

TORCH & TREFOIL

WINTER 2011

INCREASING THE EXCHANGE RATE:



*Brother Scott Beale's Impact
Goes Beyond U.S. Borders*

INSIDE:

500 Chapters by 2025:
Chapter Chartering 101

**APO Chapter Traditions
Through the Years**

THE QUARTERLY PUBLICATION OF



"Out with the old, in with the new!"

As 2011 draws to a close, we reflect upon our lives over the past year. We think about the good things that have happened to us and the many blessings that have filled our lives. We think about the new friends we have made, the opportunities that have presented themselves, and how we have made our lives, and our Fraternity, better. We also think of the many challenges that have come along the way and the work we have done to overcome them.

The challenges and opportunities of the past year, however, give way to the ones yet to come. As is customary, many of us will make resolutions for the new year, such as commitments to eat better or get in shape or become more disciplined in managing our money. We make these commitments to ourselves, and to others, because we want to become better next year than we are today.

So, too, should we make these commitments and resolutions regarding Alpha Phi Omega. I am extremely thankful for the many contributions you have all made this past year and in years prior – from your financial support of the Fraternity to your countless hours of selfless service. You have, in your many and varied ways, demonstrated the importance of selfless giving of your time, talent and treasure. Your efforts and contributions have helped position APO to become something much grander, much bigger and much greater than it is today.

And that is why I am asking all of us to dig a little bit deeper, to give just a little bit more, to do everything that we can to continue to advance our beloved fraternity. Perhaps we could each commit to doing a few extra hours of service each month, or we could resolve to give just a few more dollars each year. Each of us must find within ourselves the ways in which we can give just a little bit more to, and on behalf of, APO. The Fraternity faces many challenges today. These challenges, and new ones, will face us tomorrow. Now, more than ever, we need to resolve to do all that we can to help advance the Fraternity and to do just a little bit more than we have done before.

We have a long way to go to fulfill the vision of our Founder. Together, with a renewed commitment, we can move APO closer to that vision.

I wish you and your family the happiest of holidays and warmest of holiday seasons.

Fraternally,



Mark Stratton
National President



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COVER STORY



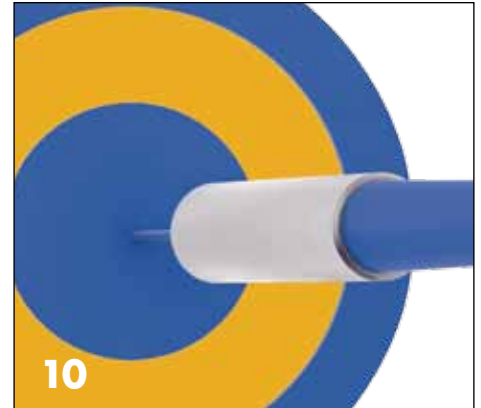
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APO Celebrates 100 Years with GSUSA

In November, a group of Alpha Phi Omega members represented the Fraternity at the 2011 Girl Scouts of the USA National Council Session/52nd Convention, and celebrated the 100th Anniversary of GSUSA. The Fraternity hosted an exhibit booth where these representatives made connections to Girl Scouts, volunteers, and council members. APO members educated and spoke to approximately 75 council members from 27 states about how APO has a similar vision to GSUSA, and how the Fraternity's chapter members can assist GSUSA councils with service projects.

In addition to connecting to Girl Scout councils, the representatives were able to reconnect with many alumnae. Council members, volunteers, and parents in attendance sought out the APO booth at the convention because they are members

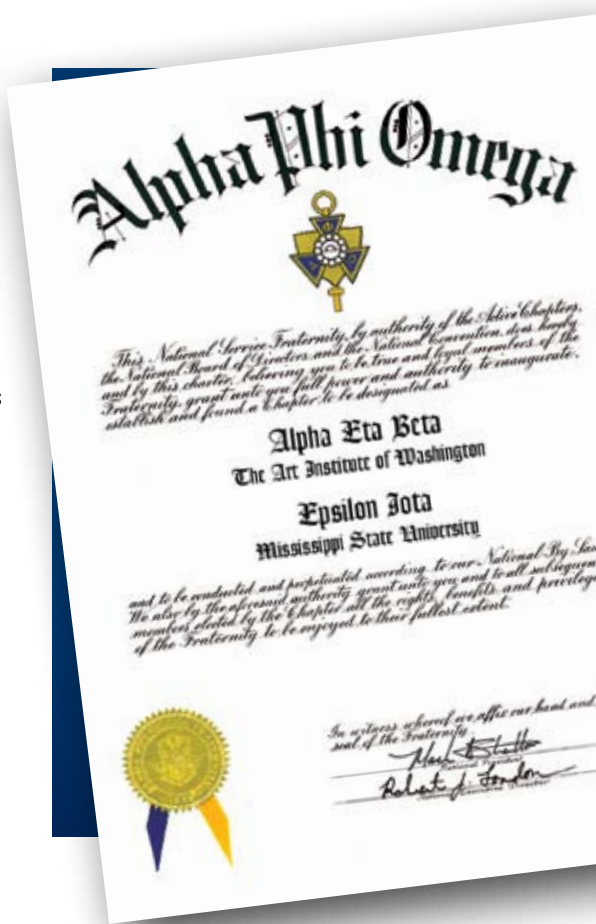
of Alpha Phi Omega. The similarities between GSUSA and APO bring leadership and service together to create a better world for the youth of all nations. Beth Casey, Rho '88, is the chief operating officer of the Girl Scouts of Black Diamond Council. During the convention, she shared that she attributes much of her success in the Girl Scouts to the foundation of leadership she acquired while an active member of APO. Beth was just one of many alumnae who expressed joy at APO being represented at this historic function. We hope the relationship will continue to flourish into the next 100 years.

The representatives who attended the GSUSA National Council Session are now working to follow up with the council members they connected with in order to put them in touch with chapters in their area to foster a service-based relationship with the Girl Scouts.

Notes from the Field

The fall semester flew by for the Field Staff in an exciting blur of highways and airports. This was the first semester of travel for the newly hired Extension Field Representative, Alyson Clark, Beta Zeta '08, who spent her time in Regions IV, V, VIII and IX. She visited with various groups to help guide them through parts of the extension process with which they were struggling and provided them with the resources they needed to apply for their charter.

Other Field Staff traveled to Regions V, VI, VIII, IX and XI to work with existing chapters, many of which were receiving a follow-up visit. Several



of the chapters reported that they were struggling with the officer transition process. The Field Staff helped establish a structure for transitioning officers. If your chapter has similar issues, try these tips:

- Set a date for a mandatory officer transition meeting. Ideally, this date will be set at the beginning of the year/semester, long before elections take place.
- Be flexible to accommodate the incoming officers, but also let them know the meeting isn't optional. One large transitional meeting usually works better than several smaller one-on-one meetings because some brothers might not be accountable enough to actually meet, or they may get



From left to right: Director of Educational Programs Heather Lehman, Gamma Phi '98, and Brother Kay Krennek, Beta Sigma '79, were amongst those who represented APO at the GSUSA National Council Session/52nd Convention.

Welcome New Chapters!

ALPHA ETA BETA
The Art Institute
of Washington

EPSILON IOTA
Mississippi State
University

too busy or simply forget. At the meeting, make time to discuss the duties and responsibilities of each officer, which are outlined in the chapter's bylaws, so everyone is clear on their expectations.

- Hold one-on-one meetings between the previous and the incoming officer for more specific training.

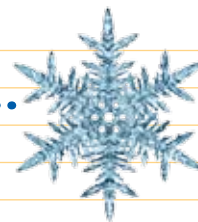
For more information about officer transition meetings, visit www.apo.org and check out the APO IMPACT Guides.

Fall is also the season for regional conferences, and the Field Staff were able to attend several throughout the country. The staff presented workshops on conflict management, retention, recruitment, extension and held office hours for chapter consultations. They also held follow-up meetings with

APO DATELINE

DECEMBER

- 12/07:** Pearl Harbor Remembrance Day
- 12/16:** APO Founders Day
- 12/20:** Hanukkah Begins
- 12/20:** First day of winter
- 12/25:** Christmas Day
- 12/26:** Kwanza Begins
- 12/28-30:** Region I/Region II Conference, Syracuse, New York
- 12/28-30:** Region IV Conference, Gainesville, Florida
- 12/31:** New Year's Eve



JANUARY

- 1/01:** New Year's Day
- 1/13-15:** Region VIII Conference, Fort Collins, Colorado
- 1/13-15:** Region X Conference, Berkeley, California
- 1/16:** Martin Luther King's Birthday
- 1/23:** Chinese New Year
- 1/27-29:** Board Meeting, Charlotte, North Carolina



FEBRUARY

- 2/14:** Valentine's Day
- 2/18:** Second Quarter Financial Statements Due
- 2/20:** President's Day
- 2/22:** Ash Wednesday
- 2/29:** Leap Day



MARCH

- 3/11:** Daylight Savings Time Begins
- 3/10-16:** Girl Scout Week
- 3/15:** Absolutely Incredible Kids Day
- 3/15:** St. Patrick's Day
- 3/20:** First day of spring
- 3/30-4/01:** Section 64 Conference, Fulton, Missouri
- 3/30-4/01:** Section 41 Conference, Dallas, Texas



several chapters they had worked with in the past.

Currently, the Field Staff is using their office time to get caught up on projects, and they'll be on the road again in January. If you would like to request

a visit for your chapter, please contact your regional director. For questions about the Field Representative program, contact Heather Lehman, Director of Educational Programs, at heather@apo.org. ■

INCREASING EXCHANGE

Brother Scott Beale's Impact Goes Beyond U.S. Borders

By Ruth Goodman

On a crisp autumn afternoon, Georgetown University sophomore Scott Beale was walking across campus when a flier for an organization called Alpha Phi Omega caught his eye. Beale was an active member of Georgetown's student government, yet he had to admit that his level of community involvement wasn't anywhere near where he wanted it to be.

Beale attended a Mu Alpha Chapter function to learn more about the Leadership, Friendship and Service mentioned on APO's flier. That's when his life changed forever.

"I was drawn [to the Fraternity] by the people, the strong service mission and the fact that President Clinton, who I later worked for in the White House, was a brother in Mu Alpha Chapter," Beale said.

The friends he made within APO at Georgetown provided Beale the critical support he needed to launch Atlas Service Corps, Inc. in 2006. Atlas Corps is an international network of nonprofit leaders and organizations that address social issues by developing leaders, strengthening organizations, and promoting innovation and idea sharing through a global fellowship program.

THE RATE:





“The world has a long list of intractable challenges, from the environment, to health, to equality, to poverty, to education and much more,” said Beale, who serves as Atlas Corps’ CEO. “The thesis of Atlas Corps is that the best way to address these issues is to empower the individuals who will be fixing those problems – teach them the best practices of the global nonprofit sector and network them to learn from each other.”

At the heart of Atlas Corps’ program is its direct-service fellowship program, which brings rising nonprofit leaders from developing countries to the United States and sends domestic nonprofit leaders to developing countries to volunteer at nonprofit organizations for 12 to 18 months. During their fellowship, these leaders learn best practices, build organizational capacity and return to their home countries to create a network of global change agents.

“At Atlas Corps, we bring nonprofit leaders from around the world to volunteer at some of the world’s best organizations, including the Grameen Foundation, Ashoka, TechnoServe, the UN Foundation, the U.S. Peace Corps, Susan G. Komen for


the Cure and many more,” said Beale. “We seek out organizations that share our values of cross-cultural learning and will respect the contributions of our fellows and provide them with meaningful, yearlong service opportunities. Host organizations also have to pay a cost share of about \$28,000 to receive a nonprofit leader for one year, so the organizations need to have the capacity to support a fellow.” To date, Atlas Corps has worked with nearly 45 different organizations in the U.S. and Colombia.

To become a fellow, nonprofit leaders must have between three and 10 years of nonprofit experience, English proficiency, a bachelor’s degree or equivalent and be age 35 or younger. They must also apply to volunteer in a country other than their own and commit to returning to their home country after their fellowship is complete.

Atlas Corps currently has fellows in Washington, D.C., Baltimore, New York and Bogota, Columbia. In September 2011, the fellowship program expanded to Atlanta, Minneapolis and Cartagena, Colombia.

“In 2012, we will be in Seattle, San Francisco, Mexico City and Cairo,” said Beale. “Our goal is to have offices in 25 cities around the world and to be engaging 500 leaders a year.”

Now in its fifth year, Atlas Corps has 50 active fellows and 50 alumni. By its 10th year, Beale hopes to have 400 active fellows and 500 alumni, and to be in eight countries and 20 cities.



He also wants the program to be 90 percent sustainable based on the cost share paid by host organizations.

“Beyond the numbers,” said Beale, “[in 10 years, our goal is that] Atlas Corps will have developed a global model for multilateral exchange where good ideas and talented people cross borders, working together to address the world’s most significant social challenges.”

APO brothers have played an integral part in the success of Atlas Corps by volunteering, supporting online fundraising campaigns and serving as organization leaders/partners.

“The people I met in APO are people who cared deeply about the world, believed passionately in their ability to make a difference and thought that actions were more important than words or good intentions. I have been blessed with a great biological family, but also a larger global community of people who

share these values and provided a great source of support in the long-term effort to effect social change.”

Beale’s own Fraternity experience prepared him for addressing critical social issues and for showing him that working in the nonprofit sector could be a fulfilling career path. “Even though I’ve had opportunities to work in the White House and the State Department, I’m thankful that I’m able to work full time in the nonprofit sector developing global leaders,” he said.

But what about those of us who work in the for-profit sector or who can’t commit as much time to service activities as we did in college?

“Not everyone needs to work for a nonprofit or volunteer 40 hours a week, but I believe that by prioritizing service, we bring greater value to our own lives while addressing issues we care about,” said Beale.

“Nothing defines a person more than by how they spend their time,” he continued. “While everyone is busy, finding time to volunteer, even once a month...meaningfully enriches one’s life while making a difference for others.”

Alumni and collegiate brothers who want to learn more about or get involved with Atlas Corps’ global movement are encouraged visit www.atlascorps.org or join the organization’s Facebook fan page at facebook.com/atlascorps. There are countless ways to get involved – from reviewing applications, volunteering with fellows, financially sponsoring fellows, helping with training, nominating candidates or becoming a fellow.

“Our doors are open for people to get involved – especially APO members,” said Beale. “Leadership, Friendship and Service are not past times of youth, but fundamental to living a life of meaning.” ■

500 CHAPTERS BY 2025:



chapter
chartering
101

EXTENDING THE CARDINAL PRINCIPLES TO COLLEGE CAMPUSES TO PREPARE SERVANT LEADERS IS THE ULTIMATE MISSION OF ALPHA PHI OMEGA. TO ACCOMPLISH THAT, THE FRATERNITY DEVELOPED SEVERAL LONG-TERM GOALS, ONE BEING THAT APO WILL HAVE 500 CHAPTERS BY THE YEAR 2025.

It is with great enthusiasm that Brother Justin Elmendorf, Alpha Beta Chi Chapter '01 at SUNY Plattsburgh, accepted the opportunity to sponsor an extension group and help APO reach that goal.

Alumni extension sponsors ensure that groups complete each phase of the chapter chartering process. These phases include interest, petitioning, chartering and aftercare of the extension group. Sponsors also meet with the group at least twice a month for meetings and projects, continuously review the group's progress toward chartering, and provide status updates to the Regional Extension Coordinator.

Brother Elmendorf was a natural fit for the role of extension sponsor. After graduating in 2004 with a degree in mass communications, he served on the Section 99 staff from 2005 to 2008; in April 2008, he was elected Section 99 Chair. While serving in this role, Brother Elmendorf had the privilege of aiding Nu Psi Chapter at Montclair State University in New Jersey in its chartering process.

**CO-AUTHORED BY
JESSICA TANDY AND
EMILY LOWNDES**



Brother Elmendorf also served as Section 101 Chair from 2009 to 2010, during which time he supported eight chapters. Although he stepped down as Chair in April 2010, Brother Elmendorf remained involved with chapter chartering and helped an interest group at St. Thomas Aquinas College in Sparkill, New York, which was in the process of becoming a petitioning group. The group started with 16 members. When the chapter was formally chartered in May 2011 as Alpha Eta Alpha Chapter, it had 22 initiated members.

Brother Elmendorf credits the smooth chartering process to the excellent communication that occurred between the Executive Board and extension group members. The process was cohesive because “the leadership acted as a well-oiled machine,” he said. Brother Elmendorf also credits Alpha Eta Alpha’s “big brother” chapter, Nu Psi – the chapter Brother Elmendorf

worked extensively with as Section 99 Chair – for the success of Alpha Eta Alpha’s chartering. “It may seem like I’m doing a lot, but it doesn’t feel like a lot because of the support system I have both in and outside of APO.”

In his role as extension group sponsor, Brother Elmendorf guided Alpha Eta Alpha in setting a chartering timeline and provided them with tools to create their own SMARTER goals. While sponsors must remain accessible to answer questions, offer advice and equip students with the knowledge to create, learn and grow together in shared leadership, they must also allow the group to build its own program.

Education and support does not end once a chapter has received its charter. During Alpha Eta Alpha’s aftercare process, Brother Elmendorf kept an eye on the chapter for one year to ensure it remained healthy and to make sure officers were transitioned smoothly. Now that the chapter is chartered, Brother Elmendorf serves as an unofficial advisor and provides the students with many services, including offering advice and writing letters of recommendation. Brother

Elmendorf also remains active within the Fraternity by serving as the Region I Membership Coordinator.

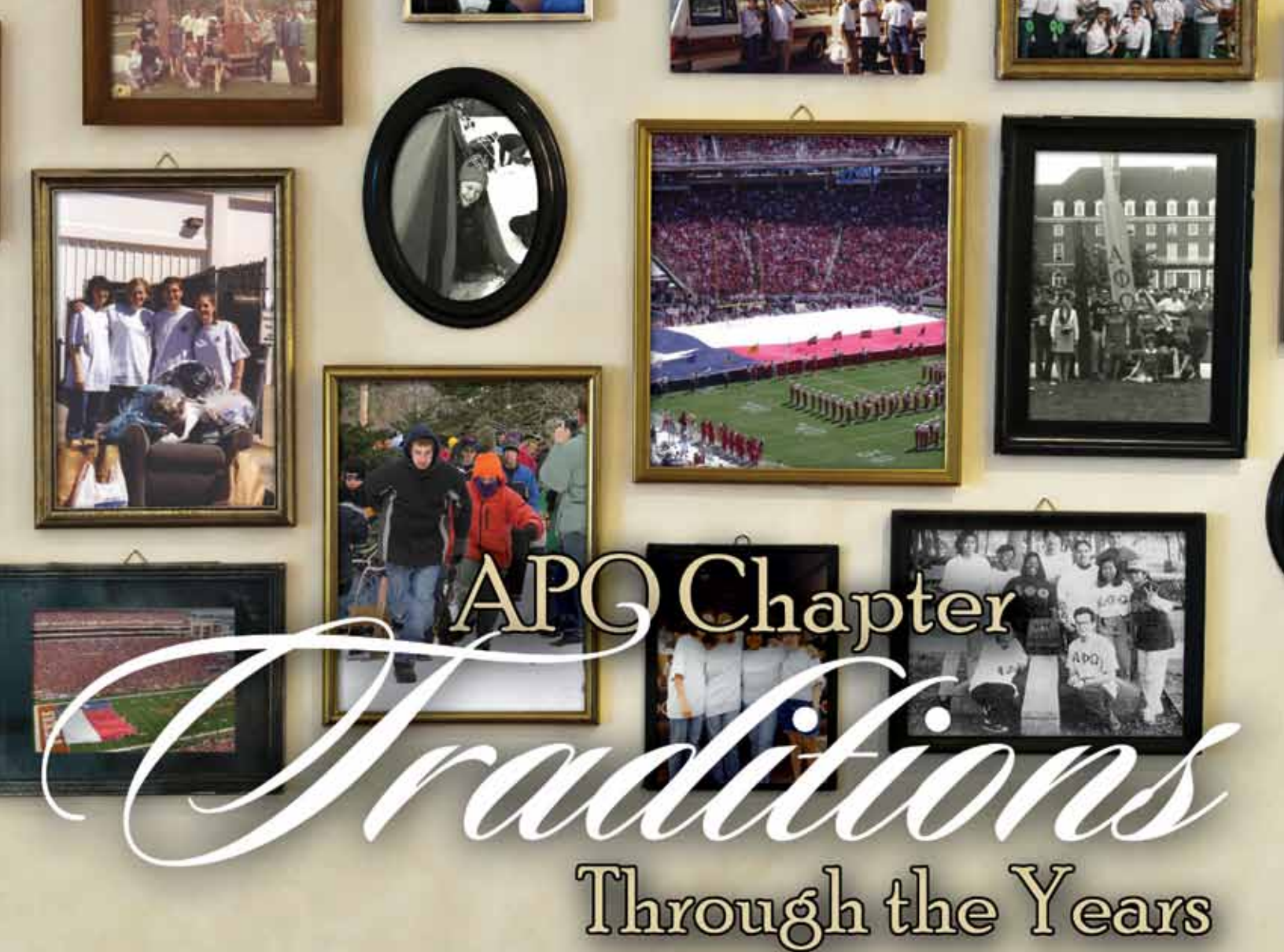
“I will always maintain ties to the Fraternity,” said Brother Elmendorf. “I don’t always know exactly what role [I’ll be in], but I do know that no matter what the capacity, those ties are always going to be there.”

Extension sponsors have the support of the National Office and the Membership and Extension Committee; they also have access to Fraternity documents, such as the Build a New Chapter guide, which can aid in the extension process. In addition, a two-part workshop that was offered at the National Volunteer Conference is being reviewed as a potential training program for sponsors. This training will be offered at conferences as well as online.

If you’re interested in serving as a chapter extension sponsor, please contact Marilyn Mims at membership.director@apo.org.

For a list of chartering requirements as an extension sponsor, check out the Membership & Extension section of www.apo.org. ■





By Field Representative Megan Savage, Omega '07

While each of Alpha Phi Omega's 357 active chapters subscribes to the same Cardinal Principles of Leadership, Friendship and Service, no two chapters are exactly the same, and neither are the legacies they leave. The work you did as an active and the pride you took in the identity of your chapter helped shape the APO experiences of others. Let's take a look at some of the unique APO, community service, campus and Scouting traditions that have come to be so valuable to chapters across the country.

ON FIRE FOR THE FRATERNITY

The brothers of Delta Omega Chapter at the University of Houston are charged with maintaining a precious Fraternity tradition – the Eternal Flame of Service. Kept on permanent display on campus, the flame was lit by Past President H. Roe Bartle at the conclusion of the 21st biennial National Convention in Dallas in 1970.

In a private ceremony in his hotel room with the Board of Directors and



the two voting delegates from Delta Omega, Dr. Bartle used the flame from a small blue candle to light a hurricane lamp, from which each Board member lit a candle. Together, Dr. Bartle and the Board lit two four-foot candles.

At the conclusion of the ceremony, the Eternal Flame of Service was bestowed upon the Delta Omega delegates to take back to their campus. The following October, the flame was permanently installed at the University of Houston in a metal box, on which the words "Love One Another" are etched.

Since then, it has been the responsibility of Delta Omega brothers to transport the Eternal Flame of Service from the University of Houston to each National Convention, where it is officially presented during the opening ceremonies.

LARGE AND IN CHARGE

The University of Illinois at Urbana-Champaign is not only home to one of APO's largest chapters in

the nation, but also the country's biggest Fraternity paddle. Alpha Alpha Chapter, with a current active membership of more than 485 brothers, unveiled its tremendous 16-foot APO paddle at the annual Quad Day involvement fair on August 22, 1990, continuing the tradition of massive paddles that began in the '60s.

The previous chapter paddle, which was used almost exclusively for the homecoming parade, was replaced because it had split and warped over time. And, though the construction crew behind the old paddle claimed it was 16 feet tall, in reality, it measured only 14.5 feet.

So, with a broken paddle on their hands, Alpha Alpha brothers Virgil Varvel, David Peppers, Dan Saban, Chris Puacz, Eugene Peppers and Joseph Renini decided to build one bigger and better than the last. They took all the appropriate measurements to build a true 16-foot paddle to scale and made it sturdy enough to withstand more than 20 years of wear and tear.

The chapter stores the paddle in the garage of one of its advisors and uses a pickup truck to cart it around for special events such as Quad Day, chapter anniversary celebrations and conferences.

IT'S ELEMENTARY, DEAR BROTHERS

For 15 years, Kappa Chi Chapter at Creighton University in Lincoln, Nebraska, has held a community-wide service event called Sherlock for

Homes. Brothers and non-members alike are put into groups of three or four and sent into the Omaha/Council Bluffs area to collect donations for a variety of charities, including homeless shelters, thrift stores, food banks and women's shelters.

The week prior to the collection date, the chapter distributes fliers in the collection area telling residents what's going to be collected, when and for whom. This gives residents time to prepare a donation for pickup. On collection day, the teams drive out to the neighborhoods and collect all that they can (and unload their haul into a roving truck if their cars get too full to continue).

At the end of the day, everybody regroups on campus for food, prizes, and story swapping about their day of service and the interesting and funny items they collected. On average, more than 50 brothers and non-members participate in the event, complete at least 150 hours of service, and collect over 1,000 pounds of goods for the charities.

ONE POTATO, TWO POTATO

Tau Chapter at the University of Florida in Gainesville, like many chapters, mixes up its service program every semester and participates in a variety of projects. There's one very special project brothers never miss.

Every January, the chapter joins with local Scout troops and other community groups for the Annual Air Potato Roundup, an event to help rid Gainesville of air potatoes – invasive

spuds with leafy vines that deprive other plants of much-needed sunlight. These tater crusaders don't mind getting a little dirt on their hands to help their community.

It's not all just grunt work, though. Brothers make it fun by competing with one another to find the biggest, strangest or weirdest-shaped spud. After a few hours of putting their green thumbs to good use, brothers, Scouts and community members are treated to a party complete with food, drinks, prizes, good company and even a lady dressed as an air potato, who is available for photos.

This event has been held annually by the city of Gainesville for 12 years, and the chapter has participated for the past eight. It's one of the most anticipated service projects of the year for the brothers of Tau Chapter, so this tater tradition isn't going anywhere.

EVERYTHING IS BIGGER IN TEXAS

To lay claim to the world's largest anything is an impressive accomplishment, however, to have three of the world's largest items – well, that's both unique and astounding. Alpha Rho Chapter at the University of Texas at Austin possesses the three largest Texas state flags and have had the honor of running the biggest of the three across the field before football games for 50 years.

The original flag, measuring 51 by 90 feet, was a gift to then Texas governor Daniel Price from the former governor of Mississippi, Ross Barnett, during the halftime show at the 1962

Cotton Bowl. After being given to the band and then to the athletic department, the flag was eventually passed to Alpha Rho Chapter to run before games. On Thanksgiving Day 1962, before a game against Texas A&M, the APO flag run tradition was born.

Since then, the chapter has purchased new flags for the flag run. In 1991, the field flag measured 75 by 125 feet; the current flag, purchased in 2007, is the largest of all flags past and present and measures an impressive 100 by 125 feet.

BLOODTHIRSTY BROTHERS

As far as athletic rivalries go, the University of Michigan Wolverines and The Ohio State University Buckeyes have one that's particularly intense. Cleverly, in 1982, Gamma Pi and Alpha Iota chapters, respectively, harnessed that school spirit and introduced the Blood Battle – a blood drive competition in conjunction with the football game to see which school could collect the most units of blood.

In the weeks leading up to the football game, each chapter hosts several blood drives across campus to collect the most units of blood. During Gamma Pi's first campus blood drive in 1966, brothers collected an

impressive 472 units, which saved 1,416 lives. With each year, the blood drives grew bigger and bigger, thanks largely to the Blood Battle rivalry.

At the end of the 2010 Blood Battle, Michigan topped Ohio State for the third year in a row by collecting 2,615 pints to Ohio State's 2,515 pints. In the end, of course, the real winners are the 15,390 individuals who will benefit from the 5,130 units of donated blood.

WHAT WOULD YOU DO FOR THE KLONDIKE RETREAT?

Spending time outdoors in the Northeast in the middle of winter doesn't exactly sound like an ideal situation. Luckily, Phi Epsilon Chapter at Maine Maritime Academy and the local Katahdin Boy Scout Council disagreed. Since the '70s, Phi Epsilon brothers, with help from The University of Maine – Farmington, Quinnipiac, and the University of New



Hampshire, have put on the Klondike Retreat for Scouts who don't mind getting a little wet and chilly.

The focus of the weekend is a sled derby with pit stops and tasks to complete along the way. Each sled has to be able to withstand the race itself as well as hold all the supplies the Scouts may need for each challenge. Because the Scouts don't know what the challenges are ahead of time, they have to be creative and think on the fly to get through each stop and continue with the race.

For a few years, before rules and regulations changed, Scouts spent the night on The State of Maine Training Vessel, the flagship of the Maine Maritime Academy fleet, but these days they set up camp in the field house on campus.

BROTHERS OF MERIT

Many chapters across the country host merit badge university events for local Scout troops, but few are as large as the one held at the University of Iowa each spring. For the past 10 years, Omicron Chapter has put on its Merit Badge University – a daylong event for Boy Scouts to come to campus and attend workshops to earn badges, many of which are required to earn the Eagle Scout Award. Each year, the event draws hundreds of Scouts from all over Iowa and even some from neighboring states. In 2005, more than 1,000 Scouts attended.

Because the event is so large, the

chapter can't provide all the manpower it needs to make the Merit Badge University successful, so brothers send out a call for help to area chapters. Other Region IX chapters answer the call and make the drive to Iowa City to help run workshops and, of course, spend some quality inter-chapter time with brothers.

The event helps Scouts learn important skills, earn badges and provide an opportunity for APO brothers to collaborate, and it's also a fundraising event. Omicron donates half of all the money raised from MBU registration fees to the local Scout council and uses the other half for the chapter's leadership development fund, which helped send 11 brothers the National Convention in 2010. ■





APO welcomes your submissions for Brother Notes, Chapter Notes and other *Torch & Trefoil* articles, which may be edited for length, clarity and style. Please include your daytime phone number, address, and chapter. Send to the Director of Communications at publications@apo.org.

1960s

- **Dr. Walter M. Brasch, Alpha Delta '65 at San Diego State University**, published his 17th book, "Before the First Snow: Stories from the Revolution." Dr. Brasch is in the Society of Life Members of Alpha Phi Omega.
- **Hugh McCampbell, DVM, Xi Chapter '67 at Iowa State University in Ames**, was named the 2010 National Cattlemen's Beef Association (NCBA) Top Hand Club Champion. The NCBA is an organization that promotes and maintains the beef industry through legislator education.
- **Phil Petrasek, Iota Beta Chapter '69 at Pacific Lutheran University in Tacoma, Washington**, retired as a Lutheran pastor after 36 years. During his time as pastor, Brother

Petrasek received several awards recognizing his community service contributions. Brother Petrasek is in the Society of Life Members and an Eagle Scout.

1970s

- **Ed Bedford, Theta Chapter '79 at the University of Virginia in Charlottesville**, celebrated his 10th anniversary as a scoutmaster of Boy Scout Troop 820 in Chapel Hill, North Carolina.

1980s

- **Jamezetta Karickhoff Bedford, Theta Chapter '80 at the University of Virginia in Charlottesville**, will serve her second term as chair of the Chapel Hill-Carrboro City school

board in North Carolina. She has served on the board of education for eight years.

- **Larry D. French Sr., Omega Mu Chapter '81 at Clarion University in Pittsburgh, Pennsylvania**, is the 2011 president of the Greater Pittsburgh Alumni Association of Alpha Phi Omega.

1990s

- **David Bishop, Mu Theta Chapter '90 at Luther College in Decorah, Iowa**, celebrated his 25th year as a Luther College faculty member.
- **Orchid Rabe Paulmeier, Alpha Alpha Chapter '92 at the University of Illinois at Urbana-Champaign**, was a finalist on the television show "The Next Food Network Star."
- **Jennifer Zander Wilck, Alpha Phi Chapter '92 at Washington University in St. Louis**, published her first book, "A Heart of Little Faith," through Whiskey Creek Press.

2000s

- **Tiffany Herron, Zeta Lambda Chapter '04 at the University of Toledo in Ohio**, is the manager of volunteer programs at the Make-A-Wish Foundation of Ohio, Kentucky and Indiana.
- **Isabel Anderson, Theta Alpha Chapter '07 at Stevens Institute of Technology in Hoboken, New Jersey**, joined the team at the U.S. Navy's Surface Warfare Center after she was awarded the Department of Defense Science, Mathematics and Research for Transformation Scholarship.
- **Victoria Rodriguez, Upsilon Mu Chapter '08 at the University of Puerto Rico at Rio Piedras**, received a Truman Scholarship to pursue her research interest of LGBT youth from a civil-rights and hate-crimes perspective.
- **Emily Coles, Omega Epsilon Chapter '09 at Illinois Wesleyan University in Bloomington**, received the Technos International Prize through the Tanaka Ikueikai Educational Trust in Japan, as well as a Fulbright teaching and research grant.
- **Danny Srisawasdi, Alpha Gamma Xi Chapter '09 at the University of Dayton in Ohio**, received an endowed scholarship to pursue an engineering degree that helps humanity.
- **Derek Chui, Alpha Epsilon Zeta Chapter '10 at the University of Texas at Dallas**, was named Student Leader of the Year for his contributions to the university and Dallas community.

Firsthand Experience with Suicide Sparks Mental Health Scholarship Fund

Sam Lustgarten, Epsilon Xi Chapter '07 at Colorado State University in Fort Collins, became an advocate for suicide prevention after dealing firsthand with the death of a friend. While serving as a resident assistant his junior year, Lustgarten was the first responder to a suicide.

Lustgarten coped with the situation by creating a scholarship benefiting undergraduate psychology students with an interest in helping people who suffer from mental health issues. As a psychology major himself, Lustgarten wanted to draw attention to the subject of suicide prevention.

"There's hope for people who are suffering, and there's hope for people who can help these people," said Lustgarten. "We're always going to remember those who have passed, and at the same time, we're never going to stop fighting for them. Always remember, never surrender."

Created on April 19, 2010, the Always Remember, Never Surrender Scholarship provides support to students who are pursuing human service professions and making contributions to their communities. To date, the scholarship fund has collected more than \$21,000 through donations.



The Jed Foundation, a national organization working to reduce emotional distress and prevent suicide among college students, awarded Lustgarten the 2011 Jerry Greenspan Student Voice of Mental Health Honorable Mention. This award was created to honor students who raise awareness and encourage dialogue about mental health issues on their campuses and in their communities.

Lustgarten graduated in May 2011 with a bachelor's degree in psychology and is currently a graduate student at Colorado State University studying applied social psychology. His career goals include counseling psychology or public service.

For more information about Lustgarten and the Always Remember, Never Surrender Scholarship, visit www.alwaysrememberscholarship.com. ■



REGION I

Theta Zeta Chapter at the University of New Hampshire in Durham hosted a Rock for a Cure benefit concert to raise funds for Relay for Life and the American Cancer Society. The event was hosted in honor of former Theta Zeta Advisor John Gross, who was diagnosed with cancer and lost his battle.

REGION III

Alpha Alpha Omicron Chapter at Longwood University in Farmville, Virginia, co-sponsored Hope Rally, an event hosted by Longwood student groups to raise awareness for the American Foundation for Suicide Prevention. The event collected more than \$170 in donations to fund AFSP research programs.

REGION IV

Delta Kappa Chapter at Emory University in Atlanta, Georgia, helped the Japanese Student Association run origami crane-making booths to support the Red Cross tsunami relief fund. More than \$2,300 and 1,440 cranes were the result of the campus-wide "1,000 Prayers through 1,000 Cranes" event.

REGION V

Theta Upsilon Chapter at Case Western Reserve University in Cleveland, Ohio, hosted its sixth annual March for Marfan walk/run, created by Brother Maya Brown-Zimmerman '04, to support the National Marfan Foundation. The NMF supports education and awareness programs, patient support, and research. Marfan syndrome is estimated to afflict one in every 6,000 individuals in the United States.

REGION VI

Delta Xi Chapter at Ball State University in Muncie, Indiana, partnered with social Greek organizations on campus to host Army Games, an event to raise money to support sufferers of post-traumatic stress disorder. More than \$1,500 was donated to the Indianapolis Veterans Affairs Medical Center and the Ronald McDonald Veteran House.

REGION VII

Xi Omicron Chapter at Tarleton State University in Stephenville, Texas, hosted a weekend-long Merit Badge University for young

Boy Scouts. More than 50 Scouting leaders and volunteers helped make this event a success for the 200 Scouts in attendance.

REGION VIII

Beta Mu Chapter at Missouri State University in Springfield organized the WECAN Conference on Child Abuse and Neglect. This event provided workshops presented by child and family development and protection professionals in the hope that, through education, an end can be put to child abuse.

REGION IX

Xi Chapter at Iowa State University in Ames participated in an outdoor community-wide cleanup effort, working alongside residents to "stash the trash" and beautify the city of Ames.

REGION X

Rho Rho Chapter at the University of California-Irvine created get-well cards for hospital-bound children during UC-Irvine's annual Live KIND week, an event that promotes random acts of kindness and service to others.

REGION II

Alpha Beta Chapter at Pennsylvania State University in University Park participated in a leading university-recognized environmental initiative for the sixth straight year by turning off lights in campus buildings on the weekends.

The Friday Night Lights Out program



at Penn State was created in 2006 by the Council of Lionhearts, a campus group composed of service organization representatives. Brother Emily Hoberg, Alpha Beta Chapter '04, was on the initial council and helped implement this sustainability initiative.

The goal of Friday Night Lights Out is to save money on energy costs and raise awareness among the Penn State community about the importance of energy conservation.

The program was inspired by Penn State Physical Plant communication and customer service coordinator Paul Ruskin after he spoke to the Council of Lionhearts about the importance of turning off lights in buildings.

Many student organizations sign up to participate in this weekly service project, including a consistent turnout of Alpha Phi Omega brothers. Every Friday, student volunteers are fed a pizza dinner, provided

by Penn State Food Services, and are then divided into small groups to ensure the lights in every campus building are turned off.

Friday Night Lights Out is a contributing program in Penn State's energy-saving initiative. The success of the program is measured by students keeping track of how many light bulbs they turn off each week. Calculations from more than 170 student volunteers indicated that during the spring 2011 semester, more than 24,800 light bulbs were turned off, which saved the university more than \$3,500 on its energy bill.

In April 2010, Penn State was recognized by the EPA as a national leader in green power use among universities. The Friday Nights Lights Out program has received national publicity through The Weather Channel and the Big Ten Network and has inspired other universities to implement similar programs on their campuses. ■

Building a Future with Visions of the Past

Sir Isaac Newton, most well known for discovering the Laws of Gravity, once said: *"If I have seen further, it is by standing on the shoulders of giants."*

Newton, considered by many to be the greatest and most influential scientist who ever lived, knew that he did not stand alone in his accomplishments. He attributed much of his success to the great scientists before him.

Alpha Phi Omega would not be the fraternity it is today without standing on the shoulders of your leadership, vision and loyal support. While we prepare to initiate the 400,000th member of APO, we know the current students are continuing to build on the great legacy you left.

Last year, because of your loyal support, the Fraternity was able to:

■ **Keep our student membership fees low.**

We have gone five years without increasing any student fees.

■ **Provide more effective leadership training opportunities.**

We had more than 1,500 students participate in online officer training sessions.

■ **Enhance the membership academy.**

We have created specific operational blueprints for more than 100 chapters through the academies.

Without the strong leadership and support from brothers before them, the Fraternity experience wouldn't be what it is today for our student members. Does the following statement from a current student member remind you of the value of your own experience?

"During my time in Alpha Phi Omega, I have learned and developed essential skills in leadership; provided service to my college, community and nation; and fully immersed myself in something that is bigger than myself." – Ryan V.

Your generous support this year, combined with the support from other brothers, will help us keep our student membership fees low, increase

support for our communities through substantial chapter growth and provide more effective leadership training opportunities.

The future of the Fraternity is in good hands, thanks to you! ■



Yes! I will support APO's Annual Fund!

- ☐ I have enclosed my check for \$ _____
☐ Please charge my credit card in the amount of \$ _____

CREDIT CARD INFORMATION:

☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Card # _____ Exp. Date _____

Print Name _____

Signature _____ Date _____

PREAUTHORIZED SUSTAINED GIVING:

(Please select one):

- ☐ Monthly on the 1st ☐ Monthly on the 15th
☐ Quarterly on the 1st ☐ Semi-Monthly on the 1st & 15th

(Please select one):

- ☐ **Electronic Funds Transfer (EFT)** I have enclosed a voided check and authorize my gift to be transferred from this bank account.
☐ **Credit Card** I authorize my gift to be charged to my credit card account. (Please fill out the credit card box at the left.)

I authorize a gift amount of \$ _____ per pay period specified above to begin on _____ (date). I understand that I can SUSPEND my preauthorized giving at any time simply by notifying APO's National Office.

Signature _____ Date _____

Save the stamp! You can also donate online by visiting www.apo.org/support

Torchbearer status is recognized for total gifts between August 1st and July 31st at the following levels:

\$5,000+ Diamond Founder's Circle • \$2,500+ Gold Founder's Circle • \$1,000+ Silver Founder's Circle • \$500+ Diamond Torchbearer
\$250+ Gold Torchbearer • \$150+ Silver Torchbearer • \$75+ Torchbearer

Name: _____ National #: _____

E-Mail: _____ Home Phone: _____

Keeping the tradition going strong.



“My contribution is the monetary reflection of the contribution APO made to my own life. As service to others is the legacy of APO, I make a yearly donation to ensure that the legacy continues.”

— Brother Abe Frishman, Alpha Rho '69

Brother Abe Frishman, Alpha Rho '69, poses with Brother Neal Farmer, Alpha Rho '76 at the Alpha Rho Chapter 75th anniversary celebration.

MOVING? New Address

Name

Address

City

State

ZIP

(Area Code) Phone Number

E-Mail Address

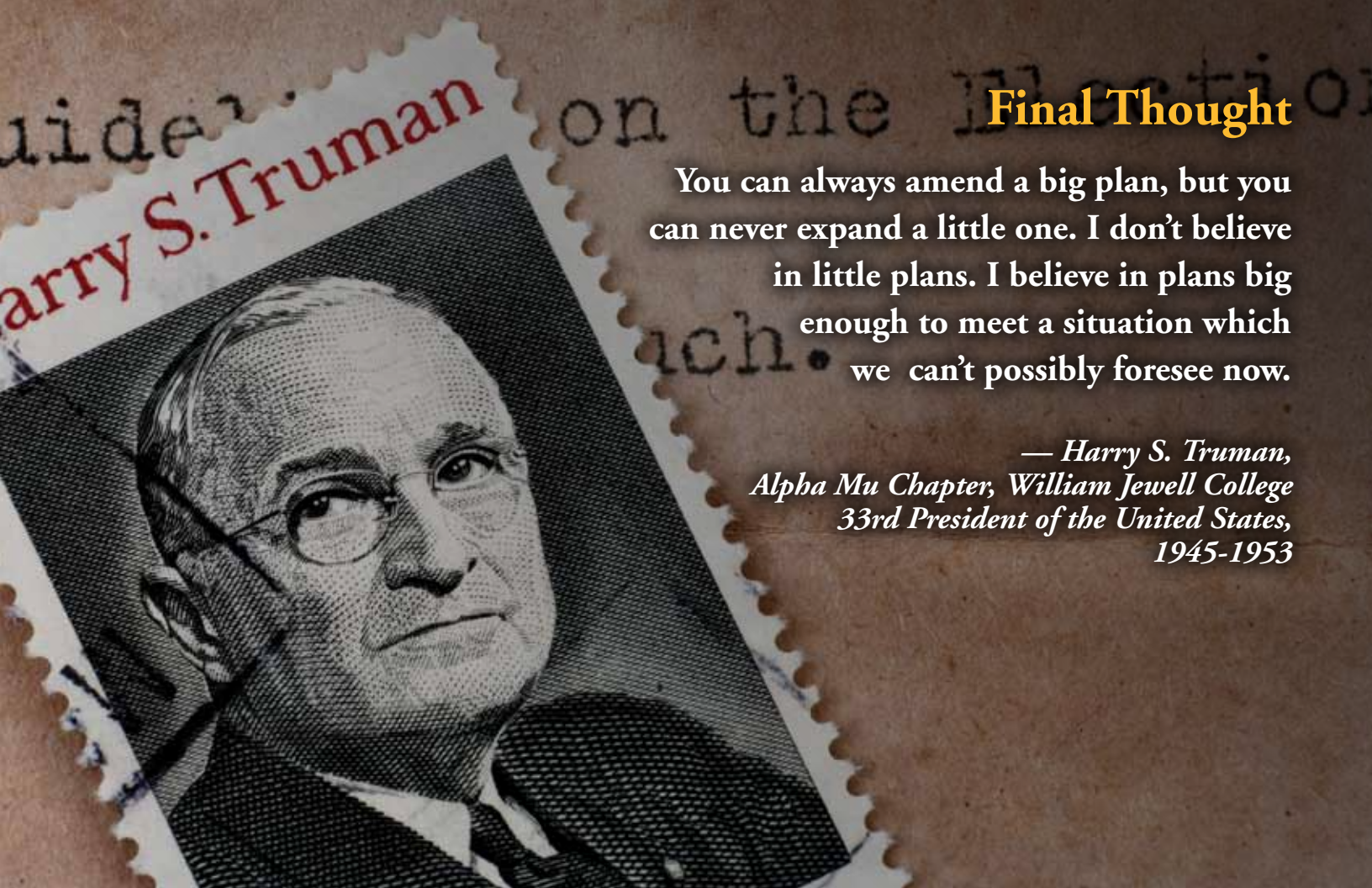
☐ Yes, I am interested in receiving e-mail updates from the Fraternity.

MAIL TO:

Alpha Phi Omega • 14901 E. 42nd Street S. • Independence, MO 64055



14901 E. 42nd Street S.
Independence, MO 64055



Final Thought

You can always amend a big plan, but you can never expand a little one. I don't believe in little plans. I believe in plans big enough to meet a situation which we can't possibly foresee now.

— Harry S. Truman,
Alpha Mu Chapter, William Jewell College
33rd President of the United States,
1945-1953