ready to deliver nearly one million meals."

## POINTS OF LIGHT INSTITUTE www.pointsoflight.org

The **Points of Light Institute's** vision is that one day every person will discover his/her power to make a difference, creating healthy communities in vibrant democracies around the world.

#### SALVATION ARMY www.salvationarmy.org

The **Salvation Army** seeks to meet human needs without discrimination. "Response teams are providing food and water, emotional and spiritual care and ongoing support for the sheltering and transport of those who have evacuated. Wind and water damage, downed power lines and water outages have created a significant need for food and water in those areas as responders work to repair infrastructure and get businesses reopened."

#### HABITAT FOR HUMANITY www.habitat.org

**Habitat for Humanity** is a nonprofit, ecumenical Christian housing ministry that seeks to eliminate poverty housing and homelessness from the world and to make a descent shelter a matter of conscience and action.

Habitat for Humanity organized building and support efforts in Alabama, Louisianna, Mississippi and Texas in order to help these communities rebuild.

## **Evacuations Mean Loss of Blood for Donation Centers**

Originally published September 23, 2008, by The Battalion staff writer Teri Ruland in College Station, Texas, home of Xi Delta Chapter

Blood donation centers lost four days of donations because of Hurricane Ike evacuations.

"Every day we need 900 units [of blood]," said Sheena Abraham, a public relations associate for the Blood Center of Brazos Valley in Texas.

There have been blood drives scheduled throughout the Brazos Valley, including Bryan, College Station, Huntsville and Madisonville, to make up for lost blood donations.

"Every donation saves three lives because of the components of the blood: red blood cells, platelets and plasma," Abraham said.

She said each of the components can be given to a different patient, and patients in hospitals need blood every day, not just during emergencies. "The Blood Center of Brazos Valley provides blood to [St. Joseph's Regional Health Center, College Station Medical Center and Brazos Valley Physician's Organization]. Every day there [are] premature babies, cancer patients, sickle cell anemia patients in there, and they all need blood donations on a daily basis," Abraham said. Blood donations stay within the community in which the blood is donated. Abraham said it is important to have blood ready when it is needed rather than have emergency blood drives.

"[We helped with a] weeklong blood drive with M.D. Anderson, the

"Every donation saves **three lives** because of the components of the blood: red blood cells, platelets and plasma. "

 Sheena Abraham, Public Relations Associate, Blood Center of Brazos Valley

> blood bank out of Houston, Carter Blood Care out of Waco and the Blood Center of Brazos Valley, which is [located] in College Station," said Matthew Miranda, of Xi Delta Chapter at Texas A&M in College Station, Texas.

> Miranda said it was the first time to do a blood drive on campus, but the quota was met every day. Xi Delta will be helping with another blood drive in November with the American Red Cross and Scott & White out of Waco, Texas.

"I was diagnosed with a qualitative platelet disorder, [a clotting disorder], and received fourand-a-half units of blood over a period of about five days, which was over half the blood in my body," said Zara Perciful, a senior construction science major who received platelets

when she was 14 years old. She said she probably would have died without blood donations.

Perciful said donors should eat red meat and green vegetables so they will not be rejected when they donate. She also said people who are unable to donate can volunteer time with blood

donation centers and talk to people about donating blood.

"[Donors are recruited] through our Commit for Life program, where [the donor] decides to donate at least once a quarter and gets a certain number of points [that are redeemable for prizes]," Abraham said. "Future donors should know that it's simple to donate. It doesn't cost a thing. It takes one hour from the time you walk in until the time you leave, and every time you donate, you're helping save lives."





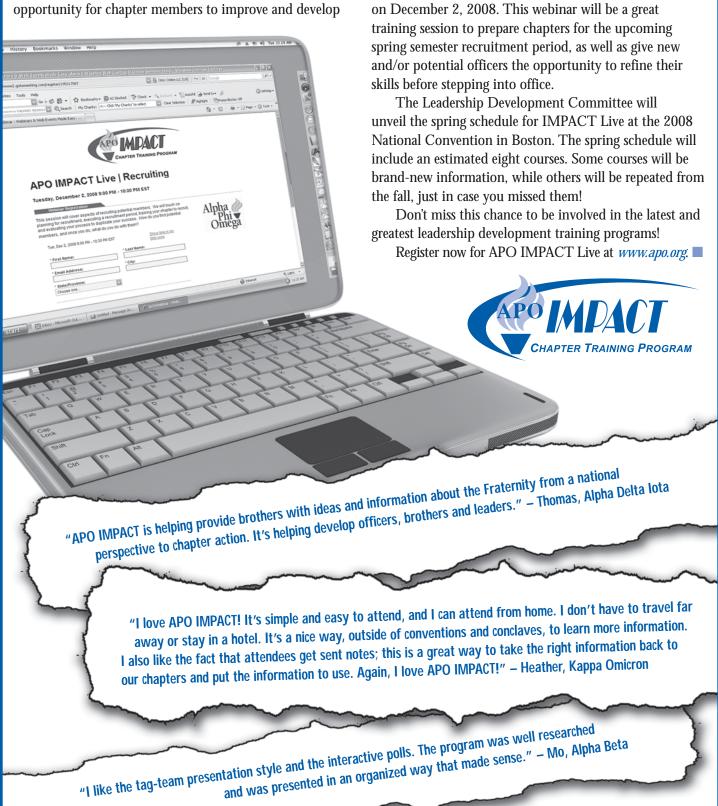
## Don't Miss the Next APO IMPACT Webinar!

their leadership skills in order to improve the functionality

The next Live session will cover member recruitment

of their chapters and officers.

Brothers from 223 chapters, 49 sections and 11 regions have attended six APO IMPACT Live sessions since the program's launch in April. This is an exceptional opportunity for chapter members to improve and develop



## Continue the Legacy... Sponsor a New Life Member

Kristie Wallace, Director of Annual Giving, development.director@apo.org

You can make an impact at the 2008 National Convention in Boston by sponsoring a new Life Member. For just \$50, you can provide an active brother with a life membership in Alpha Phi Omega.

As a Life Member yourself, you know this type of membership is an important component of the support system that maintains Alpha Phi Omega's stature as the nation's single most representative intercollegiate service organization. Life

membership represents an enduring dedication to the Cardinal Principles of Leadership, Friendship and Service; it also keeps our young brothers connected with the Fraternity long after graduation.

Life membership in APO is an opportunity for members to financially support the perpetuation of the Fraternity. The \$50 enrollment fee is held and invested by the Alpha Phi Omega Endowment and provides permanent benefits to the Fraternity for years to come. The seven-member Endowment Board of Trustees works with APO's leadership to identify and fund programming needs. The income from your investment will be used to enhance Fraternity programs and

> operations, long-term projects, and offset the cost of a subscription to *Torch & Trefoil*. During National Convention, active brothers who have not yet purchased a Life membership will have the opportunity to enter their

name in a drawing. At the end of the week, we will draw names and present these lucky students with the priceless gift of Life membership in APO. To thank and recognize you as a sponsor, your name and the names of other brother sponsors will be prominently displayed in the exhibition area of the Convention hotel.

Make a lifetime impact on a young brother and on your Fraternity by completing the form below and sponsoring a new Life Member of Alpha Phi Omega!

**YES, I WILL SPONSOR A NEW LIFE MEMBER!** 

Sponsor's Name:	Sponsor's Chapter:		
Address:			
City/State/Zip:			
E-Mail:	Phone:		
□ Please charge □ Visa □ M	check for \$50 made payable to Alpha Phi Omega \$50 to my credit card: asterCard  Discover  American Express Exp.Date		
Print Name: _	nture:Date:		
Return to: Alpha Phi Omega, 14901 E. 42nd Street S., Independence, MO 64055			



# WHO, what, WHEN & Where?

#### ALPHA PHI OMEGA'S CALENDAR OF EVENTS

#### December

December 13, 2008 National Convention Registration Refund Deadline



December 27-30, 2008 NATIONAL CONVENTION Boston, Massachusetts

#### January

January 31, 2009 Youth Service Grant Application Deadline

#### February

February 5-8, 2009 Board of Directors Meeting Kansas City, Missouri

February 20-21, 2009 Section 23/27 Conference Eta Lambda, University of Wisconsin at Eau Claire

February 27-28, 2009 Section 21 Conference Xi, Iowa State University

February 27-29, 2009 Section 43/44 Conference Alpha Gamma Kappa, Southwestern University

February 27-March 1, 2009 Section 56/59 Conference Epsilon Psi, Kent State University February 28, 2009 Section 97 Spring Conference Kappa Epsilon, Wagner College

February 28, 2009 Section 33 Conference Location TBD

#### March

March 27-29, 2009 Section 53/55 Conference Zeta Pi, Wayne State University

March 27-29, 2009 Section 61 Conference Alpha Zeta Mu, Shepard University

March 27-29, 2009 Section 94/96 Conclave Delta Sigma, University of Connecticut

#### April

April 3-5, 2009 47/50/51 Tri-Sectional Conference Eta Sigma, Illinois College

April 3-5, 2009 Section 67 Conference, Location TBD

April 4, 2009 Section 49 Conference, Location TBD

April 17-19, 2009 Section 31/46 Conference Delta Xi, Ball State University

April 17-19, 2009 Section 65/66 Conference Lambda Omega, California University of Pennsylvania

April 18, 2009 Section 99 Conference Alpha Delta Phi, Seton Hall University

### moving?

### new address

ZIP

Name

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11001035

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MAIL TO: Alpha Phi Omega • 14901 E. 42nd Street South • Independence, MO 64055

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#### FOR THE CURRENT CALENDAR OF EVENTS, VISIT WWW.APO.ORG

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