

TORCH & TREFOIL

FALL 2020

FALL PLEDGE CLASS NAMESAKE HONOREE:

DR. JAMIE CONOVER STEWART

JOHN MACK SCHOLARSHIP
RECIPIENTS

CHAPTER OF EXCELLENCE/PLEDGE
PROGRAM OF EXCELLENCE
AWARD RECIPIENTS

ALUMNI SERVICE



THE QUARTERLY PUBLICATION OF





FROM THE FRATERNITY

*"Optimism is the faith that leads to achievement.
Nothing can be done without hope and confidence."
Helen Keller*



Brothers,

I trust that this issue of the *Torch & Trefoil* finds you safe and healthy. Many of our members are resuming classes around the country, although that may look and feel different than in years prior. To help those members through the fall semester, whatever that may look like, we have made planning as adaptable as possible. Various chairs and committees, as well as our great professional staff, have worked many hours to prepare an array of resources so our chapters can be ready for several scenarios this fall.

Despite the unusual circumstances, I am confident that our actives and alumni volunteers are ready to grow Alpha Phi Omega in this academic year. Being a leader, being a friend and being of service are vitally important to our communities during these everchanging times. What are you doing to make your community better? We have a list of resources on our website that all members can utilize to find ways to serve their communities. These resources provide a variety of opportunities to make sure everyone can serve in a way that they feel safe and comfortable. In the past few months, I've liked to say, "maintain physical distance but stay social." Connecting socially with your community can be very simple. Reaching out to neighbors and friends is an easy way to brighten someone's day and bring the community together.

Service to our Fraternity is also important. One of the most important ways to serve is by growing APO. As our Fall Pledge Class Namesake Honoree, Dr. Jamie Conover Stewart, has stated in her challenge to this year's pledge class, we need to R.E.C.R.U.I.T.! I've known Jamie for many years, and she is always talking to potential members, actives and alumni about how to increase our membership. She is especially good at starting or re-starting chapters. Although her challenge is directed toward the pledge class, we should all work on trying to bring new members to the Fraternity.

There have been countless disruptions and challenges to how we function as a national fraternity, but I am confident that our members will rise to the occasion. As we lean on each other for help and support, remember our communities still need us to be serving them as we consistently have for the last 95 years.

"I like to encourage people to realize that any action is a good action if it's proactive and there is positive intent behind it." – Michael J. Fox

I have already asked but will again, what are you doing to make your community better?

In Leadership, Friendship and Service,

Robert M. Coop, P.E.
National President



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TORCH & TREFOIL

FALL 2020 • VOLUME 96 • NUMBER 3

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APO DATELINE

November

- 11/1-7: National Service Week
- 11/11: Veterans Day
- 11/15: National Service Week Reports Due
- 11/15: Fall Charter Reaffirmation Due
- 11/15: Annual Chapter Evaluation Due
- 11/15: Active Membership Dues (AMD) Due
- 11/15: H. Roe Bartle Award Applications Due
- 11/26-27: National Office Closed

December

- 12/1: Virtual Legislative Session Voting Delegate
Registration Deadline
- 12/16: APO Founder's Day
- 12/25: National Office Closed
- 12/28: Virtual Legislative Session
- 12/29: Regional Chair Elections
- 12/29: Virtual Officer Installation Ceremony

Visit www.apo.org/calendar for a complete list of deadlines and events.

NATIONWIDE FRATERNITY NEWS

NOTES FROM THE JUNE BOARD MEETING

The following notes were taken at the Alpha Phi Omega Board of Directors meeting on June 27, 2020:

The Board approved the amended agenda and adopted the consent agenda which included the approval of the minutes of the March 28, 2020, and April 3, 2020, meetings.

Strategic Discussion

Diversity and Inclusion

The Diversity and Inclusion Committee's proposal to change the diversity and inclusion goal was approved. The new goal is: Improve chapter climate by implementing supportive programs and initiatives that result in an appreciation for chapter openness and inclusivity by 2025. The National Board of Directors will approve metrics for measurement of success by July 1, 2021.

Board Work

The board approved a proposal for formation of a task force to develop the framework for Board work and eventual consideration of additional ways to promote and deliver the Cardinal Principles of Leadership, Friendship and Service.

ACTION ITEMS

Declaration of Inactive Chapters

On the recommendation of the appropriate regional chairs and the Membership Chair and pursuant to Article IX, Section 7 of the National Bylaws, the President declared the following chapters' charters null and void:

- Beta Zeta Chapter at the University of Georgia (Region J)
- Omega Mu Chapter at Clarion University of Pennsylvania (Region O)
- Alpha Eta Xi Chapter at Alvernia University (Region O)

Approval of Fiscal Year 2020-2021 Budget

The Board voted to approve the budget as amended.

Fraternity Operations and Policy Manual

The Board voted to approve two updates to Category V – Membership and Extension, Subcategory III – Extension, Policy – III. Domestic Extension Procedures and Process.

The Board voted to take action within 10 business days and to vote by electronic means on Category V – Membership and Extension, Subcategory III – Extension, Policy – II. Domestic Extension Requirements of Alpha Phi Omega so the submitting program committee could provide further rationale and make administrative adjustments before voting on the proposed amendment. *Board approved in their subsequent vote.*

Fall Pledge Class Namesake

The Board unanimously approved electing Brother Jamie Conover Stewart, Zeta Beta Chapter '87 at Virginia Polytechnic Institute & State University, as the 2020 Fall Pledge Class Namesake Honoree.

Convention Directives

President Coop provided an update on four Convention Directives.

1. Definition of Associate Member
2. Convention Process
3. Chapter Advisors
4. Chapter Membership System

NOTES FROM THE AUGUST BOARD MEETING

The following notes were taken at the Alpha Phi Omega Board of Directors meeting on August 22, 2020:

The Board approved the amended agenda and adopted the consent agenda which included the approval of the minutes of the June 27, 2020, meeting.

ACTION ITEMS

Virtual Legislative Session

The Board approved having a virtual legislative session on Monday, December 28, 2020.

RECRUITMENT HACK-A-THON

With social distancing measures in place on college campuses all around the country, many aspects of campus life are changing. Some campuses have even switched to entirely virtual operations for the semester. Recruitment, a social act by nature, must adapt to fit these new circumstances so the Fraternity can continue to grow.



On August 5 and 6, over 40 students and alumni met virtually to reimagine recruitment to fit the times. These participants met in small groups to come up with creative solutions to the biggest challenges that come along with

virtual recruitment. The recording of the presentations can be viewed at <https://bit.ly/2EAJ9IO>.

Thank you to everyone who participated in the 2020 Recruitment Hack-A-Thon. These participants presented innovative insights into the recruitment process and provided direction for chapters in the upcoming year. We're looking forward to seeing how all chapters adapt and continue to bring new service-minded leaders to APO!

Equity Journey

In partnership with the Nonprofit Leadership Alliance, APO was able to offer a course to members called The Equity Journey. This course was intended to encourage participants to confront personal biases and make an action plan to change their thoughts and behaviors.

The course included learning objectives such as:

- Enhance your understanding of equity and bias
- Create an action plan to continue your personal development
- Gain awareness of the structural/systemic barriers that hinder equality
- Develop a deeper understanding of how advancing equity can increase the effectiveness of your organization

APO members could take this course free of charge for a month during the summer. Currently, this course has helped over 2,500 people take an important step in personal growth and action. Whether through this course or otherwise, everyone should take steps to understand how to be an advocate both for themselves and for others who experience inequity.

NATIONAL CONVENTION

The Board of Directors made the difficult, yet necessary decision to postpone the in-person National Convention scheduled to be held in December 2020 until December 2021. The health and safety of APO members is the most important priority for the Fraternity and it would be difficult for members to gather in Phoenix in a way that is safe, given the resort's facilities and APO's participant numbers.

A brief legislative session is scheduled to be held virtually in December 2020 to discuss priority legislative items. Chapters are expected to designate voting delegates to attend this virtual meeting. More information about the virtual legislative session and the rescheduling of the in-person event in Phoenix can be found on the website at www.apo.org/national-convention/.

100 ASSOCIATIONS TO SAVE THE WORLD

The American Society of Association Executives (ASAE) is celebrating their 100th year since their founding in a big way: by naming 100 associations that will save the world. APO is honored to have been featured on this list as one of two associations in the Leadership Development category.

Leadership development can be difficult, especially with the trends seen in the past few years. "The challenge we face today is the over-programming of kids, so they are being raised in ways that do not allow them to develop natural leadership skills," says Executive Director Bob London, CAE. "There are a lot of organizational and project management skills that they do not have when they come to college. We developed programs to help them do that, to give them the education, as well as practical experience."

We are honored to be recognized for the strong leaders that make up our organization. We thank our members for being good examples of leadership, wherever they go.

To view the full list of ASAE's 100 Associations that Will Save the World, visit <https://bit.ly/3i02IS5>. To read the Associations Now article about APO, visit <https://bit.ly/3i2gPq9>.



John Mack Scholarship

The John Mack Scholarship is a yearly award given to Alpha Phi Omega members who show leadership in extracurricular activities that benefit charitable organizations and those in need. The award is accompanied by funds to be dedicated to educational expenses at the recipient's college or university to help them move forward in their educational and service journeys. Alpha Phi Omega is proud to announce this year's John Mack Scholarship recipients. Congratulations!

Megan Miranda	Alpha Beta Omega	Old Dominion University
Jose Romero	Alpha Beta Xi	SUNY Geneseo
Brandon Valerio	Alpha Delta Tau	Nova Southeastern University
Oyshi Hossain	Alpha Epsilon Epsilon	Henderson State University
Cass D. Marlow	Alpha Eta Chi	Bellarmine University
Carolyn R. Downing	Alpha Gamma Phi	Northern Kentucky University
Natalie E. Thomsen	Alpha Gamma Pi	University of Maine at Farmington
Sydney R. Warman	Alpha Gamma Pi	University of Maine at Farmington
Madilyn F. Majors	Alpha Iota	The Ohio State University
Tiffany Fernandez	Alpha Theta Iota	Bon Secours Memorial College of Nursing
Adara A. Dawson	Alpha Zeta Iota	Grand Valley State University
Peyton B. Baker	Beta Lambda	Indiana State University
Madison B. Igleheart	Beta Lambda	Indiana State University
Alicia Klohn	Delta Gamma	Ohio University
Victoria Carr	Delta Pi	Trinity University
Haniya Abbasi	Gamma	Cornell University
Drew Johnson	Gamma Lambda	Clemson University
Brandon Bond	Gamma Pi	University of Michigan Ann Arbor
Sananda Pai	Kappa Mu	Johns Hopkins University
Elly Ren	Kappa Mu	Johns Hopkins University
Katherine Randolph	Mu Alpha	Georgetown University
Marisa A. Macias	Mu Pi	Colorado School of Mines
Aspen D. Richards	Mu Pi	Colorado School of Mines
Gabrielle M. Schmale	Mu Xi	High Point University
Taylor B. Hurtado	Omicron Phi	University of Richmond
Milca Chavez	Phi Xi	Austin College
Saif Haque	Phi Xi	Austin College
Taylor-Jade Higgins	Phi Xi	Austin College
Bryant L. Pahl	Psi	University of California at Santa Barbara
Norma J. Davis	Psi Sigma	Albany State University
Tyler Kloss	Tau	University of Florida
Renee J. Runge	Tau	University of Florida
Benjamin Coccia Schablin	Theta Alpha	Stevens Institute of Technology
Aidan Thayer	Theta Upsilon	Case Western Reserve University
Brianna Trejo	Upsilon Eta	University of Texas at El Paso
Yzach A. Dominguez	Xi Delta	Texas A&M University
Nathan Edling	Xi Delta	Texas A&M University
Kathleen E. Lloyd	Xi Delta	Texas A&M University
Katelyn M. Doemel	Xi Upsilon	University of Mount Union
Conner L. Bradford	Zeta Lambda	University of Toledo

alumni service

Alpha Phi Omega is an organization that, above all else, builds community. New members quickly create bonds with their brothers who share the similar values of Leadership, Friendship and Service. Throughout the collegiate years, these bonds solidify through service projects and fellowship programs. The friendships made in college serve as a solid foundation for a lifelong involvement in APO. You can keep in touch with brothers from your collegiate chapter, as well as form lasting relationships with APO brothers from other chapters that you meet after your years as an active. Building your APO community through service is one of the easiest ways to feel connected, especially in a time when feelings of belonging and support are more important than ever.

Alumni associations are a great way for alumni to find service opportunities and participate in those opportunities with others. An alumni association is a group of APO alumni who complete service projects, participate in fellowship events and partner with local collegiate chapters for programming. Some associations include graduates from the same college or university, while others are created to include all APO brothers living in a certain geographic area. Alumni associations are finding ways to keep members engaged with each other, as well as with the community, during the pandemic. Some have even found ways to do socially distanced service together. To find an alumni association near you, please visit <https://apo.org/start-a-chapter/chapter-map/chapter-list/>.

All APO brothers, both active and alumni, are encouraged to participate in National Service Week. This year, National Service Week will be held November 1-7 and will focus on the theme “Diabetes Awareness in Your Community.” Check out the Juvenile Diabetes Research Fund (JDRF) website and the American Diabetes Association website for more information about diabetes and ways to volunteer.



Region H Alumni



Epsilon Mu Actives and Alumni



Gamma Iota Brothers



Washington DC Alumni

Some additional project ideas include:

- Hosting a Zoom call or virtual presentation, educating participants on diabetes
- Hosting a fundraiser on Facebook or selling something to raise money to donate to a diabetes awareness organization
- Downloading the Charity Miles app and walking, biking or running for a diabetes-related organization

Finally, with dramatic changes in collegiate chapter operations, chapter officers and members are looking to alumni volunteers for support and advice. Active chapters need consistent advisors to guide them through updates to chapter operations and to help ensure the health of the chapter. If you're interested in becoming a chapter advisor, please fill out the Volunteer Interest Form at www.apo.org/alumni-resources/. The need for alumni support doesn't stop there! The Fraternity continues to work to bring chapters to campuses without APO and the role of the extension coach is very important to the success of these new groups. If you are interested in becoming an extension coach and guiding students through the process of becoming a fully active chapter, please email extension.chair@apo.org.

No matter how you choose to get involved, APO needs you! In a time when community is especially important, connect with the APO community you have built for years through your leadership, friendship and service. ■

Congratulations to the 2019-20 Chapter of Excellence/Pledge Program of Excellence Award Recipients

To receive a Chapter of Excellence (COE) or Pledge Program of Excellence (PPOE) award, chapters must report chapter activities in a timely fashion and regularly communicate with sectional, regional and national leadership. The following chapters have prioritized the personal growth of members through strong programming, as well as growth of the chapter through positive and inviting interactions with potential members and new members. Congratulations on your hard work, chapters!

Chapter of Excellence Award Recipients

Chi Sigma	Allegheny College	Alpha Beta Omega	Old Dominion University	Tau	University of Florida
Lambda Rho	Augustana College	Alpha Beta	Pennsylvania State University	Sigma Sigma	University of Illinois at Chicago
Zeta Kappa	Bowling Green State University	Epsilon Zeta	Rensselaer Polytechnic Institute	Alpha Alpha	University of Illinois at Urbana-Champaign
Omega Sigma	California State University, Fullerton	Alpha Beta Psi	Roanoke College	Omicron	University of Iowa
Mu Pi	Colorado School of Mines	Gamma Beta	San Jose State University	Alpha Zeta	University of Kentucky
Alpha Zeta Kappa	Eastern Kentucky University	Eta Alpha	Santa Clara University	Gamma Pi	University of Michigan Ann Arbor
Sigma Rho	Elon University	Alpha Delta Phi	Seton Hall University	Beta	University of Pittsburgh at Pittsburgh
Iota Omicron	Gettysburg College	Theta Alpha	Stevens Institute of Technology	Iota Alpha	University of Tennessee at Knoxville
Eta Sigma	Illinois College	Alpha Eta Omicron	Stockton University	Alpha Alpha Xi	University of the Pacific
Theta Epsilon	Illinois State University	Theta Kappa	SUNY Binghamton University	Alpha Gamma Iota	University of the Sciences in Philadelphia
Kappa Mu	Johns Hopkins University	Phi	Syracuse University	Beta Pi	University of Tulsa
Epsilon Psi	Kent State University	Alpha Iota	The Ohio State University	Epsilon Eta	University of West Georgia
Alpha Beta Gamma	Knox College	Rho Pi	University of California at San Diego	Theta Mu	Vanderbilt University
Alpha Zeta Delta	Lake Forest College	Psi	University of California at Santa Barbara	Zeta Beta	Virginia Polytechnic Institute & State University
Pi Eta	Loyola University of Chicago	Alpha Gamma Nu	University of California at Santa Cruz	Alpha Phi	Washington University
Alpha Epsilon Lambda	McDaniel College	Gamma Sigma	University of Chicago	Omicron Iota	Worcester Polytechnic Institute
Beta Beta	Michigan State University	Zeta Sigma	University of Delaware		
Sigma	Northwestern University				

Pledge Program of Excellence Award Recipients

Mu Eta Albright College
 Lambda Rho Augustana College
 Xi Lambda Bloomsburg University of Pennsylvania
 Zeta Kappa Bowling Green State University
 Omega Sigma California State University, Fullerton
 Rho Theta Capital University
 Kappa Carnegie Mellon University
 Zeta Mu Catholic University of America
 Alpha Epsilon Kappa Cedar Crest College
 Epsilon Beta Central Michigan University
 Alpha Eta Zeta Clayton State University
 Gamma Lambda Clemson University
 Delta Lambda Coe College
 Mu Pi Colorado School of Mines
 Gamma Cornell University
 Kappa Upsilon East Carolina University
 Alpha Zeta Kappa Eastern Kentucky University
 Lambda Phi Eastern Michigan University
 Iota Xi Edinboro University of Pennsylvania
 Sigma Rho Elon University
 Alpha Delta Nu Embry-Riddle Aeronautical University
 Alpha Eta Omega Emerson College
 Kappa Delta Florida A&M University
 Alpha Delta Lambda Florida Atlantic University
 Alpha Delta Delta George Mason University
 Mu Alpha Georgetown University
 Iota Omicron Gettysburg College
 Mu Xi High Point University
 Alpha Eta Tau Hofstra University
 Eta Sigma Illinois College
 Theta Epsilon Illinois State University
 Beta Lambda Indiana State University
 Omega Rho Interamerican University Puerto Rico
 Metropolitan
 Chi Gamma James Madison University
 Kappa Mu Johns Hopkins University
 Epsilon Psi Kent State University
 Alpha Beta Gamma Knox College
 Omicron Alpha Kutztown University

Alpha Zeta Delta Lake Forest College
 Alpha Delta Sigma Lindenwood University
 Pi Eta Loyola University of Chicago
 Alpha Epsilon Lambda McDaniel College
 Zeta Delta Miami University
 Beta Beta Michigan State University
 Epsilon Lambda Michigan Technological University
 Alpha Theta Eta Northeastern University
 Sigma Northwestern University
 Alpha Delta Tau Nova Southeastern University
 Delta Gamma Ohio University
 Alpha Eta Rho Ohio University-Lancaster
 Alpha Beta Omega Old Dominion University
 Alpha Beta Pennsylvania State University
 Alpha Delta Mu Ramapo College of New Jersey
 Epsilon Zeta Rensselaer Polytechnic Institute
 Pi Rho Rider University
 Alpha Beta Psi Roanoke College
 Beta Gamma Roosevelt University
 Alpha Theta Theta Sacred Heart University
 Iota Tau Saint Olaf College
 Alpha Delta San Diego State University
 Gamma Beta San Jose State University
 Alpha Delta Phi Seton Hall University
 Alpha Epsilon Omega Southern Arkansas University
 Alpha Eta Pi St. John's University
 Theta Alpha Stevens Institute of Technology
 Alpha Eta Omicron Stockton University
 Theta Kappa SUNY Binghamton University
 Chi Pi SUNY Fredonia
 Phi Syracuse University
 Xi Delta Texas A&M University
 Gamma Kappa Texas Christian University
 Alpha Iota The Ohio State University
 Delta Pi Trinity University
 Epsilon Truman State University
 Eta Gamma Union College in New York
 Theta Iota University of Arizona

Alpha Delta Theta University of California at Riverside
 Rho Pi University of California at San Diego
 Psi University of California at Santa Barbara
 Alpha Gamma Nu University of California at Santa Cruz
 Alpha Eta Gamma University of California, Merced
 Gamma Sigma University of Chicago
 Delta Alpha University of Cincinnati
 Gamma Theta University of Colorado at Boulder
 Zeta Sigma University of Delaware
 Tau University of Florida
 Sigma Sigma University of Illinois at Chicago
 Alpha Alpha University of Illinois at Urbana-Champaign
 Omicron University of Iowa
 Alpha Zeta University of Kentucky
 Delta Theta University of Louisville
 Kappa Omicron University of Massachusetts
 Gamma Pi University of Michigan Ann Arbor
 Epsilon Omega University of Mississippi
 Alpha Zeta Upsilon University of Nevada, Las Vegas
 Xi Phi University of New Haven
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 Alpha Epsilon Nu University of San Francisco
 Alpha Rho University of Texas at Austin
 Alpha Epsilon Zeta University of Texas at Dallas
 Alpha Alpha Xi University of the Pacific
 Alpha Gamma Iota University of the Sciences in Philadelphia
 Beta Pi University of Tulsa
 Epsilon Eta University of West Georgia
 Eta Mu Utica College
 Zeta Gamma Valparaiso University
 Theta Mu Vanderbilt University
 Zeta Beta Virginia Polytechnic Institute & State University
 Alpha Phi Washington University
 Omicron Iota Worcester Polytechnic Institute

FALL PLEDGE CLASS NAMESAKE HONOREE:



DR. JAMIE CONOVER STEWART

Brother Jamie Conover Stewart (Zeta Beta '87) takes Alpha Phi Omega's Cardinal Principles with her wherever she goes. "They pretty much inform everything that I do: from what I chose to pursue for graduate education, to the people I interact with on social media, to what I choose to do with my time outside of work," Brother Stewart said. She feels that no matter where she is, she, and other members of the Fraternity, can always be a leader, be a friend and be of service.

This steadfast commitment to APO started with an old friend and a prior involvement in Scouting. While visiting home over Thanksgiving break during her freshman year of college, Brother Stewart was catching up with a high school friend when he mentioned Alpha Phi Omega. Given her past involvement with the Girl Scouts, he

figured APO would be a natural fit. Taking his advice, she attended a rush event as soon as she was back on campus. It was not until a few years later, between her sophomore and junior years, that she was looking for a way to expand her horizons and approached APO again – this time, becoming an active.

Looking back on her time as an active, Brother Stewart considered herself to be "not a model pledge, and a barely average brother." She did not hold offices on her chapter's executive board – her highest level of leadership was as a co-chair of the Girl Scouting subcommittee – and she did the minimum number of required service hours. Though she describes her time as an active as nothing outstanding, she had a passion for being a friend that paved the way to impactful service that makes her anything but ordinary.



Being a friend to an athlete at the Special Olympics Winter Games while volunteering with her undergraduate chapter was integral to this service opportunity, a personal favorite for Brother Stewart. At this event, she was paired with a skiing athlete to help him learn to stay on his skis on a simple route, even though she herself had only been skiing once before. They worked together and he made it down the bunny hill without falling. After the event, he ran over, hugged her and told her he never would have been able to do it without her. "It taught me that sometimes you just have to go forward," Brother Stewart said, "even if you don't have all the answers. Someone may be depending on you."



Additionally, Brother Stewart displayed leadership and friendship through her recruitment efforts. Throughout her active years, she recruited several of her friends to join APO. As she was originally recruited by a friend and as she recruited her own friends, Brother Stewart saw the importance of friendship in the growth of the Fraternity; however, it is also friendship that keeps brothers tied to APO for life. Brother Stewart did not expect to stay involved with the Fraternity as she has, but after graduation, she found herself missing the fellowship and looking for ways to reconnect.

In an effort to restore her APO connection, she started attending the spring formal banquets of her collegiate chapter, an act which would prove influential in her future with APO. One year, Brother Stewart was attending a spring formal banquet when she and another Zeta Beta alumnus started talking to a regional director and sectional chair about starting a chapter at Virginia Commonwealth University. Along with four other transfer brothers, she worked hard to get this chapter up and running and their hard work paid off. In November 2019, Alpha Delta Iota Chapter at Virginia Commonwealth University celebrated 25 years since chartering. Brother Stewart was heavily involved in this new chapter as a transfer student, even going on to hold an office.

"I re-pledged to show unity with the petitioners, but it ultimately made me appreciate the process even more," she said. "I had no intention of even holding an office but when we found out that we needed to run an education program, I became the pledge and new member educator."

Since then, Brother Stewart has continued to help with chartering and re-chartering efforts with more than 40 chapters. "Starting a chapter was the hardest, yet most rewarding, thing I think I have ever done – and it still gives me great joy to help a chapter charter or re-charter," Brother Stewart says. "I work hard for extension because I want students to have that life-changing experience I had."

The recruiting skills Brother Stewart used in bringing new members to her collegiate chapters, as well as in helping with extension efforts, have been useful in her career as well. She has worked in higher education admissions for almost 20 years, giving her an opportunity to put those recruitment skills to work. In fact, her development is near constant as she continues to learn from both her career and APO at the same time.

► Continued on page 11.

"I learned to be an admissions recruiter because of my experience recruiting for APO," she says. "I was able to improve my recruiting for APO and help grow the Fraternity through extension efforts because of my training in higher education admissions."

Her volunteer experience within APO is comprehensive as she has stepped into several roles as an alum, including her extension-based ones. She served as Section 81 Chair (1996-2000), Region III Director (2000-2004), and Regional Extension Coordinator for Regions III (2004-2018), L (2018-present) and M (2018-present), as well as National Extension Chair (2008-2010). To date, she has been an extension sponsor for six chapters: Alpha Alpha Delta Chapter at Salisbury University, Pi Delta Chapter at Western Carolina University, Alpha Theta Iota Chapter at Bon Secours Memorial College of Nursing, Alpha Zeta Phi at Regent University, Phi Mu



Fun Fact: After hearing that there was going to be a fake wedding as an event at the 2006 National Convention in Pittsburgh, PA, Brother Stewart and her fiancé decided to get married for real. Brother Stewart and her husband are pictured here, after their wedding, with the fake bride and groom from the fake wedding event.

What you are willing
and able to give, as long
as you give from the heart,
will always be enough.

at Norfolk State University and Alpha Theta Lambda at Livingstone College. Furthermore, she has served as a chapter advisor for four chapters: Theta Omega Chapter at Randolph-Macon College, Alpha Beta Omega Chapter at Old Dominion University, Phi Mu Chapter at Norfolk State University and Alpha Zeta Phi Chapter at Regent University.

Her involvement has been recognized through many accolades from the Fraternity. Brother Stewart has been awarded a Distinguished Service Key from five chapters, three sections and one region. At the 2018 National Convention, she was awarded the National Alumni Distinguished Service Key. She has been bestowed honorary memberships in Phi Omicron Chapter at Ferrum College and Zeta Phi Chapter at Howard University. She has also been presented with the Ellsworth S. Dobson Certificate of Merit and the David B. Corning Chapter Program Reviver Award.

When she first pledged, Brother Stewart did not know the impact APO would have on her life, nor how important her connections with APO would be regarding her health after she was diagnosed with rectal cancer in 2012.

Through her social media connections, she was able to transfer to an oncology doctor whose physician's assistant is an alum from the Alpha Delta Iota Chapter at Virginia Commonwealth University. Brother Stewart credits APO with essentially saving her life, something she never could have anticipated in her early pledging days.

Building a strong network of friends, like Brother Stewart has, is a central aspect of the APO experience. These friendships can provide support in difficult times and celebration in good times. Although all members form their own unique relationships within APO, the starting point is the same: the pledging experience. Brother Stewart fully understands the importance of this time. She wants APO's newest members to truly enjoy their experience, no matter what that looks like for each individual. "You don't have to be a perfect pledge or new member. You don't have to be a perfect active brother. What you are willing and able to give, as long as you give from the heart, will always be enough." ■



APO EXTENSION EFFORTS WITH

BROTHER STEWART'S INFLUENCE

DNC = Obtained Petitioning Group status, but did not charter

PG = Petitioning Group

1. American University / Eta Phi Chapter
2. Appalachian State University / PG
3. Art Institute of Washington / Alpha Eta Epsilon Chapter (school now closed)
4. Barton College / Alpha Epsilon Upsilon (chapter currently inactive)
5. Bon Secours Memorial College of Nursing / Alpha Theta Iota
6. Bridgewater College / Alpha Epsilon Psi Chapter
7. Christopher Newport University / Alpha Delta Xi Chapter
8. Coastal Carolina University (DNC)
9. Elizabeth City State University / Chi Lambda Chapter
10. Elon University / Sigma Rho
11. Fairmont State University / Alpha Alpha Chi Chapter
12. Ferrum College / Phi Omicron Chapter (chapter currently inactive)
13. Howard University / Zeta Phi Chapter
14. Johns Hopkins University / Kappa Mu Chapter
15. Johnson C. Smith University / Delta Phi Chapter (chapter currently inactive)
16. Livingstone College / Alpha Theta Lambda Chapter
17. Mars Hill University (DNC)
18. McDaniel College / Alpha Epsilon Lambda Chapter
19. Norfolk State University / Phi Mu Chapter
20. North Carolina A&T State University / Kappa Psi Chapter (chapter currently inactive)
21. Randolph-Macon College / Theta Omega Chapter
22. Regent University / Alpha Zeta Phi Chapter
23. Richard Bland College (DNC)
24. Roanoke College / Alpha Beta Psi Chapter
25. Salisbury University / Alpha Alpha Delta Chapter
26. Shenandoah University (DNC)
27. St. Augustine's University / Upsilon Kappa Chapter (chapter currently inactive)
28. Towson University / Iota Gamma Chapter
29. University of DC (DNC)
30. University of Maryland, Baltimore County / Alpha Zeta Pi Chapter
31. University of Maryland, Eastern Shore (DNC)
32. University of Mary Washington (DNC)
33. University of North Carolina – Asheville / Chi Kappa Chapter (chapter currently inactive)
34. University of North Carolina – Pembroke (DNC)
35. University of Virginia – Wise (DNC)
36. Virginia Intermont College / Alpha Zeta Alpha (school now closed)
37. Virginia Military Institute (DNC)
38. Virginia State University (DNC)
39. Virginia Union University / Sigma Mu Chapter
40. Virginia Wesleyan University / Alpha Theta Kappa Chapter
41. Washington & Lee University / Alpha Beta Tau Chapter
42. Western Carolina University / Pi Delta Chapter
43. Winston-Salem State University / Tau Chi Chapter



A CHALLENGE TO THE FALL

Written by Brother Jamie Conover Stewart

I have often said that pledges/new members are the most important people in a chapter. Without new students taking their first steps in Alpha Phi Omega and then becoming brothers, a chapter will die. A chapter can do all the marketing it wants to do, however the fact remains that the best way to get new members is by word-of-mouth.. That means it will be up to YOU to continue the cycle of growing your chapter – or perhaps even helping to ignite that spark that will start a chapter where there isn't currently one. My challenge is one you can do while a pledge or new member and can continue to do as an active brother and beyond: R.E.C.R.U.I.T.! We as a fraternity love acronyms, so my challenge is in that form so it is easy to remember!

R - Relish your time as pledge/new member

E – Enjoy yourself

C – Commit to the principles of Leadership, Friendship and Service

R – Reach out to others

U – Understand that YOU can make a difference in the Fraternity

I – Involve yourself

T – Tell a friend to join you

Let me go into a little more detail for each.

R

Relish your time as pledge/new member

Your time as a pledge/new member should be something that is a good experience and something you will want to remember. I encourage you to get to know your fellow pledges/new members; some of them may be your friends for many years afterwards. Bond with your big(s).

I had two big brothers, but not every chapter does it that way. You'll have special gifts and events just for you – soak all of this up. I may not have been a model pledge, and there was a time I nearly quit, but overall I recall my time as a pledge with fond memories.

E

Enjoy yourself

Keep a scrapbook or some other way to remember this time. You may be surprised just how much it will mean to you in the future and how it will help you talk about APO to potential new members. Have fun while you are honing your leadership skills, making new friends that you didn't know you needed in your life and helping others through service. My pledge book is still a prized possession of mine.

C

Commit to the principles of Leadership, Friendship and Service

There was something about at least one of our Cardinal Principles that intrigued you enough to start the pledge/new member process. You may find that principle that initially attracted you to Alpha Phi Omega isn't the one that keeps you involved. For instance, I initially was interested in just the service aspect and found that friendships and leadership development are what really kept me involved, especially after graduation.

R

Reach out to others

I wouldn't be a brother today if I hadn't heard about APO from a high school friend, and my life would have turned out very differently! People don't join organizations; they join other people. It is up to you to continually reach out to your friends and classmates to

PLEDGES / NEW MEMBERS



A chapter can do all the marketing it wants to do, however the fact remains that the best way to get new members *is by word-of-mouth.*



get them to become members. Don't limit this tactic to a mirror image of yourself – I ask that you look at yourself and find your “opposite” to reach out to. For instance, reach out to someone of a different gender, major, skin color, religion...however you want to interpret “opposite.”

U

Understand that YOU can make a difference in the Fraternity

That friend you encouraged to join? They may have friends at other schools that don't have chapters, and you could help grow the Fraternity. They may go on to a professional career that could save someone's life who is a brother. They may go on to have children who become brothers. You don't know what kind of difference your involvement, your service and your leadership can make.

I

Involve yourself

Take a leadership role. Even as a pledge/new member, you have the opportunity to be a leader. Help coordinate a pledge or new member class service project or a fellowship project. Be an officer in your pledge class. You could also lead by example – providing leadership

without a formal role. You will get as much out of APO as you put into it...perhaps even more!

T

Tell a friend to join you

When I was working blood drive tables, I was taught that the reason many people don't give blood is because they aren't asked. That can also be applied to recruitment – if you want to grow your chapter (and the Fraternity), don't wait for someone to hunt down APO. Tell them about it, and encourage them to join. Word of mouth has been, and still is, the most effective recruitment technique.

Things are definitely challenging in these times. This means that the future of the Fraternity is even more dependent upon each one of us, especially our newest members, to ensure we continue to grow and thrive. In order to do so, I challenge each of you to R.E.C.R.U.I.T at least three new members to the next pledge/new member class *or* encourage at least three people at a school without a chapter to start the extension process. Replace yourself, grow your chapter and grow the Fraternity. That is what I challenge you to do as a pledge/new member and as you continue to be active as a brother of Alpha Phi Omega. ■



CHAPTER NOTES

See what great Leadership, Friendship and Service projects chapters have showcased to inspire others through Instagram.

REGION A



University of San Francisco — Alpha Epsilon Nu

apo_aen Welcome back Brothers! Welcome aboard our new E-board!

REGION B



University of Nevada, Las Vegas — Alpha Zeta Upsilon

unlvapo Some photos from our recent fellowship at Sunset Park!

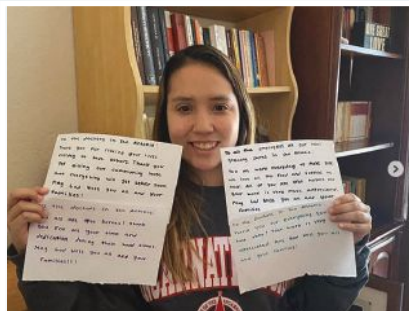
REGION C



University of Colorado Boulder — Gamma Theta

apo_gammatheta Had a lot of fun prepping for Fall Rush (while social distancing of course)!

REGION D



University of the Incarnate Word — Alpha Alpha Rho

apo_uwv The pledge class of spring 2020 dedicated their service project to all the health care workers and grocers by giving thanks for their hard work!

REGION E



Carthage College — Omicron Mu

alphaphiomega_carthage After an extra long summer vacation, our brothers are more than excited to return to campus for leadership, fellowship, and service.

REGION F



Augustana College - Lambda Rho

augieapo Happy first day of classes, everyone! The Siblings of the Lambda Rho Chapter wish you all the very best on the new academic year!

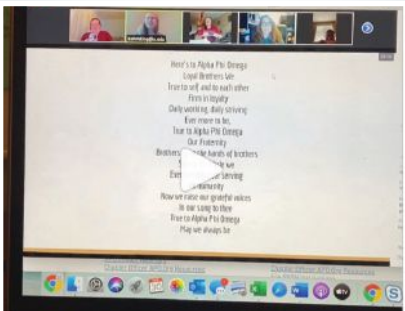
REGION G



Eastern Michigan University — Lambda Phi

apo.emu This weekend our brothers raised funds for March of Dimes! By using the Charity Miles app, they were able to help out by simply walking around campus!

REGION H



Indiana University—Purdue University Indianapolis — Tau Omicron

apo_tauomicron Virtual meeting = virtual toast song.

REGION I



Eastern Kentucky University — Alpha Zeta Kappa

alphaphiomega_eku AZK has a few brothers on the front lines. Here is one reminding us all to be of service and to appreciate those who are taking care of us.



REGION J



University of West Georgia – Epsilon Eta

aphioeh Brother King did some summer service by donating canned goods to the Carroll County pantries scattered around the Carrollton community.

REGION K



Nova Southeastern University – Alpha Delta Tau

nsu_alphaphiomega Looking for ways to do service while quarantined? Write letters to your local nursing and/or retirement homes! Here are a few examples!

REGION L



Western Carolina University – Pi Delta

apo_wcu In honor of Earth Day, our members made bird feeders to set up outside their homes! Look at their beautiful creations!

REGION M



Virginia Polytechnic and State University – Zeta Beta

vt_apo Shoutout to brothers who are turning these unfortunate circumstances into an opportunity to help those less fortunate!

REGION N



Howard University – Zeta Phi

apozetaphi For Howard University Day of Service, Zeta Phi Chapter, through VoteRiders, wrote letters to recently released individuals in Florida on how to register to vote.

REGION O



Pennsylvania State University – Alpha Beta

apoalphabeta Some Alpha Beta fellowship from over the beautiful and sunny weekend!

REGION P



Rider University – Pi Rho

apopirho Our bros were all masked up and ready to take on the new semester this week.

REGION Q



SUNY Albany – Alpha Delta Eta

apo_ualbany Some of our Eboard participating in the #maskchallenge. We challenge you to participate in wearing a mask!

REGION R



Emerson College – Alpha Eta Omega

emerson_apo Rainbow scavenger hunt was a success!

Kindness & Empathy

In today's world, it is easy to miss all of the world's kindness and empathy with all of the negative news stories that fill the airwaves. Imagine if APO members were able to change their communities in a way that shows kindness to others the way Leon Logothetis did through his journey across the world in the Netflix series, "The Kindness Diaries."

Students and alumni of Alpha Phi Omega work to improve lives in their communities every day. Much of their work is done with kindness towards others. Thank you to everyone who regularly shares kindness and leads by example. By growing the Fraternity together, there is hope that we can change, or at least minimize, the negativity.

Your generous support, combined with the support from other brothers, helps the Fraternity reinforce and expand our Cardinal Principles of Leadership, Friendship and Service. Collectively we are making a difference, but we need to do more. We need to give today's students the tools to continue to grow and expand our Cardinal Principles.

To share the gift of kindness as a Torchbearer, you can make a monthly gift of \$6.25 at the Torchbearer level. Please visit www.apo.org/give to share your gift today.

Alpha Phi Omega would not be the Fraternity it is today without you! With your help, we will continue to build upon our strong foundation for our next 100 years.

Special Note to Donors: With the pandemic affecting the Fraternity's budget and many related areas, we are doing everything we can to be good stewards of the Fraternity's assets. To save on printing and shipping costs, the Tribute to Alpha Phi Omega Donors will be available on www.apo.org in October.

WHAT CAN YOU DO TODAY?

- Share your story of kindness
- Become a Torchbearer or renew your support
- Vote and help others vote, regardless of political persuasion
- Become a volunteer leader in your community (if you are not already)
- Mentor a student or recent graduate
- Set a goal to perform one act of kindness every week for the rest of the year



Yes! I will support APO's Torchbearer Fund!

- ☐ I have enclosed my check for \$ _____
- ☐ Please charge my credit card in the amount of \$ _____

CREDIT CARD INFORMATION:

☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Card # _____ CVV _____ Exp. Date _____

Print Name _____

Signature _____ Date _____

PREAUTHORIZED SUSTAINED GIVING:

Summer 2020

(Please select one):

- ☐ Monthly on the 1st ☐ Monthly on the 15th
- ☐ Quarterly on the 1st ☐ Semi-Monthly on the 1st & 15th

(Please select one):

- ☐ Electronic Funds Transfer (EFT) I have enclosed a voided check and authorize my gift to be transferred from this bank account.
- ☐ Credit Card I authorize my gift to be charged to my credit card account.

(Please fill out the credit card box at the left.)

I authorize a gift amount of \$ _____ per pay period specified above to begin on _____ (date). I understand that I can SUSPEND my preauthorized giving at any time simply by notifying APO's National Office.

Signature _____ Date _____

Save the stamp! You can also donate online by visiting www.apo.org/give

Torchbearer status is recognized for total gifts between August 1st and July 31st at the following levels:

\$5,000+ Diamond Founder's Circle • \$2,500+ Gold Founder's Circle • \$1,000+ Silver Founder's Circle • \$500+ Diamond Torchbearer
\$250+ Gold Torchbearer • \$150+ Silver Torchbearer • \$75+ Torchbearer

Name: _____ National #: _____

E-Mail: _____ Home Phone: _____



ONLINE

Visit us at www.apo.org/give



MAIL

Send the above form to:
1441 E. 104th St., Ste. 105
Kansas City, MO 64131



PHONE

Call the Development Dept. at:
816-373-8667 x24

LEADERSHIP • FRIENDSHIP • SERVICE

"I give to APO as a sustaining donor because it helps to bring about the programs that I rely on as a sectional chair. It helps enrich the world with an organization that has taught me how to be comfortable speaking in front of people and helped to show me how to be comfortable giving directions and delegating. I give to APO as a recent graduate because with moving states three times in less than a year from my graduation, it was APO that helped me feel like there was some semblance of home, no matter where I was."

- Brother Grace Bartley
Zeta Rho Chapter '16



Brother Grace Bartley (left) at the National Convention in Austin, TX in 2018.

MOVING? New Address

Name _____

Address _____

City _____ State _____ ZIP _____

(Area Code) Phone Number _____

Email Address _____

☐ Yes, I am interested in receiving email updates from the Fraternity

Winter 2019

MAIL TO:

Alpha Phi Omega • 1441 E. 104th Street • Kansas City, MO 64131



1441 E. 104th St., Ste. 105
Kansas City, MO 64131

To update your contact information online,
log in to the Members' Page at www.apo.org and click "edit profile."

Follow APO online for the latest news!



Kindness is
the golden chain by which
society is bound together.

– Johann Wolfgang von Goethe
German literary figure