

# TORCH & TREFOIL

WINTER 2019

CELEBRATING

**5** FIVE HUNDRED THOUSAND  
MEMBERS

## INSIDE:

**CELEBRATING**  
**500,000 MEMBERS**

**NATIONAL SERVICE WEEK**  
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**NEW STRATEGIC**  
**PARTNERSHIP**

THE QUARTERLY PUBLICATION OF





# FROM THE FRATERNITY

*"Our task must be to free ourselves by widening our circle of compassion to embrace all living creatures and the whole of nature and its beauty."*

— Albert Einstein



Brothers,

As we close in on 94 years since our founding, together we can celebrate the significant progress Alpha Phi Omega has made as we initiate our 500,000<sup>th</sup> member. This is an incredible membership milestone for our Fraternity to reach. Frank Reed Horton envisioned growing from one person to a worldwide organization, and we are closer to that each day. We have had a presence on more than 700 chapters in the United States and one in Canada. We've also expanded by working with the APO – Philippines and their expansion efforts in Australia. As we grow and improve our communities, we take one more step toward the vision of becoming a worldwide organization.

Having the honor of being your National President is humbling as we welcome our 500,000th member. I am proud to be your brother and am moved by the work you all do to be a leader, be a friend and be of service. Now is a great time to be an active, alum and/or volunteer and with your help, we will work to continue expanding the reach and impact of the Cardinal Principles (page 10).

Along with hitting this groundbreaking membership mark, I want to thank all members who participated in National Service Week, focusing on diabetes awareness and education on campus. This theme touches close to home for me personally as I have family and friends with diabetes. Seeing the various service projects around the country is a meaningful display of the impact APO has on raising diabetes awareness (page 14).

As our membership grows, we continue to strengthen and welcome new partnerships. Our new strategic partnership with the Nonprofit Leadership Alliance (NLA) is an exciting opportunity for students and alumni to increase their nonprofit knowledge and skills (page 6). Originally, NLA was American Humanics founded in 1948 by H. Roe Bartle, a visionary who helped build the groundwork for APO. His belief that the most important determinant of nonprofit success is the quality of its workforce leaders makes this partnership a natural fit for both organizations. Both organizations have experience in developing tomorrow's leaders. Together, we will create a pipeline that addresses the need for talented and prepared social sector leaders through development training.

Thank you again for helping us reach 500,000 members, planting the seeds and creating the foundation of an organization that has thrived for almost a century. Let's celebrate this milestone while we continue to grow into a powerful force of servant leaders around the world. ■

Fraternally,

Robert M. Coop, P.E.  
National President



## NATIONAL OFFICE

1441 E. 104th Street  
Kansas City, MO 64131  
Telephone: 816-373-8667  
Website: [www.apo.org](http://www.apo.org)

E-mail: [director.communications@apo.org](mailto:director.communications@apo.org)

### EDITOR-IN-CHIEF:

Robert J. London, CAE

### EDITOR/GRAPHIC DESIGN:

Tara Adkins

### SUBMISSION DEADLINE:

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# TORCH & TREFOIL

WINTER 2019 • VOLUME 95 • NUMBER 4

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**10 Celebrating 500,000 Members**  
Alpha Phi Omega makes history by celebrating the initiation of its 500,000th member since founding - an achievement celebrated by no other Greek-letter organization.

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Thank you donors whose support helps sustain membership and growth.

## ALPHA PHI OMEGA TRIBUTE

*Unfortunately, it was brought to the attention of the Fraternity's National Office that a segment of our valued donors were not recognized properly in the 2019 Alpha Phi Omega Tribute to Donors. For this, we sincerely apologize and will work to correct this oversight. The generous support of our donors and the impact of their time, talent and treasure on this great Fraternity both today and tomorrow is greatly appreciated.*

*With that, the Fraternity would like to recognize and thank the following brothers who fulfilled their intended commitment to the Leaders in Service campaign.*

Jeremy Bingman  
Jennifer Carroll-Bigelow  
Melissa & Michael DeLuka  
David C. Kaelber  
Amy E. Kinnard  
George R. Kober

Jerold S. Marks  
Jack A. McKenzie  
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Diane L. Trafton

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Francis & Corey Weiss  
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Judith A. Wetherington

# NATIONWIDE FRATERNITY NEWS

## APO MEMBER PUBLISHES AWARD-WINNING NOVEL

Brother Jen (Galbavy) DeLuca (Zeta Beta '92) recently published her debut contemporary romance novel *Well Met* through Penguin Publishing Group's Berkley Books.

DeLuca's *Well Met* is about a woman who knew strings would be attached when she relocated to the small town of Willow Creek, MD, for the summer to help her sister recover from an accident. She surprisingly gets roped into volunteering for the local Renaissance Faire alongside her teenage niece. The irritating and inscrutable school teacher in charge of the volunteers annoys her incessantly, but she somehow finds thinking about him is impossible to stop.

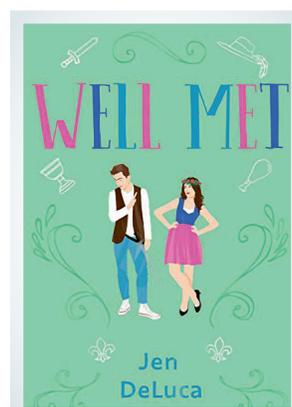
The faire is the schoolteacher's family legacy and from the start, he makes clear he doesn't have time for her lighthearted approach to life, her oddball Shakespeare conspiracy theories nor her endless suggestions for new acts to shake things up. Yet on the faire grounds, he becomes a different person, flirting freely with her when she's in her wench's costume. She can't determine if the attraction is real, or just part of the characters they're portraying.

The summer was only supposed to be a pit stop on the way to somewhere else for her, but soon she can't seem to shake the fantasy of establishing something more with the man or a

permanent home of her own in Willow Creek.

The highly praised *Well Met* has received the August 2019 Book of the Month Club pick and the September 2019 LibraryReads pick. DeLuca is a proud member of the Central Florida Romance Writers (CFRW) and the Romance Writers of America (RWA).

DeLuca was born and raised near Richmond, VA, but now lives in Central Florida with her husband and a houseful of rescue pets. *Well Met* is her first novel, inspired by her time volunteering as a pub wench with her local Renaissance Faire. ■



## APO DATELINE

### JANUARY

- 1/17-18:** Area C Conference - Norman, OK
- 1/17-18:** Area AB Conference - Fullerton, CA
- 1/20:** Martin Luther King Jr. Day
- 1/24-26:** Operational Council Meeting

### FEBRUARY

- 2/14-16:** Serve - Knoxville, TN
- 2/14-16:** Serve - Sacramento, CA
- 2/28-3/1:** Section L1, L2, L3 Conference

### MARCH

- 3/13-15:** Serve - Hartford, CT
- 3/27-29:** Section G1, G2 Conference
- 3/27-29:** Section J3, J4 Conference
- 3/27-29:** Board of Directors Meeting

### APRIL

- 4/3-5:** Sections N1 & N2 Conference
- 4/11:** Sections B1 & B2 Conference
- 4/15:** Charter Reaffirmation & Annual Membership Dues due
- 4/17-19:** Spring Youth Service Day

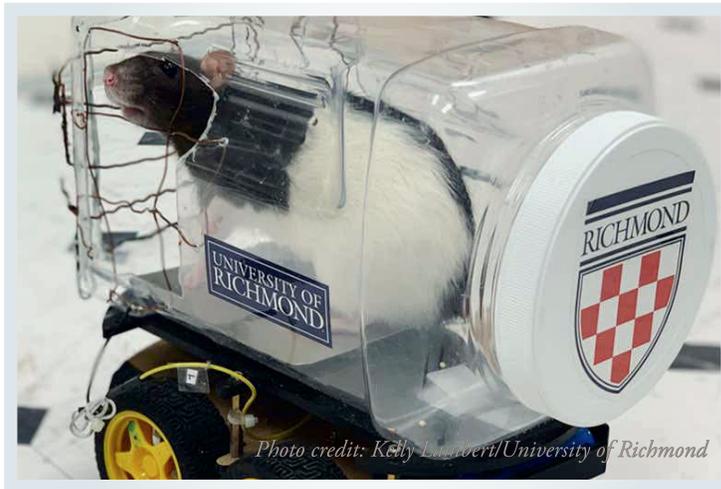
Visit [www.apo.org/calendar](http://www.apo.org/calendar) for a complete list of deadlines and events.

## APO MEMBER MAKES SCIENTIFIC BREAKTHROUGH WITH DRIVING RATS

### RESULTS COULD LEAD TO ADVANCING MENTAL HEALTH TREATMENT

Brother Laura Knouse (Omicron Phi '98) and her team of researchers at the University of Richmond trained rats to master the art of driving a tiny car to collect food, suggesting that their brains are more flexible, adaptable and sophisticated than originally thought.

According to *New Scientist*, Knouse and her colleagues constructed a tiny car out of a clear plastic food container on wheels with an aluminum floor and three copper bars functioning as a steering wheel. When the rat stood on the aluminum floor and gripped the copper bars with its paws, it completed an electrical circuit that propelled the car forward. Touching the left, center or right bar steered the car in different directions. Knouse and her team taught the rats steering maneuvers by rewarding them with Froot Loops at increasingly distant points around the area.



“This study showed that, using time-tested behavioral procedures patiently applied, we could teach these animals relatively complex sequences of behavior involving the use of a device to navigate their environment,” Knouse said.

Not all of the rats in the experiment learned the same way. The type of environment the rats were surrounded by affected the way they learned. Animals raised in enriched environments compared to those raised in typical, austere “lab rat” conditions learned these complex behaviors faster. Therefore, the quality of the environments where the rats lived, as well as their day to day experiences in these environments, may have increased their capacity to learn new behavior.

Rats trained to steer the devices were able to flexibly navigate their environment using specific behaviors that they were not originally taught.

“The steering study very much showed the complexity of

behavior these animals are capable of, given the right training conditions,” Knouse said.

Those that excelled in driving faster showed lower stress levels, proving they receive some satisfaction from mastering a new, difficult task in a more challenging, dynamic lifestyle.

“The study provides additional evidence that the quality of environments and experiences can enhance capacity for learning new skills,” Knouse said. “In addition, the study demonstrates that, with the right training, the rats are capable of learning much more complex behaviors than are typically used in traditional laboratory experiments. These behaviors might be useful in future experiments—for example, to study the effect of neurodegenerative disease on spatial navigation skills or other complex behavior.”

Knouse and fellow researchers will take the study’s results and now move on to more complex tests. The data gathered from observing rats and their ability for their brains to adapt and learn new tasks may potentially be used to help study the effects of Parkinson’s disease and depression and advance human mental health treatment.

Knouse’s excitement for knowledge and behavioral research stems from her time as an undergraduate studying psychology and her involvement with APO.

“APO was an integral part of my experience as an undergraduate,” Knouse said. “Being part of a community of intelligent, caring and engaged brothers gave me a sense of belonging, which research has shown is critical to both academic and social engagement. And my brothers are still some of my best friends.”

*More information about the study can be found by searching for “Enriched Environment Exposure Accelerates Rodent Driving Skills” at [www.sciencedirect.com](http://www.sciencedirect.com). ■*

# NEW STRATEGIC PARTNERSHIP



**Nonprofit Leadership Alliance**

Alpha Phi Omega and the Nonprofit Leadership Alliance (NLA) are joining in a new partnership that will offer students leadership and professional development training in social sector volunteer and career fields. Existing and future APO members will now have access to the Alliance's exclusive Certified Nonprofit Professional (CNP) credential. The CNP is a unique leadership training program that prepares students for successful nonprofit careers through education, coaching, service and connections to the nonprofit workforce.

"With Leadership as one of our three Cardinal Principles of APO, the strategic alignment with the Alliance represents a natural progression in our long history," said Executive Director Bob London, CAE. "This partnership will bring our students access to additional leadership and professional development training, coaching and career preparation that will set them on a path to success as either a nonprofit professional or volunteer."

The Alliance has been developing nonprofit leaders for more than 70 years through its Certified Nonprofit Professional program. Independent research shows that CNPs are seven times more likely to reach a leadership position as compared to non-CNPs who have similar career paths and educational experiences.

"The Alliance and APO share a common vision and purpose: To build effective 21st Century leaders," said Susan Tomlinson Schmidt, CNP, President of the NLA. "Both organizations have proven track records...the Alliance for building nonprofit leadership capacity and APO for engaging a tremendous network of service-minded individuals. Together, we will create a pipeline that addresses the need for talented and prepared social sector leaders."

The Alliance was started more than 70 years ago by former Kansas City Mayor and APO Past National President H. Roe Bartle and a group of other visionaries who believed that the greatest determinant of nonprofit success was the quality of its workforce. Its CNP program operates on nearly 40 campuses across the country. Past President Bartle was instrumental in the expansion of APO during its early years, implementing strategies that supported chapter growth and organizational sustainability. To learn more about NLA, please visit [www.apo-cnp.org](http://www.apo-cnp.org). ■

**50%**

CNPs REMAIN IN THE NONPROFIT SECTOR 50% LONGER THAN NON-CNPs.

**7x**

CNPs ARE 7X MORE LIKELY TO REACH A DIRECTOR LEVEL OR HIGHER POSITION AT A NONPROFIT ORGANIZATION THAN NON-CNPs.



**CNPs ARE EDUCATED.**  
Of the CNPs who list education on their profile, 43% have received a master's or doctorate degree.



**CNPs GET PROMOTED.**  
More than one in four CNPs have a position of director or above at their current employer.



**CNPs HAVE AMBITION.**  
Top job titles among CNPs include executive director, founder, volunteer, CEO and president.



**CNPs ARE VERSATILE.**  
Top industries with CNPs include nonprofit organization management, higher education, education management, hospitals and health care.



**CNPs ARE TALENTED.**  
Top skills listed among CNPs include fundraising, public speaking, community outreach and event planning.

\*Statistics from the LinkedIn report: *Launching a Nonprofit Career: A Proven Method for Training the Next Generation of Nonprofit Leaders*, provided by NLA.

# 50 YEARS OF RUNNING FOR AUTISM

For 50 years, Lambda Omicron Chapter at West Virginia University has raised more than \$500,000 all by running for autism awareness.

This past fall, members, alumni and community volunteers gathered on the outskirts of Pittsburgh in several packs and ran more than 65 miles in 13 hours into West Virginia. The chapter's 50th Annual Run for Autism is dedicated to raising money for the Autism Society of Pittsburgh, an organization that advocates for individuals with Autism Spectrum Disorder (ASD) and their families.

"This is my favorite project our chapter participates in because I am so passionate about the cause and the organization," Vice President of Service Cat Ishimasa said. "It is an amazing opportunity to spend time with your brothers and help make the world a better place for those with ASD."

Each year, members wake up just before dawn and gather into groups of two or three runners. Drivers line their cars along the route to begin the event. Runners carry an American flag and a wooden puzzle piece to represent autism awareness while they run relay-style to the next car. Many run for a short sprint, between 15-20 feet, before passing the items to

the next group of runners and getting in the car to head to the front of the line to repeat until they cross the finish line.

The event originally began as a way to raise autism awareness and donations while commemorating the annual Backyard Brawl, a longstanding football rivalry between West

Virginia University and the University of Pittsburgh. The chapter would carry the game day ball during the run and deliver it to the stadium before kick off.

The run is the chapter's largest and most impactful event each year, bringing members of the community together through service. With so many logistics involved, the event requires planning for the next event immediately after the last concludes and continues throughout the year.

Donations to support the project come from the chapter's alumni and other chapters throughout the region. Many other chapters have participated in the event throughout the

years, strengthening the bond of APO brotherhood.

"If you ask any brother who participates, they will tell you that cold weather, rain and long days are worth it when you make it to the finish line," Ishimasa said. "To me that is what being a brother of APO is about—devoting your time and effort to bettering the world around you and helping to make a positive difference in the lives of others." ■



# WELCOME NEW MEMBERS

CELEBRATING THE NEW PLEDGE OR NEW MEMBER CLASSES OF FALL 2019



**ALPHA GAMMA DELTA, SUNY NEW PALTZ, WELCOMED 12 NEW MEMBERS**



**ALPHA DELTA UPSILON, SAGINAW VALLEY STATE UNIVERSITY, WELCOMED 11 NEW MEMBERS**

The fall semester is a busy time for chapters. Although many welcome pledges or new members throughout the entire school year, the fall semester is when The Fraternity sees the most pledge or new member classes. This is an occasion to celebrate every year, but this year, doing so is more important than ever. Alpha Phi Omega has initiated its 500,000<sup>th</sup> member, an achievement that no other Greek letter organization has achieved to this date! We reached this milestone because of all the great recruitment work the chapters have done. Now is the time to celebrate and congratulate the pledges and new members who joined the Fraternity this semester!

Here are just a few photos of activities chapters have done to strengthen shared connections. Welcome, new members! ■



**BETA LAMBDA, INDIANA STATE UNIVERSITY, WELCOMED 20 NEW MEMBERS**



**ALPHA LAMBDA**, NORTH DAKOTA STATE UNIVERSITY, WELCOMED 6 NEW MEMBERS



**ALPHA GAMMA PI**, UNIVERSITY OF MAINE AT FARMINGTON, WELCOMED 9 NEW MEMBERS



**NU ALPHA**, QUINNIPIAC UNIVERSITY, WELCOMED 21 NEW MEMBERS



**ALPHA DELTA TAU**, NOVA SOUTHEASTERN UNIVERSITY, WELCOMED 21 NEW MEMBERS



**ALPHA BETA ZETA**, RADFORD UNIVERSITY, WELCOMED 15 NEW MEMBERS



**OMICRON UPSILON**, WEST CHESTER UNIVERSITY OF PENNSYLVANIA, WELCOMED 5 NEW MEMBERS

# CELEBRATING 500,000 MEMBERS

In 1925, one man had a vision of changing the lives of our youth throughout the world. Today as we initiate our 500,000<sup>th</sup> member, we celebrate Frank Reed Horton's original dream by coming together through shared connections and varying backgrounds to better the world.

As we celebrate this momentous milestone together, each brother has the opportunity to reflect on the rich and remarkable history of our Fraternity and create an even greater vision of our unified future for years to come. Reaching 500,000 initiated members since our founding – an achievement like no other Greek-letter organization – signifies the impact Alpha Phi Omega has by providing impactful service to communities all over the world. The more members we recruit, the more leaders we can develop through shared connections that can allow APO to become the shining light of positivity that can change the current adverse culture of our world.

We often recall our founder's vision to create a fraternity that was revolutionary and progressive, focusing on the fellowship of principles derived from the Scout Oath and the Law of the Boy Scouts, setting high standards for all members to follow.

The Cardinal Principles, to develop Leadership, to promote Friendship and to provide Service to humanity, allow APO to further the freedom that is our national, educational and intellectual heritage. These principles set the foundation for the growth and success of becoming the nation's largest

premier service-based organization on college campuses today—Alpha Phi Omega—500,000 members strong.

APO's member-led service and outreach efforts have benefited numerous communities in desperate need of help. These experiences and connections that members share become the moments and opportunities that unite brothers together as one, allowing the Fraternity to continue to create and foster the next generation of leaders.

Looking forward, we must create a roadmap for developing a sense of direction so we can continue to grow as leaders through service. What new goal can we achieve? How will we influence the next chapter in APO's history? How are we going to rally together to ensure we become stronger, more diverse and impactful?

As we continue to grow, APO can create a larger, louder voice within our communities and our world for positive change. We should commemorate and celebrate the 500,000 members who pioneered the groundwork for building brotherhood and the Fraternity while preparing and leading for the generations yet to come.

As we celebrate this milestone, let's embody our Cardinal Principles, expand APO-led service and embrace the opportunity to propel Alpha Phi Omega forward in ways no other organization has yet achieved. ■



Chapter Officers at Conference Hosted by H. Roe Bartle - 1930



Alpha Zeta at the University of Kentucky  
Thanksgiving Basket Drive - 1949



Gamma Xi at Rockhurst University  
Traveling to National Convention - 1972  
WINTER 2019

I strongly believe that [reaching 500,000 members] enforces our motto of 'Be a Leader, Be a Friend, Be of Service' since there are never enough volunteers. Therefore, to build a community nationwide that provides a greater outreach for those who truly need it, it is outstanding that we initiate these many people who are willing to put others before themselves and make a greater impact across the country.

— Yatzany Resendiz-Rivera, Pi Eta '19  
Newly Initiated Member

The American Cancer Society is honored to be a partner with Alpha Phi Omega who, gratefully, has been a longtime supporter of ACS. Reaching the monumental 500,000-member mark is so meaningful to us as we continue to align in achieving our lifesaving mission to lead the fight for a world without cancer. Giving back to the communities where we live is a cornerstone of our partnership, and we look forward to welcoming even MORE members to our family of volunteers!

— Cynthia Makel, Account Manager Corporate Relations  
American Cancer Society - APO Partner

Half-a-Million! Growing from one person's idea to 500,000 brothers improving their communities and in turn, the world, is an amazing accomplishment. I am honored to be National President for this milestone, and I am proud of our brothers.

— Robert M. Coop, P.E., Tau Omicron '91  
National President

Because of the profound impact that APO has had on my life, initiation of our 500,000<sup>th</sup> member makes me both proud that we have reached this milestone and optimistic about what it means for the future. APO prepares college students to be leaders in service to others. The prospects for a better world ahead improve every time we initiate a new member into Alpha Phi Omega.

— Jack A. McKenzie, Gamma Lambda, '73  
Past National President

Most nonprofit organizations never get past their fifth birthday, and even fewer have the staying power to accomplish something so momentous as this milestone. But the legacy of APO is not just the 500,000 civic leaders who are part of its ranks, but the hundreds of thousands of communities that benefit from their contributions.

— Susan Tomlinson Schmidt, CNP, President  
Nonprofit Leadership Alliance - APO Partner

Achieving the 500,000-member milestone is a reflection of the importance that so many people place on the cornerstones of APO — Leadership, Friendship and Service. The three ideals have carried me through my college years, through my work career and are still important during my retirement years. They are what make APO timeless and far-reaching."

— Lou N. Triandafilou, Delta Rho '70  
Leaders in Service donor, Torchbearer, Society of Life Member

As a milestone, 500,000 might be just a number, but it is a good time to pause and reflect how far we have traveled since our founding. Let us celebrate the substantial impact our members have from being part of such a large service organization. My belief is that Alpha Phi Omega National Service Fraternity expands our engagement and contributes in making the world around us a little better every day!

— Paul V. Louie, Zeta Beta '86  
2018 Fall National Pledge Class Namesake Honoree

To see Frank Reed Horton's ideas spread to over half a million people and think of the impact those people have had on our world is amazing. I am proud to be a part of an organization that seeks to improve the world we live in and to provide a higher level of humanity.

— Melody A. Martin, Delta Alpha '97  
National Vice President

Knowing that I have brothers all over has given me a sense of motivation. I always feel like I have someone pushing me to become better and do more service. With the organization being so large, it has created opportunities that I never had prior to becoming a brother.

— Kennedy Carter, Pi Epsilon '18  
Chapter President



Rho Gamma at California State University, Long Beach  
Kaleidoscope Carnival Fundraiser - 1991  
WINTER 2019



Omicron Nu at the University of Puerto Rico/ Rio Piedras  
National Service Week - 2009



Tau at the University of Florida  
Repurpose Project - 2019  
TORCH & TREFOIL ■ 11

# 500,000 MEMBERS MILESTONES

Take a look back at the Fraternity's membership milestones throughout its rich history as we celebrate reaching 500,000 members. Let's keep the momentum going to reach the next milestone so Alpha Phi Omega can be a greater, more diverse and impactful Fraternity, rallying together to bring even more hours of service to our communities to change more lives.

## 100,000

### DONALD A. SWAYZE

Initiation Date: April 20, 1967  
 Chapter: Theta Eta  
 School: Kansas City University of Medicine & Bioscience  
 Chapter Fact: One of the host chapters for the 1962 National Convention in Kansas City.  
 Member Fact: Birthday is Dec. 7, 1941 - Pearl Harbor  
 Total # of Members: 883

## 200,000

### ANGELA M. CLEMENTS

Initiation Date: Feb. 3, 1988  
 Chapter: Kappa Iota  
 School: Hanover College  
 Chapter Fact: Chapter originally chartered in 1952; rechartered in 1981 and closed again 1995.  
 Total # of Members: 98

## 250,000

### LESLIE A. GILLIUM

Initiation Date: Dec. 5, 1993  
 Chapter: Theta  
 School: University of Virginia  
 Chapter Facts: Hosts ongoing Saturday morning, three-hour service projects including:

- Habitat for Humanity
- Ronald McDonald House Charities
- Gallastar Equine Center
- Morven Kitchen Garden
- Bellair Farm

Total # of Members: 1,752

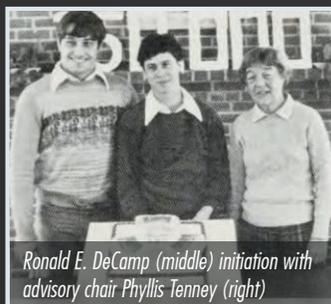
## 150,000

### RONALD E. DECAMP

Initiation Date: Dec. 3, 1977  
 Chapter: Phi Epsilon  
 School: Maine Maritime Academy  
 Chapter Fact: Hosts many annual community service projects including:

- Castine Haunted House and Trick or Treat for children
- Castine Easter Egg Hunt for children
- Park Clean Up at Acadia National Park

Celebrated 50<sup>th</sup> Chapter Anniversary on May 9, 2019  
 Total # of Members: 599



Ronald E. DeCamp (middle) initiation with advisory chair Phyllis Tenney (right)



Theta Chapter at Bellair Farm

1



### FRANK REED HORTON

Founding Date: Dec. 16, 1925  
 Chapter: Alpha  
 School: Lafayette College  
 "Alpha Phi Omega can help bring about that standard of international understanding and friendship that will lead to a better, more peaceful world in which to live and in which to make a living and a life."

# 300,000

## JOHN VANCE BARR

Initiation Date: April 16, 2000

Chapter: Theta

School: University of Virginia

Chapter Facts: Initiated 100% of the 26 person fall pledge or new member class.

- Received the Diamond Pledge Program of Excellence award in 2017 and 2019 and the Chapter of Excellence award in 2019
- Received a 2017 Youth Service Grant for the Meriwether Lewis Elementary School Garden project

# 400,000

## MELINDA ASHE

Initiation Date: Nov. 20, 2011

Chapter: Theta Upsilon

School: Case Western Reserve University

Chapter facts: 11 pledges or new members this spring and 10 initiates last year

- Hosts the Annual March for Marfan 5K
- Received a 2019 Youth Service Grant for their work with Project Linus
- Received Joseph Scanlon National Certificate of Merit for total membership growth in 2018

Total # of Members: 1,072

# 500,000

**CHECK OUT THE  
SPRING 2020 ISSUE  
AS THE FRATERNITY  
INTRODUCES  
THE 500,000TH  
MEMBER!**

# 350,000

## ROBERT BERO

Initiation Date: Dec. 4, 2006

Chapter: Rho

School: University of North Carolina at Chapel Hill

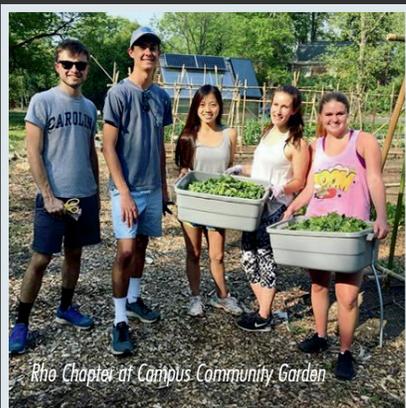
Chapter Facts: 44 initiates last year

- Received the Joseph Scanlon National Certificate of Merit for total membership growth in 2018 and 2019

Hosts service projects including:

- Farmer Foodshare
- Campus community garden
- Crescent Green Bingo

Total # of Members: 2,874



Rho Chapter at Campus Community Garden

# 450,000

## KAITLYN WARREN

Initiation Date: Nov. 13, 2015

Chapter: Alpha Pi

School: University of Miami

Chapter Facts: 18 new pledges or new members this fall and 63 initiates last year

- Hosts a regular beach clean up activity with several other organizations
- Partners with Salvation Army for service projects
- Received the Pledge Program of Excellence award in 2014

Total # of Members: 484



Alpha Pi Chapter volunteering for Salvation Army

Total # of members denotes the accumulated chapter members since chapter's founding.



# NATIONAL SERVICE WEEK

By Hannah Pinson, Marketing & Events Intern

Every year, Alpha Phi Omega designates the first week in November as National Service Week (NSW). This tradition has been going on for 40 years and is one in which the Fraternity takes great pride. Chapters, members and alumni take part in NSW all over the country and the world, bringing service to many deserving people. The theme for this year was “Diabetes Education and Awareness on Campus.” There are so many ways to increase awareness and serve the community of people in this country with diabetes and many chapters came up with a variety of creative projects. So far, more than 200 chapters have reported a NSW project. Below are a few of those projects.

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Brothers of **ALPHA ALPHA DELTA CHAPTER** at Salisbury University educated the campus about diabetes through a jeopardy game. The categories of questions included topics like pre-diabetes, Type 1 and Type 2 diabetes and facts about insulin. In addition to running the game, brothers also handed out brochures with more information on diabetes to the people of Salisbury.

Brothers of **THETA CHI CHAPTER** at the George Washington University were able to volunteer at the JDRF Hope Gala in the National Building Museum in Washington, D.C. On Nov. 2, the chapter sent 23 pledges or new members and active members to assist with the gala. While in attendance, members helped with items such as seating guests for dinner, running the live auction and cleaning up afterwards. Theta Chi also hosted programs throughout the week, including diabetes advocacy programs and a letter writing activity with letters addressed to those living with diabetes.

At Old Dominion University, **ALPHA BETA OMEGA CHAPTER** did a week of tabling on campus. Each day of tabling was assigned a different theme, such as

“heart day” or “hope day.” Chapter President Claudia Fernandez estimates about 400-500 students visited the table, many visiting multiple days throughout the week. One Old Dominion student who was especially touched by the project told Fernandez, “I have Type 1 diabetes and to see a group spreading awareness and facts about it makes me feel good. It’s nice to know other people care, and we aren’t alone in this battle.”

Brothers of **EPSILON ETA CHAPTER** at the University of West Georgia held a diabetes screening with the Diabetes You Can Win Foundation. The founder and CEO of the foundation, Lisa Graham, is a nurse who spoke on campus about diabetes awareness and ran diabetes screenings. Chapter President Jonathan Davidson explained his chapter chose this project because they “wanted to bring awareness to campus because many students are not aware of the symptoms and signs of having diabetes.” Graham and a nurse practitioner were there for the entirety of the program to answer any questions that participants had, as well as give information to more than 100 students who stopped by.

**DELTA GAMMA CHAPTER** at Ohio University partnered with an organization that serves people with diabetes in the area to hold a 5K. In addition to encouraging people on campus to register and participate in the 5K, brothers had numerous efforts throughout the week to raise awareness for diabetes. Many brothers passed out handmade ribbons to the students around campus, as well as shared facts on social media and at an education table. Delta Gamma also painted a wall on campus to increase awareness and donated raised funds to the American Diabetes Association.

At Dickinson College, members of **ALPHA GAMMA ALPHA CHAPTER** focused on raising awareness in the form of having conversations with students on campus.

Every day of the week, the chapter came together on campus and encouraged students to participate in a discussion and ask questions. The topics of conversation ranged from facts about diabetes to how those with diabetes manage their everyday challenges. On Friday during NSW, the entire chapter wore blue, the universally accepted color of diabetes, to show solidarity behind diabetes awareness.

**LAMBDA DELTA CHAPTER** at New Jersey Institute of Technology worked to spread awareness about diabetes both on campus and in the surrounding community. On campus, brothers hosted a breakfast for students to teach the importance of mindful eating in the prevention and management of diabetes, as well as presented other information about the prevention of diabetes. In the community, Lambda Delta members worked with local schools to educate students about diabetes. The chapter taught students about the importance of good foods and exercise in their overall health and wellbeing.

At the University of Iowa, **OMICRON CHAPTER** participated in three service projects, all centered specifically around Type 1 diabetes. First, members hosted a health-focused bake sale on campus. All funds raised at the bake sale were donated to T1 International, a nonprofit organization that serves people with Type 1 diabetes around the world. The chapter then used chapter funds to make emergency kits for schools with students with Type 1 diabetes, including items like glucose tablets and batteries. Finally, chapter members volunteered at a JDRF Type 1 Diabetes Awareness Summit.

Each year, APO brothers engage in meaningful and impactful service projects during National Service Week. The Fraternity is proud to serve such an important cause as diabetes awareness and is equally proud to have members who are fully committed to serving others. Thank you to all who participated in a project for diabetes awareness this year. ■





# CHAPTER NOTES

See what great Leadership, Friendship and Service projects chapters have showcased to inspire others through Instagram and Facebook.

## REGION A



*Omicron Zeta Chapter at California State University, East Bay*

**aphiooz** Thank you to everyone who came out and wore pink. As well as everyone who came out to support our pledges as they did PledgeComm takeover!

## REGION B



*Alpha Delta Chapter at San Diego State University*

**aposdsu** We hope everyone had fun doing service, attending fellowships and working on their leadership skills! Our event for this week was the Corgi Beach Day!

## REGION C



*Alpha Phi Chapter at Washington University*

**apo\_wustl** Our lovely volunteers at the JDRF One Walk on an early Sunday morning.

## REGION D



*Beta Sigma Chapter at Texas Tech University*

**ttuapo** 5...4...3...2...LIFT OFF!!  
BSA Rocket launch

## REGION E



*Iota Tau Chapter at Saint Olaf College*

**stolaf\_apo** YMCA Zombie 5K volunteer crew

## REGION F



*Pi Eta Chapter at Loyola University of Chicago*

**apopieta** We recently revisited one of our favorite events, Pumpkins in the Park. We helped with keeping the run organized.

## REGION G



*Alpha Delta Upsilon Chapter at Saginaw Valley State University*

**apo\_svsu** Our bros had a blast at Zoo Boo! We love volunteering and helping out the Saginaw Children's Zoo with their holiday festivities!

## REGION H



*Alpha Epsilon Theta Chapter at the University of Akron*

**uakron\_apo** Happy Make a Difference Day! We had a great time getting to help out our local Akron community today!

## REGION I



*Lambda Alpha Chapter at East Tennessee State University*

**etsuaphio** We helped out @riseupforkids with their fall refugee roundup and had a blast!



REGION J



*Gamma Upsilon Chapter at Tulane University*

**alphaphimegatulane** Our brothers and pledges had a great time volunteering with @greenlightneworleans this past weekend!

REGION K



*Tau Mu Chapter at the University of South Florida*

**apotaumu** There was no lion around today at Big Cat Rescue.

REGION L



*Alpha Eta Nu Chapter at Furman University*

**apoatfurman** Beautiful morning to get our build on at Habitat for Humanity.

REGION M



*Omicron Phi Chapter at the University of Richmond*

**urichmond\_apo** Saturday Smiles for our bros loving one of our consistent Friday service projects: United 2 Heal.

REGION N



*Alpha Alpha Delta Chapter at Salisbury University*

**apo\_salisbury** APO has collected over 200lbs of recycling for Recycle Madness!

REGION O



*Iota Kappa at Bucknell University*

**apobucknell** Our brothers had a good time repping APO at the Setebaid 5k this weekend in beautiful fall weather and matching APO sweatshirts.

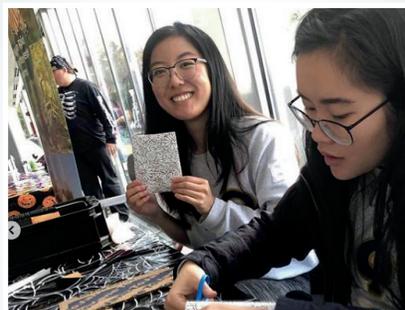
REGION P



*Beta Iota Chapter at New York University*

**apo\_nyu** In spirit of solidarity and leadership, brothers and pledges took to the streets to participate in the A21 Walk for Freedom.

REGION Q



*Epsilon Sigma Chapter at SUNY at Buffalo*

**apoepsilonsigma** We'd like to thank the University Heights Arts Association for letting us join and help provide art activities to children and families.

REGION R



*Zeta Upsilon at Boston University*

**apozu** Here are some pictures of our bros at Boo at the Zoo. We loved making so many kids smile!

# LAUNCH ON-DEMAND

APO LEADS has been Alpha Phi Omega's premier leadership development program for more than 10 years. Together, the five modules of this program provide brothers with a skill set to be better leaders throughout their chapter experience and life beyond APO. For the first time in the program's history APO LEADS Launch is available on-demand through APO's online learning center.

The Leadership Development Committee, led by Chair Matthew C. Rom, Ph.D., (Delta Beta '04) worked diligently to adapt the in-person and webinar versions of this course to an on-demand course that holds the same educational benefits as the previous delivered methods, but is further evolving to meet the needs of current and future members. Providing Launch to APO brothers on-demand is an exciting step in the program's future and represents the committee's commitment to providing a curriculum that is current and relevant to today's students.

"I am excited Alpha Phi Omega is providing Launch in an on-demand format. Actives, pledges or new members and alumni now have the ability to complete this essential course on

their schedule with the flexibility to start and stop as needed. The new format allows the Fraternity's premier leadership development program to be more accessible than ever before," Rom said.

Launch provides the framework for all leaders in APO by examining leadership traits as they relate to our common bond—the Cardinal Principles of Leadership, Friendship and Service. The course explores the characteristics of the Servant Leadership philosophy, a set of skills that aligns with Alpha Phi Omega's mission and vision. APO brothers, actives and alumni are encouraged to complete Launch as the first step in their personal leadership development odyssey.

"The on-demand course is a great introduction to leadership and required active thinking and comprehension of the material," one Launch participant noted. "I loved it and am excited to continue on with APO LEADS."

Launch on-demand can be accessed by all members through their member account at [www.apo.org/leadership-development/launchondemand](http://www.apo.org/leadership-development/launchondemand). ■

**APO** LAUNCH  
on demand

**1,025**

PEOPLE HAVE COMPLETED LAUNCH ON-DEMAND

**4,300**

PEOPLE HAVE COMPLETED LAUNCH SINCE THE START OF THE PROGRAM

**700**

PEOPLE HAVE COMPLETED ALL FIVE COURSES SINCE THE START OF THE APO LEADS PROGRAM

**1.5**

HOURS TO COMPLETE THE ON-DEMAND VERSION VS. THE THREE HOURS IT TOOK TO COMPLETE THE WEBINAR/IN-PERSON VERSIONS

**Yes! I will support APO's Torchbearer Fund!**

- I have enclosed my check for \$ \_\_\_\_\_
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**PREAUTHORIZED SUSTAINED GIVING:**

Winter 2019

(Please select one):

- Monthly on the 1st  Monthly on the 15th
- Quarterly on the 1st  Semi-Monthly on the 1st & 15th

(Please select one):

- Electronic Funds Transfer (EFT)** I have enclosed a voided check and authorize my gift to be transferred from this bank account.
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(Please fill out the credit card box at the left.)

I authorize a gift amount of \$ \_\_\_\_\_ per pay period specified above to begin on \_\_\_\_\_ (date). I understand that I can SUSPEND my preauthorized giving at any time simply by notifying APO's National Office.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Save the stamp! You can also donate online by visiting [www.apo.org/give](http://www.apo.org/give)

Torchbearer status is recognized for total gifts between August 1st and July 31st at the following levels:

\$5,000+ Diamond Founder's Circle • \$2,500+ Gold Founder's Circle • \$1,000+ Silver Founder's Circle • \$500+ Diamond Torchbearer  
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# THANK YOU

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Thank you to all donors who helped us hit the momentous milestone of initiating 500,000 members since our founding.

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816-373-8667 x24

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Yes, I am interested in receiving email updates from the Fraternity

Winter 2019

MAIL TO:

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To update your contact information online,  
log in to the Members' Page at [www.apo.org](http://www.apo.org) and click "edit profile."

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**REGISTRATION OPENS SPRING 2020**