

TORCH & TREFOIL

SPRING 2012

ALPHA PHI OMEGA:

A History of Scouting



INSIDE:

500 by 2025:
From "No Way!" to "OK!"

A Look Back at
NSW 2011

THE QUARTERLY PUBLICATION OF



"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring." - Rogers Hornsby

Like Rogers Hornsby, I, too, wait for spring. It is a time for looking forward, not backward, and it is in this season that we anticipate the many good things to come. I welcome the return of spring training and opening day for the baseball season. However, I also look forward to the spring for what it means to Alpha Phi Omega. Spring time is a season of beginnings, of hope, and of renewal.

As I look forward, I think about the many things that we have to look forward to this year: new pledge classes, new brothers, and of course, new chapters. On campuses around the nation, Alpha Phi Omega is taking root in the form of interest groups and petitioning groups. As the season continues, those groups will ultimately blossom into chapters, giving those communities the much needed programs and services of our beloved fraternity.



There is much work to be done on behalf of Alpha Phi Omega – from moving steadily toward our goal of 500 chapters by 2025 to the beginning of assessments of our programs, operations, and strategic goals. As we journey through the spring season, as you welcome new members and carry out our programs, please keep in mind that everything you do in the name of Alpha Phi Omega is a seed that you plant – a seed that, with hard work and perseverance, will later bear fruit.

So, as the season moves on, help us to plant the seeds of Alpha Phi Omega where there are none – help us to continue to grow the fraternity so that college students who have not yet had a chance to become brothers may find that opportunity. Help us to reach out to new students, to help them understand our great principles of Leadership, Friendship and Service. We need you to help them to develop into leaders on their college campuses. We need you to help them understand the vital importance of giving unselfishly of their time and energy, and of the value in providing service to others.

There is much we can accomplish, if only we take care to water and cultivate the seeds that we plant. Let us make this commitment to diligently take care of the work we start, to follow that work through to its completion, and to cultivate our new members, new ideas, and new beginnings.

Let the spring planting begin!

Fraternally,

Mark Stratton
National President



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Learn to become a first-rate presenter through APO's presenter development training program.

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National Service Week 2011

See how chapters across the country celebrated National Service Week 2011 on their campuses and in their communities through service, making this APO's best NSW event since 2004!



DEPARTMENTS

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January 2012 Board Meeting Recap

The following actions were taken by the Board of Directors at the January 28, 2012, meeting:

The Board approved the consent agenda consisting of the minutes of the June 24-25, 2011, meeting and adopted a resolution recognizing the Girl Scouts of the United States of America on its 100th anniversary.

The Board approved the 2012 Convention Budget, and the memorandum of understanding with the Girl Scouts of the United States of America was adopted by the Board.

Brother Leslie Santiago, Rho Gamma '10, was named the 2012 National Convention Chair.

Brother John Ottenad was named the 2012 Fall Pledge Class Namesake Committee Chair. The following brothers were appointed to this committee: Marilyn Mims, Ed Richter, Cole Robertson and Dawn Gurganious.

A task force was created to review and revise the procedures for responding to allegations of practices inconsistent with fraternity policies, including hazing.

The Board approved amendments and changes to the Strategic Plan.

Pursuant to Article IX, Section 7, of the National Bylaws, the President declared the following

chapters' charters null and void:

- Alpha Beta Nu, Pennsylvania State at Erie, Region V, Section 64
- Alpha Zeta Epsilon, College of Mount St. Joseph, Region V, Section 56
- Xi Beta, University of Nebraska at Kearney, Region VIII, Section 26

The Board approved the granting of charters to:

- University of Illinois, Springfield Region VI, Section 47
- University of California, Merced Region X, Section 4

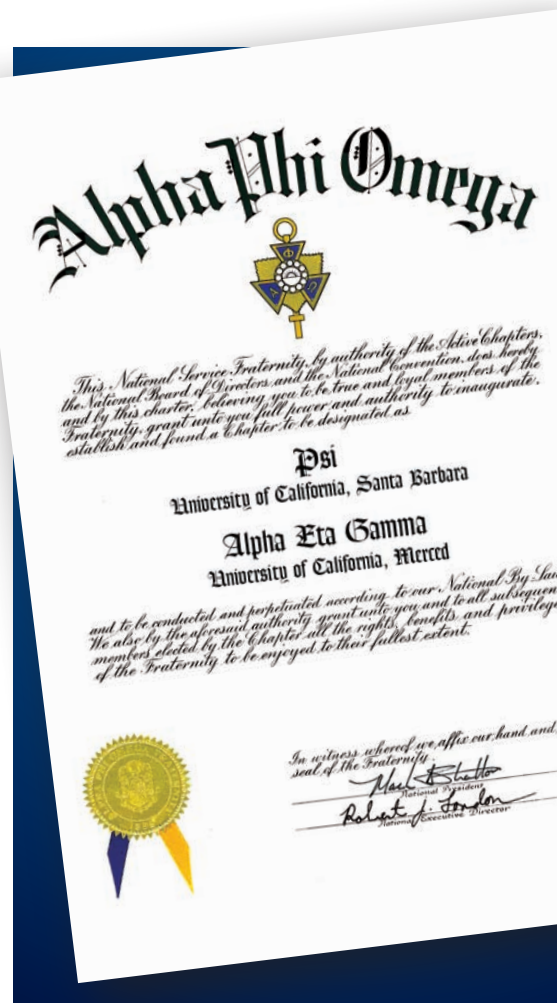
A discussion was held reviewing the results of the Board's self-assessment. The three major themes for the assessment were communications, Board composition, and the use of strategic goals to guide planning and accountability.

3 Brothers Win BTN LiveBIG Scholarship

Congratulations to the three APO chapter members who won a 2012 Big Ten Network LiveBIG Scholarship

for Outstanding Service -- Katherine Meehan from Alpha Alpha Chapter at the University of Illinois, Laura Venn from Sigma Chapter at Northwestern University, and Timothy Spano from Alpha Gamma Chapter at Purdue

University. More than 80,000 votes were received to choose the winners



of the LiveBIG Scholarships. These brothers were selected along with nine other students from the Big Ten Conference. Way to go brothers!

Affinity Partner Supports Education

Thank you GEICO for the support the company provides as an Alpha Phi Omega affinity partner! In addition to offering APO members a discount on their auto insurance rates, GEICO also sponsors educational programs for the Fraternity. Visit www.apo.org to learn more about this partnership and how you can take advantage of discount rates through GEICO. ■

Welcome New Chapters!

PSI
**University of California,
Santa Barbara**

ALPHA ETA GAMMA
**University of California,
Merced**

APO DATELINE

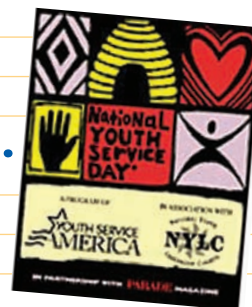
APRIL

- 3/30-4/1:** Section 90/91/92 Conference, Reading, Pennsylvania
- 3/30-4/1:** Section 79/80 Conference, Winston-Salem, North Carolina
- 3/30-4/1:** Section 69 Conference, Auburn, Alabama
- 3/30-4/1:** Section 64 Conference, New Wilmington, Pennsylvania
- 3/30-4/1:** Section 41 Conference, Dallas, Texas
- 4/6:** Good Friday
- 4/7:** Passover Begins
- 4/8:** Easter
- 4/13-15:** 87/88/89 Trisectional Conference, Potsdam, New York
- 4/13-15:** Section 82/83 Conference, Charlottesville, Virginia
- 4/13-15:** Section 67 Conference, Williamstown, Kentucky
- 4/20-22:** Spring Youth Service Day
- 4/21:** Section 70 Conference, Nashville, Tennessee
- 4/22:** Earth Day



MAY

- 5/1:** Spring Youth Service Day Report Due
- 5/1:** John Mack Scholarship Application Due
- 5/1:** Pledge Class Namesake Nominations Due
- 5/13:** Mother's Day
- 5/18-20:** Membership Academy, Pittsburgh, Pennsylvania
- 5/28:** Memorial Day



JUNE

- 6/1:** Graduating Senior List Due
- 6/8-10:** Membership Academy, Iowa City, Iowa
- 6/8-10:** Membership Academy, Philadelphia, Pennsylvania
- 6/17:** Father's Day
- 6/20:** First day of summer
- 6/22-24:** Board Meeting, Anaheim, California
- 6/29-7/1:** Membership Academy, Orlando, Florida



JULY

- 7/4:** Independence Day
- 7/20-22:** Membership University, Memphis, Tennessee
- 7/27-29:** Membership Academy, Chicago, Illinois
- 7/31:** COE/PPOE Paperwork Due
- 7/31:** End of Fiscal Year



**Countdown to
2012 National
Convention
in
Anaheim, California**

As of March 1, 2012

**299
Days Left**



Learn to become a first-rate presenter through APO's presenter development training program.

BY RUTH GOODMAN

Brother Reed Jones has sat through enough college classes, business meetings and seminars to know a good presenter when he sees and hears one. On the flip side, he's also seen and heard way too many presenters who need improvement.

Not wanting to fall into the second category, Reed enrolled in the Fraternity's presenter development training program so he could learn to share his message with enthusiasm and inspire brothers to reach their goals.

We need more brothers like Reed to deliver dynamic and engaging workshops for our members through various conference workshops and leadership development courses so we develop the best Leadership, Friendship and Service possible on all levels. Do you have what it takes to be an outstanding presenter? Are you committed to learning the skills necessary to become one? Learn how from Reed.

No Way! During Reed's senior year in college, his marketing professor ran into the classroom at the top of the hour, disheveled and spilling coffee with every step. Without acknowledging the students, the professor fumbled with a PowerPoint presentation, which he never did get to work. After some choice words, lame apologies and nervous laughter, the professor rummaged through his briefcase, pulled out a crumpled paper and read his lecture notes to the class.



OK! As his chapter's fundraising chair, Reed wore his best button-down shirt and khakis and arrived at the meeting room an hour before his presentation. He tested his audiovisual equipment,



reviewed the main points of his message, greeted brothers as they entered the room, personalized his message by using their names, and started and ended his presentation on time.

Takeaway. Dress the part. Arrive early. Test equipment in advance. Rehearse (but don't memorize) what you want to say. Remain flexible. Build community. Use appropriate language. Be respectful of others' time.



No Way! At last week's business meeting, Reed's boss lambasted the staff for not meeting the quarterly sales goal and demanded that each person tell him why. In an attempt to motivate them, the boss outlined what he did to win Salesman of the Year five times and shared way too much personal information about the trips he took to celebrate his accomplishments. With one minute left in the meeting, the boss asked if there were any questions.

OK! As department manager, Reed distributed the meeting's agenda to his team and clearly outlined what they would accomplish during the next 60 minutes. He thanked them for their great work during the quarter and challenged them to exceed their current sales numbers because he believed in

them and knew they could. As a group, they brainstormed ways to increase sales, and Reed helped them set attainable goals. Reed left ample time for questions and ended the meeting on time.

Takeaway.

Establish session objectives.
Stay on track.
Show sincere appreciation.
Encourage group interaction. Put the group's needs before your own.

Listen. Set goals. Display a can-do attitude. Stress the benefits the group will receive if they do what they say they'll do. End on a friendly note.

No Way! The "let's get fired up" session was a bust. The motivational speaker was so uninspiring that Reed expected "Bueller? Bueller?" to come out of his mouth. The speaker moved like a caged panther across the stage, and when he finally stood still, he seemed disoriented. The speaker then plunged into yet another topic that didn't resonate with the audience. Reed heard the meeting room door open and close more than once; the woman sitting in front of him was texting a friend, and the man beside her was snoring.



OK! As leader of the Scout pack, Reed was pumped to get this year's service project under way. As a new pack, the youngsters weren't sure what a service project was and were a bit scared of the unknown. Before the Scouts arrived at the project meeting, Reed gave himself a pep talk, put on some high-energy music and laid out the cookies and punch. When the Scouts arrived, he heartily and sincerely welcomed them, talked about the river cleanup with excitement and painted pictures with his words. He moved and used gestures appropriately, and within 15 minutes, the Scouts were committed to the project.

Takeaway. Be enthusiastic about your topic. Have a good time. Create a welcoming environment. Meet the audience where they are emotionally. Use conscious movement and vocal variety. Keep the program moving. Have the group's best interests at heart. Build team unity by talking about "us" not "you."

Do a brother or potential brother a favor and banish "No Way!" presentations. Learn how you can become an engaging, informative presenter by participating in APO's presenter development training program. For more information, visit www.apo.org or contact Jennifer "Blondie" Barnes at training.coordinator@apo.org.

ALPHA PHI OMEGA:

A History of Scouting

*Co-Authored by Brother Pete Forbes
and Stacey Robinson*

Founder Frank Reed Horton dreamed of a worldwide service organization with the Scout Oath and Law as its foundation, and so Alpha Phi Omega was built. Since the Fraternity's founding in December 1925, APO has maintained a close bond with Scouting, providing millions of hours of service to young boys and girls and extending the hand of brotherhood to them as they enter their collegiate years. Today, the spirit of Scouting is at the core of APO, and the partnerships the Fraternity holds with Scouting organizations are a vital part of the Fraternity.

Chief Scout Executive Bob Mazzuca and APO Scouting and Youth Service Committee Chair Pete Forbes, Lambda Tau '84, sit down at the Top Hands meeting in San Antonio to sign a five-year renewal of the APO/BSA Memorandum of Understanding.



Join APO for the 2013 National Scout Jamboree

The Boy Scouts of America will host the next National Scout Jamboree July 11-25, 2013, at The Summit Bechtel Reserve in New River Gorge, West Virginia. This new 10,600-acre property will play host to myriad new adventures for attendees including white-water rafting, a zip line canopy tour, rock climbing, a BMX camp, skateboarding and many other activities. More than 40,000 Scouts and Scout leaders from around the world are expected to attend the 2013 jamboree. In addition, this will be the first jamboree to host co-ed venturing crews.

Alpha Phi Omega will volunteer at the Jamboree, as well as host an exhibit booth. The mission of APO Service Corp is to help with whatever needs to be done, such as site check in, cleanup, or anything else that may come up.

The exhibit booth is intended to educate the next generation of Scouts heading off to college, as well as Scout leaders and visitors, about APO and its mission. The booth will also be a place to promote the Society of Life Members to actives and alumni at the Jamboree and to organize a reunion during the week.

For more information or to apply for a position on the APO Jamboree staff, log on to www.apo.org.



The past two years were exciting for our Scouting partners – the Boy Scouts of America and the Girl Scouts of the United States of America. On February 8, 2010, the BSA celebrated the centennial of its founding and will celebrate the centennial of the Eagle Scout designation on April 19, 2012. The Girl Scouts of the United States

of America celebrated its centennial on March 12, 2012.

A memorandum of understanding was signed on January 18, 1932, to establish an official relationship between APO and the BSA. It was signed by then National President H. Roe Bartle and Chief Scout Executive James E. West. The Fraternity's

Horton's Great-Grandson Becomes Fourth-Generation Eagle Scout

Bradley Ward, great-grandson to Alpha Phi Omega's founding scouting advisor Herbert G. Horton and a Boy Scout in Troop 63 in Norwich, New York, received his Eagle Scout award on Saturday, January 21, 2012.



"The Eagle Scout honor is the most prestigious honor I've ever earned!" said Bradley. "To me, it's exactly like the Boy Scouts of America's [100th anniversary] theme: Celebrating the Adventure, Continuing the Journey!"

Bradley is the tenth Eagle Scout and the fourth generation in his family to earn this prestigious rank.

In addition to Herbert G. Horton and Bradley, Horton's son, H. George Horton Jr., as well as his grandson and Bradley's father, Dan Ward, are both Eagle Scouts.

"When I discovered that I had become a fourth-generation Eagle Scout, I was extremely enthusiastic to have continued

the family legacy, but also very happy that my legacy had just begun!" said Bradley.

Bradley is a freshman at SUNY Plattsburgh. Though he is not a member of APO – YET – he is attempting to rejuvenate the inactive chapter on the Plattsburgh campus. Bradley's father, Dan, and great uncle, Zeke, are both members of the Fraternity, in addition to Herbert G. Horton.

When Bradley's father was asked what he thought Herbert G. Horton would say about his great-grandchild becoming the fourth-generation Eagle Scout, Dan said, "I would hope Grandpa would be proud and surprised beyond words. I know he always held himself and his children accountable and responsible for their actions, no matter what the recourse. I would also hope he would hold us to those high standards of being examples by our lifestyles and not just the words we say and write."

Congratulations, Bradley!

relationship with the Boy Scouts helped with expansion. College administrators quickly recognized that a fraternity carrying the ideals of the Boy Scouts – helping others without expecting a reward – would aid in the positive development of students. These ideals have attracted more than 400,000 members to APO chapters on 375 college campuses.

Last year the Fraternity joined the BSA in its 100th anniversary celebration by attending the organization's national meeting and Top Hands conference. At the conference, Brother Pete Forbes, chair of the Scouting and Youth Service Committee, met with Chief Scout Executive Bob Mazzuca to share how well the Fraternity's relationship with local councils was going and signed a new five-year memorandum of understanding between the BSA and APO.

APO chapter members and alumni participate in national BSA



events such as the National Scout Jamboree, National Order of the Arrow conferences and national council meetings. The Fraternity sent representatives to Fort A.P., Virginia, to join the BSA's centennial celebration at the 2010 National Scout Jamboree. The Scouting and Youth Service Committee is looking for brothers to work at APO's 2013 Jamboree exhibit booth, as well as volunteer with Service Corps. If you're interested in volunteering, check out the sidebar on page 9.

In early 2000, the Fraternity started pursuing an official relationship with the Girl Scouts of the United States of America; however, the organization was not accepting new partnerships at the time. In 2009, the Fraternity signed the first ever memorandum of understanding with the GSUSA, which is reviewed annually by both organizations.

In January 2012, the Alpha Phi Omega Board of Directors approved the most comprehensive memorandum ever with the GSUSA. The GSUSA is eager to continue building the relationship, especially in areas where brothers can introduce girls to the campus experience. APO provides critical support that the GSUSA needs: camp support, connecting girls to university resources to earn skill badges (especially in rural areas that are difficult for GSUSA to serve), special event support and campus partnerships for cookie sales.

This year the Fraternity will work

with local Girl Scout councils to help the organization celebrate its 100th anniversary. The year of celebration kicked off at the GSUSA's annual conference in October. Fraternity volunteers hosted an information booth, which allowed GSUSA members to reconnect with many APO alumnae.

Between now and APO's 2012 National Convention in December, the Boy Scout and Girl Scout subcommittee will pass Scouting information on to chapters, identify contacts in local councils and work to let them know who APO is and how we can help them. Volunteers will also work on special projects to assist chapters that are interested in partnering with local Scout councils.

Over the past two years, the GSUSA revised its core programs by including a strong focus on leadership skill development, and who better to help develop leaders than APO?

Chapters are encouraged to learn more about the leadership development program for the Girl Scouts and partner with local councils on program opportunities.

Many brothers dedicated themselves to help the Fraternity strengthen its relationship with the BSA and GSUSA. To recognize these brothers for their outstanding service, the Fraternity created the Herbert G. Horton Service to Scouting Award, which is presented by the Scouting and Youth Service Committee throughout the year to deserving brothers nominated by their peers. If you know brothers who deserve recognition, please fill out a nomination form at www.apo.org.

If you're interested in helping build the relationship between APO and the GSUSA and/or BSA, contact Pete Forbes, chair of the Scouting and Youth Service Committee, at scouting@apo.org.





NATIONAL SERVICE WEEK

Region Highlights

November 6-12, 2011, was Alpha Phi Omega's annual National Service Week. This year's projects focused primarily on the theme "Alpha Phi Omega Promotes Healthy Living: Improving Nutrition and Exercise." As of January 5, 2012, National Service Week 2011 reports totaled 47,454.3 hours of service with almost 7,000 members participating. That is the highest total hours since National Service Week 2004 and was 558.5 hours more than National Service Week 2010. Based on the 2010 value of \$21.36 for a volunteer hour (independentsector.org/volunteer_time), we provided \$1,013,623.85 worth of service! This extended edition of Chapter Notes lists each National Service Week project reported to the Service Project Database on www.apo.org on or before January 5, 2012.

Region I

Delta Rho

Rutgers, The State University of New Jersey
Healthy Recipe Hand Out

Delta Sigma

University of Connecticut
Nutrition and Exercise Awareness

Zeta Upsilon

Boston University
5K4Life Road Race

Theta Zeta

University of New Hampshire
NSW Food Drive

Kappa Epsilon

Wagner College
National Service Week of Events

Kappa Omicron

University of Massachusetts
Sorting at the Western Mass Food Bank

Nu Psi

Montclair State University
Scouting for Food

Omicron Iota

Worcester Polytechnic Institute
Tea and Health Facts by the Fountain
An Evening with the 15-40 Connection

Alpha Gamma Gamma

Hunter College – The City University of New York
Nutrition Food Sale and Workshop

Alpha Gamma Eta

University of Vermont
Volunteered at a Half-Marathon

Alpha Delta Mu

Ramapo College of New Jersey
Care Bags For Kids

Alpha Delta Phi

Seton Hall University
CPNJ Friday Fitness

Alpha Zeta Beta

University of Hartford
Juvenile Diabetes Research Fund Walk

Alpha Zeta Gamma

The College of New Jersey
Let's Get Healthy

Alpha Zeta Sigma

Saint Anselm College
Up 'til Dawn

Alpha Eta Alpha

St. Thomas Aquinas College
Zumba Dance Party and Date Auction

Region II

Gamma

Cornell University
Dodge Diabetes Dodgeball Tournament

Phi

Syracuse University
Girl Scout Merit Badge Day



**Delta Zeta**

University of Pennsylvania
Ronald McDonald House Dinner

Zeta Sigma

University of Delaware
APO Zeta Sigma:
National Service Week

Epsilon Gamma

Alfred University
Pulsera Project

Epsilon Zeta

Rensselaer Polytechnic Institute
Informing the RPI Campus on
Proper College Diet and Health

Epsilon Nu

SUNY Oswego
Dance-A-Thon

Theta Kappa

SUNY Binghamton University
Rescue Mission Goods Drive

Iota Kappa

Bucknell University
Making it to Managua 5K

Region II Highlight

Iota Omega

SUNY College at Brockport
Anything You Can Do,
I Can Do

Iota Omega Chapter at SUNY College at Brockport sponsored a wheelchair basketball game in collaboration with the Brockport Advocates for individuals with Disabilities (B.A.D.). The basketball game featured the Rochester Wheels basketball team against members of Brockport's male and female basketball teams. The event was held to promote the notion that individuals with disabilities should not feel intimidated when it comes to sports and also to provide an eye-opening/educational experience for the Brockport student body.

**Mu Eta**

Albright College
Nolde Forest Cleanup

Mu Omicron

Clarkson University
Jewish Food Festival

Xi Zeta

Rochester Institute of Technology
YMCA Nutrition and Fitness Fair

Xi Iota

Susquehanna University
Clothing Drive

Xi Lambda

Bloomsburg University of Pennsylvania
Breast Cancer Walk/Run

Omicron Upsilon

West Chester University of Pennsylvania
Free to Breathe for Lung
Disease Awareness

Sigma Nu

Delaware Valley College
Decorating Doylestown

Chi Pi

SUNY Fredonia
Humane Society Paint Party

Alpha Beta Xi

SUNY Geneseo
Campus Auxiliary Services
Nutrition Exposition

Alpha Gamma Alpha

Dickinson College
Trail Cleaning at King's Gap State Park

Alpha Gamma Iota

University of the Sciences in Philadelphia
Pancakes for PuPs

Alpha Delta Beta

Wesley College
Thanksgiving for the Elderly

Alpha Zeta Lambda

SUNY Cortland
Push Up Your Health!

Alpha Epsilon Kappa

Cedar Crest College
Healthy Snacks and
Nutritional Facts

Region III

Epsilon Mu

University of Maryland/College Park
Health and Hunger Awareness Week

Zeta Beta

Virginia Polytechnic Institute & State University
Recess Buddies
Farms and Fields
Youth Basketball
Young Athletes

Zeta Mu

Catholic University of America
Helping Hands for a Healthy
Community

Zeta Phi

Howard University
APO Workout Plan

Eta Phi

American University
Do Your Service Day

Theta Chi

George Washington University
Trick-or-Treat for Service

Iota Gamma

Towson University
Promoting a Healthy Lifestyle

Kappa Theta

Wake Forest University
Improving Nutrition and
Exercise Panel

Kappa Mu

Johns Hopkins University
Remington Winterization

Kappa Psi

North Carolina A&T State University
Eat Right or Die Trying

Mu Alpha

Georgetown University
Nutrition Panel and Flu Shot Clinics

Nu Rho

College of William & Mary
Pump Up with APO!

Omicron Phi

University of Richmond
Suntrust Marathon

Sigma Rho

Elon University
Fall Festival and Food Drive
Grove Park Fall Festival Food Drive





CHAPTER NOTES

Sigma Upsilon

University of North Carolina at Charlotte
Halloween Boo Bash

Tau Beta

Appalachian State University
Camp Ginger Cascades

Tau Chi

Winston-Salem State University
Nutrition Week with Alpha Phi Omega

Chi Gamma

James Madison University
Purcell Park Cleanup

Chi Lambda

Elizabeth City State University
Pep Rally For the H.L. Trigg
Alternative School
Canned Food Drive
Health Fair

Alpha Alpha Delta

Salisbury University
Exercise and Nutrition
Awareness Table

Alpha Alpha Omicron

Longwood University
Canned Food Drive for FACES
and Awareness/Information
Pamphlet Handout

Alpha Beta Omega

Old Dominion University
Alpha Beta Omega Chapter
Promotes Healthy Living in the
Community and Campus

Alpha Beta Psi

Roanoke College
Zumba with Tyler
Habitat for Humanity Shack Attack
Canned Food Drive

Alpha Gamma Chi

Frostburg State University
Alpha Phi Omega National
Service Week

Alpha Delta Delta

George Mason University
AIDS WALK

Alpha Delta Iota

Virginia Commonwealth University
Community Kitchen

Alpha Delta Xi

Christopher Newport University
Food for Thought: Weight of
Hunger Campaign – Promotion
of Event

Alpha Epsilon Lambda

McDaniel College
Haunted House for Carroll
Food Sunday

Alpha Epsilon Psi

Bridgewater College
Campus Recycling

Alpha Zeta Pi

University of Maryland, Baltimore County
Health Awareness Day

Alpha Zeta Phi

Regent University
Union Mission

Region IV

Tau

University of Florida
LifeSouth Blood Donor Recruitment

Beta Zeta

University of Georgia
Oasis Cleanup

Gamma Zeta

Georgia Institute of Technology
5K's in October

Gamma Lambda

Clemson University
SC Botanical Gardens Trail Work

Delta Kappa

Emory University
Open Door Community
Sandwich Drive

Epsilon Eta

University of West Georgia
Canned Food Drive

Iota Mu

University of South Carolina at Columbia
Health Fair

Iota Rho

Florida State University
Have Your Cake and Eat it Too,
Team Type 1 Says EXERCISE
if You Do

Kappa Delta

Florida A&M University
Paging Dr. You

Lambda Alpha

East Tennessee State University
Melting Pot & Scouting For Food

Nu Epsilon

Georgia Southern University
Healthy Snack Pass Out

Pi Zeta

Tuskegee University
BTW HS Class Room Restoration

Sigma Iota

Valdosta State University
Alpha Phi Omega Promotes
Healthy Living

Tau Mu

University of South Florida
The Heart Walk

Phi Sigma

Pontifical Catholic University of Puerto Rico
Volunteerism at the Santuario
Canita Animal Shelter

Psi Nu

Benedict College
Game Night
"Treat" Your Body Well

Psi Phi

Tennessee State University
APO Presents: Better Bodies

Omega Lambda

Fisk University
Get up and Move: Field Day

Alpha Alpha Epsilon

College of Charleston
Habitat for Humanity

Alpha Gamma Rho

Florida Institute of Technology
Healthy Living Week

Alpha Delta Lambda

Florida Atlantic University
Alpha Phi Omega BBQ

Alpha Delta Nu

Embry-Riddle Aeronautical University
APO Boy Scout Merit
Badge University

Alpha Delta Tau

Nova Southeastern University
Alpha Phi Omega's 5th Annual
Charity Date Auction

Alpha Epsilon Pi

Georgia Military College
Operation DVD

Albany State University

Interest Group

Albany State University
Campus Cleanup
Salvation Army Feed the Needy
APOrobics
Open Arms, Inc. – Home Cleanup
A Night with WiiFit

Cocker College Interest Group

Cocker College
Fun Fitness

Saint Leo University Petitioning Group

Saint Leo University
Fraternity Study Hall

Region V

Beta

University of Pittsburgh at Pittsburgh
Schenley Park Work Day

Kappa

Carnegie Mellon University
18th Annual Fall Food Drive



Region V Highlight

Alpha Zeta

University of Kentucky
Gleaning with Faith Feeds

Alpha Zeta Chapter at the University of Kentucky in Lexington picked the remaining produce at Reed Valley Orchard and donated it to God's Pantry food bank and various shelters. The chapter picked 222 pounds of squash and 1,026 pounds of pumpkin. Pictured: Aaron Samide, Asri Mumpuni, Kayla Powell, Allyson Hughes, Travis Spaulding, Gabby Kroon and Geraldine Goh.



Alpha Iota

Ohio State University
Alpha Iota Canned Food Drive

Delta Alpha

University of Cincinnati
Gorman Heritage Farm

Delta Gamma

Ohio University
National Service Week

Delta Theta

University of Louisville
Ultimate Frisbee Tournament

Epsilon Psi

Kent State University
Choose Your Charity
Dodgeball Tournament

Eta Upsilon

Marshall University
Operation Christmas Child

Theta Theta

Centre College
Soap and Sun with BDVP Kids

Theta Upsilon

Case Western Reserve University
Healthy Cooking with APO

Lambda Omega

California University of Pennsylvania
Get Fit

Mu Upsilon

Washington & Jefferson College
Assisted with the Greater Pittsburgh
Community Food Bank Fall
Food Share Drive

Mu Chi

Indiana University of Pennsylvania
M. K. Goddard State Park Cleanup
Zumba Class
Nutrition Program
Balls to the Wall Wallyball Tournament

Xi Upsilon

University of Mount Union
Raising Money for the Alliance
Neighborhood Center

Upsilon Beta

Saint Francis University
Flyers for Health
APO Kickball
Hanging Flyers for Health

Chi Sigma

Allegheny College
Section 64 Service Day

Omega Mu

Clarion University of Pennsylvania
Section Service Day

Alpha Alpha Pi

Westminster College
Haunted Bio Trail

Alpha Beta Mu

Grove City College
Maurice K. Goddard State
Park Cleanup

Alpha Beta Sigma

Robert Morris University
Healthy Living: Stress Workshop
Alpha Beta Sigma Focuses on
Health and Nutrition

Alpha Gamma Upsilon

Carlow University
Wellness Fair

Alpha Gamma Phi

Northern Kentucky University
Step to your Health

Alpha Epsilon Beta

Ohio Northern University
Campus-Wide Biggest Loser

Alpha Epsilon Eta

Concord University
Three Rivers Avian Center

Alpha Epsilon Theta

University of Akron
PB&J

Alpha Epsilon Chi

Bethany College
Healthy Wardrobe
Promotes Healthy Lives

Alpha Zeta Kappa

Eastern Kentucky University
Cub Scout Exercise Day

Alpha Zeta Rho

Defiance College
Alpha Phi Omega Promotes
Healthy Living: Improving
Nutrition and Exercise

Region VI

Mu

Indiana University
Brotherhood Weekend
Canned Food Drive

Sigma

Northwestern University
House Can Competition

Alpha Alpha

University of Illinois at Urbana-Champaign
Alpha Alpha National Service
Week Events

Alpha Gamma

Purdue University
Food Finders Food Donation Drive

Beta Beta

Michigan State University
UMOC-Ugly Man on Campus

Gamma Pi

University of Michigan Ann Arbor
NAP Invasive Species Removal

Gamma Phi

Western Michigan University
Cabin Cleaning at Rota-Kiwan

Delta Xi

Ball State University
National Service Week: Health
and Wellness

Delta Psi

Eastern Illinois University
APO Fights Back
Is it Just Sex???
Back to Fitness

Epsilon Beta

Central Michigan University
Free Rice

Epsilon Lambda

Michigan Technological University
Zumba/Canned Food Drive

Zeta Alpha

Bradley University
Bradley University Campus Walk

Zeta Gamma

Valparaiso University
Valplayso Park Cleanup

Zeta Pi

Wayne State University
Dinner at the Ronald
McDonald House

Eta Pi

University of Detroit Mercy
Sandwich Bus and Scarf Making

Eta Sigma

Illinois College
Healthy Lifestyle Bingo

Theta Epsilon

Illinois State University
Nutrition and Wellness Table

Iota Chi

Northern Michigan University
Tiger Cub Weekend

Lambda Rho

Augustana College
Association for Retarded Citizen's
Fall Party

Lambda Phi

Eastern Michigan University
Girls on the Run Mock 5K

Mu Nu

Western Illinois University
Healthy Living with APO

Nu Beta

Hope College
National Service Week –
Hope College

Omicron Tau

Alma College
Kids Night Out

Sigma Sigma

University of Illinois at Chicago
Swim Meets for the Kids at the
High Ridge YMCA

Tau Lambda

Rose-Hulman Institute of Technology
APO Free Rice Regional
Competition



CHAPTER NOTES

Upsilon Iota

DePaul University
Lincoln Park Community
Shelter Breakfast
Card Making for the Lincoln Park
Community Shelter

Pi Eta

Loyola University of Chicago
Pi Eta's National Service Week

Omega Epsilon

Illinois Wesleyan University
Freerice.com

Alpha Beta Omicron

Elmhurst College
Northern Illinois Food Bank and
Feed My Starving Children

Alpha Epsilon Omicron

Siena Heights University
Passionately Pink

Alpha Zeta Delta

Lake Forest College
Webelos Colleges

Alpha Zeta Iota

Grand Valley State University
Feeding America Fundraiser

Alpha Zeta Xi

Lake Superior State University
Fight World Hunger with Kids
Against Hunger

Alpha Zeta Omicron

Oakland University
Can Drive

Alpha Zeta Omega

Parkland College
National Service Week –
APO Promotes Healthy Living

Roosevelt University

Petitioning Group
Roosevelt University
Serving Breakfast at LPCS

Region VII

Alpha Epsilon

Louisiana State University
Alpha Phi Omega Presents
Promoting Health, Fitness, and
Diabetes Awareness

Alpha Omicron

Southern Methodist University
Lakewood PTA Fundraiser

Alpha Rho

University of Texas at Austin
Healthy Food Cooking
Demonstration

Beta Sigma

Texas Tech University
Health and Exercise Day

Gamma Kappa

Texas Christian University
Food Bank

Gamma Rho

University of North Texas
Promoting Nutrition

Gamma Upsilon

Tulane University
Healthy Living in New Orleans

Delta Pi

Trinity University
Week of Health and Fitness

Delta Omega

University of Houston
KIDS ZONE
Marathon Kids: Kickoff
Hermann Park Conservancy
Kids 1K Run

Epsilon Iota

Mississippi State University
Healthy Choices and
Diabetes Awareness

Region VII Highlight

Epsilon Omega

University of Mississippi
Young, Fit, and Fly

Epsilon Omega Chapter at the University of Mississippi in collaboration with the United Way's Leap Frog After-School Program. The project taught students about the importance of exercise, proper nutrition and positive self-image. The students also discussed the importance of reporting bullying. Brothers set up relay races, jump rope courses and taught the children how to play basketball. The chapter also donated exercise equipment and healthy snacks. Pictured: Jasmine Curtis, Chassidy Watson, Lacey George, Matthew Hudson and Dexavier Sturdevant working with the students.



Eta Chi

Hardin-Simmons University
Christmas in November

Nu Gamma

Texas State University – San Marcos
Alpha Phi Omega Rec Out

Nu Sigma

Stephen F. Austin State University
Get in Shape

Xi Delta

Texas A&M University
Canned Food Drive &
Diabetic-Friendly Baskets

Xi Omicron

Tarleton State University
Campus Beautification

Omicron Delta

McMurry University
Improving Nutrition and Exercise

Rho Lambda

Saint Edward's University
Healthy Pinewood Derby

Upsilon Eta

University of Texas at El Paso
National Service Week – Fall

Phi Xi

Austin College
Waterloo Race for Diabetes

Omega Gamma

Angelo State University
Fit for Service

Alpha Alpha Zeta

Saint Mary's University
Royal Classic Basketball Tournament

Alpha Gamma Kappa

Southwestern University
Field Day

Alpha Gamma Omega

University of Texas at San Antonio
Rock & Roll Marathon

Alpha Epsilon Zeta

University of Texas at Dallas
Fitness Awareness

Alpha Epsilon Tau

University of Dallas
Alpha Phi Omega Healthy
Habits Count

Alpha Epsilon Phi

Mississippi Valley State University
On the Other Side

Region VIII

Epsilon

Truman State University
Health and Exercise Stations

Alpha Eta

University of Missouri – Kansas City
Improving Nutrition and Exercise

Alpha Phi

Washington University
National Service Week –
Health Awareness!

Beta Eta

University of Missouri-Columbia
CMHS Dog Walk

Beta Mu

Missouri State University
Get Fit MSU Challenge

Beta Omicron

*Missouri University of Science and
Technology*
Ten for Joplin

Beta Pi

University of Tulsa
Get Fit

Beta Rho

University of Arkansas
Trick or Treat for Cans

Beta Psi

Southeast Missouri State University
Beta Psi's Week of Service

Gamma Theta

University of Colorado at Boulder
Boulder Homeless Shelter

Gamma Xi

Rockhurst University
Project Linus

Delta Beta

University of Oklahoma
Park Cleanup
Distribution: Green Tea &
Stress Balls
Distribution: Healthy Desserts
Regional Food Bank
Pinecone Classic 5K

Delta Delta

Saint Louis University
Make A Difference Day
APO Benefit Concert

**Delta Mu**

Pittsburg State University
Via Christi

Epsilon Xi

Colorado State University
The Great American Bake Sale

Epsilon Pi

*Southern Illinois University
at Edwardsville*
Eden Village
PetSmart Adoption
Animal Protection Agency
Highway Cleanup
Hope Center
SIUE Gardens

Zeta Tau

Central Methodist University
Alpha Phi Omega Health Fair

Theta Sigma

Oklahoma State University
Oklahoma State University's
Into the Streets

Kappa Chi

Creighton University
City Sprouts

Mu Pi

Colorado School of Mines
Castle of Cans

Sigma Alpha

University of Missouri-St. Louis
Alpha Phi Omega – Sigma Alpha
Promotes Healthy Living!

Chi Omega

McKendree University
Old School Field Night

Alpha Delta Sigma

Lindenwood University
Rainbow Village Service Day
SIUE Fall Service Day

Alpha Epsilon Epsilon

Henderson State University
Stepping for Nutrition

Region IX**Xi**

Iowa State University
Merit Badge University

Omicron

University of Iowa
Shop and Drop for the Johnson
County Food Bank

Omega

Drake University
Pound the Pavement

Alpha Lambda

North Dakota State University
Health Equipment Redistribution
Organization (HERO)

Beta Epsilon

University of Northern Iowa
6th Annual Wabuha
Basketball Camp

Beta Theta

University of Wisconsin-Madison
Healthy Meal and Movie Night
at Neighborhood House

Eta Beta

Simpson College
Life Serve Blood Drive

Epsilon Theta

University of North Dakota
North Dakota Museum of Art
Fall Art Auction

Eta Kappa

University of Wisconsin-Stout
National Service Week –
Healthy Living Table

Eta Lambda

University of Wisconsin-Eau Claire
Group Exercise Class

Iota Tau

Saint Olaf College
Three Links Retirement
Community Fall Bazaar

Mu Theta

Luther College
APO National Service Week

Nu Mu

University of Minnesota/Duluth
Mailing Donation Requests
for a Local Food Bank

Tau Upsilon

University of Wisconsin-Platteville
Exercise

Region X**Zeta**

Stanford University
Habitat Restoration
with Save the Bay

Chi

*University of California
at Los Angeles*
Feeding The Future

Alpha Delta

San Diego State University
San Diego Gaslamp Quarter
Historic Street

Alpha Kappa

University of Southern California
Prostate Cancer 5K

Gamma Beta

San Jose State University
Gamma Beta's National
Service Week Projects
Atria Senior Living

Gamma Gamma

University of California at Berkeley
Homeless Connect Health Fair

Eta Eta

Arizona State University
Cycling With Arizona
Disabled Sports

Theta Iota

University of Arizona
A Week of Service

Kappa Sigma

*California State University,
Sacramento*
TLC for Kids Sports

Mu Zeta

San Francisco State University
Food Allergies Rock!
Health & Fitness Tabling
Nutrition Workshop
SF Food Bank

Omicron Zeta

California State University-East Bay
Nutrition Tabling/Farmer's
Market Tabling

Rho Gamma

*California State University,
Long Beach*
Nutrition at Skid Row

Rho Rho

University of California-Irvine
Free Hug Campaign and Healthy
Living at Regina House

Omega Sigma

California State University, Fullerton
Fitness Fun Fair

Alpha Alpha Xi

University of the Pacific
Festival of Health

Alpha Gamma Nu

University of California, Santa Cruz
Blanket Making Service Event

Alpha Epsilon Nu

University of San Francisco
Alpha Phi Omega Challenges You
to Change the Way you Live!

Alpha Zeta Upsilon

University of Nevada, Las Vegas
Health Fair
NSW Flash Mob
APO Teaches Pre-school Fitness
Senior Zumba

University of California Santa

Barbara Petitioning Group
Backyard Bounty – Santa Barbara
Food Bank

Region XI**Gamma Alpha**

University of Washington
Crafts 4 Kids

Zeta Psi

University of Oregon
CASL House Construction

Nu Omega

University of Alaska Fairbanks
Health in Stages



Building a Future with Visions of the Past

“Alpha Phi Omega has been one of the defining parts of my college experience. I’ve grown tremendously as a leader and given hundreds of hours of service back to the community while making lifelong friendships with people who are passionate about helping their communities.”

– Brian L.

There are many aspects of college life that help define and shape the professionals that students will become. For Alpha Phi Omega brothers like Brian L., the leadership training, along with building lifelong friendships and passion for helping in the community, helped define the person he became after college.

These opportunities were made

available to Brian, and students like him, because of your role in APO, along with those who stood with you in preparing campus leaders for the future. APO would not be the fraternity it is today without your leadership, vision and loyal support. As we celebrate the initiation of the 400,000th member, we know current students are continuing to build on the great legacy you helped create.

The Fraternity has evaluated priorities for 2012, and we know they cannot be accomplished without your support. With revitalized passion, we will strive to keep student membership fees low this year and in the future while continuing to seek and provide effective leadership training opportunities. We will also work to enhance the Membership Academy to provide the best experience and preparation possible for our brothers.

Your generous support in 2012, combined with the support from other brothers, will help us to continue to provide APO chapter members with even greater experiences in the future. Many members are getting involved as a Torchbearer with a one-time gift of \$75 or 12 monthly gifts of just \$6.25. Please go to www.apo.org/pages/show/Support_APO to get started.

Thank you in advance for your continued generosity! ■



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- ☐ I have enclosed my check for \$ _____
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Torchbearer status is recognized for total gifts between August 1st and July 31st at the following levels:

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Continuing the Legacy of Alpha Phi Omega

"I can't imagine my life without my APO experiences, so I make a small donation each month in hope that thousands of others will get to have similar experiences. Donating by payroll deduction makes it easy to be a part of my budget each month!"

— *Lois Fegan Widmeyer,
Nu Delta '99*



Thank you to all of our sustained donors who have contributed to the Torchbearer Fund.

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Final Thought

“The work of today is the history
of tomorrow, and we are its makers.”

— *Juliette Gordon Low,*
Founder, Girl Scouts of the USA

